Welcome back to the new school year. I trust all families had a relaxing and enjoyable summer holiday and all ‘batteries’ are recharged and ready to ‘fire’ in 2015.

As indicated in my communication this Tuesday, our school community was deeply saddened with the news of the passing of Jessica Lindstedt (Year 10). Jessica’s mother, Ms Vanessa Brown is a valued member of our support staff. One of Jessica’s endearing qualities was her willingness to share her rich musical and artistic talents with the broader school community. Please pray for Jessica, and take strength in our Christian belief in God’s love. We wish that Jessica’s family may find comfort and strength in God’s love, our faith and the support of the San Clemente School Community.

Eternal rest grant to Jessica O Lord
And let perpetual light shine upon her.
May she rest in peace.
Amen.

Our school will be concentrating on supporting our students and staff over the next months. A range of valuable resources to support parents in talking with their sons and daughters can be found on our website. The link to these resources on the website is: http://mayfieldsanc.catholic.edu.au/student-wellbeing/resources

The beginning of a new school year gives all of us a chance to begin anew in a spirit of hope and renewed commitment. The new school year gives us the chance to revisit and rekindle our visions, our dreams and our hopes as well as the opportunity for New Year resolutions—sometimes we keep them, sometimes.....

Beginning again can also provide us with the opportunity to take stock, to look at how we are doing as Christians, at how we are following Jesus. Jesus outlined his vision for those who wished to follow him in what is sometimes called the Sermon on the Mount. It is not an easy text to understand, even though we can perhaps recite parts of it from memory—Blessed are the poor etc. etc.

The Beatitudes speak of the joy of being a follower of Christ—as Pope Benedict says:

“We have come to believe in God’s love: in these words the Christian can express the fundamental decision of his or her life. Being Christian is not the result of an ethical choice or a lofty ideal, but the encounter with an event, a person, which gives life a new horizon and a new direction: Deus Caritas Est, Pope Benedict XVI.

Isn’t that a marvellous definition of a Christian—a person who believes in God’s love! Why? Because we have encountered an event, a person—in other words, we have come to see what love looks like in the flesh—Jesus himself. We have seen what he has done for us, we have come to know him and how he lived. We have encountered the resurrection. So beginning a new school year is a good time to take stock—is my life characterised by this new horizon, this new direction?

The start of the new school year allows us the opportunity to welcome new members to our school community. Welcome and congratulations to our new Year 7 cohort. With the support of Mr Beckett and the Year 7 Mentor Team, they have made a smooth and impressive transition to life in high school. A warm welcome is also extended to our new students and families in Years 8, 9 and 10.

It is my great pleasure to welcome a number of new staff members to San Clemente. I am certain that their time with us will be a rich and rewarding experience: Mr Marc Romano (Assistant Principal - Teaching & Learning), Mrs Jane Ayerst (Mathematics), Mrs Alana Daley (Learning Support P1), Ms Jo Godden (HSIE), Miss Meagan O’Brien (Music), Mr Luke Kelleher (Science), Mrs Gay McDonell (HSIE & Religious Studies), Mrs Michelle Perry (Admin Support).

Peace and Best Wishes
Tony Kelly, Principal
Welcome back! I would like to extend a very warm welcome to all parents and families, particularly those who are new to our community. On that note, I would like to personally congratulate our 182 new Year 7 students on their magnificent start to high school life. My hope is that their time at San Clemente will be enjoyable, rewarding and a period of great personal growth.

Towards the end of last year, I informed all parents of the school’s plans to introduce a new wellbeing framework which is based on the principles of Positive Psychology. Our Positive Education program, titled PosED@SCM, will be launched next week in Stage 4. Similarly, a sequential, developmentally appropriate Stage 5 program has been developed for our Years 9 & 10 students.

Underpinned by the theories and applications of Positive Psychology, our Stage 4 wellbeing program encourages exploration of the self in relationship with others, as well as self-mastery through the lens of academic success and personal meaning. Students will gather resources and interventions for their personal tool-kit which can be re-visited throughout their high school experience and beyond. Our 5 Step Wellbeing program is based on the NEF (New Economics Foundation) Model and we have adopted our own mission statement of ‘Building Wholeness, Wellness and a Winning attitude in our students’. The image seen above symbolises our model and each colour represents one of the five steps of wellbeing which our program has been built on.

Nathan Beckett, Year 7 Coordinator, will be helping oversee the introduction of this wellbeing framework to our school. We are proud of the fact that the image contains hands of our own students, photographed by one of our talented Art teachers, Mrs Emma McCarthy. Additionally, Year 10 student, Jason Doan, assisted with the design. This image will be made visible throughout the school so our students can easily identify with it. Following are some details of the model our wellbeing programming is based on:

**5 Step Wellbeing Program based on NEF Model**

**CONNECT** > **BE ACTIVE** > **TAKE NOTICE** > **KEEP LEARNING** > **GIVE**

**CONNECT** - At San Clemente we pride ourselves on Community. The No 1 indicator of mental wellbeing is positive relationships. Connect with the people around you: your family, friends, classmates, teachers and neighbours. Spend time developing these relationships. Connect with your sense of self.

**BE ACTIVE** – Proactive v Reactive; Get involved; be assertive and not submissive; make plans, not excuses; set Goals and MOVE. Take a walk, go cycling or play a game of football. Find the activity that you enjoy and make it a part of your life.

**TAKE NOTICE** - Be more aware of the present moment, including your feelings and thoughts, your body and the world around you. Some people call this awareness “mindfulness”, and it can positively change the way you feel about life and how you approach challenges. Practice gratitude.

**KEEP LEARNING** - Learning new skills can give you a sense of achievement and a new confidence. Set goals, grow in confidence, spot strengths and use them.

**GIVE** - Service to others is an essential part of being a member of a Catholic Community. GIVING will remain a fundamental part of all units of PosED@SCM. Even the smallest act can count whether it’s a smile, a thank you or a kind word. Larger acts, such as volunteering at your local community centre, can improve your mental wellbeing and help you build new social networks.

In addition to these wellbeing initiatives, there has been an increased focus on our Peer Support System, as well as the introduction of a House Competition. One of our staff members, Nicholas Marsh, has spent many hours establishing this and he has outlined some details below. This will be launched on Friday and begin next week during lunch. Both Peer Support and our House System will link closely with our new Positive education wellbeing framework. Needless to say, we have some exciting times ahead at San Clemente!

Mr Scott Donohoe, Assistant Principal—Wellbeing

**FINANCE**

Statements for Term 1 fees were posted/emails on Wednesday 4 February. If you did not receive a statement please contact Finance Officer asap.

For families that are paying their fees by direct debit, please ensure that correct amounts are being deducted. If not, an alteration form will need to be completed.

In order to receive a family discount, if you have more than 1 child in a Diocesan school, a form should have been completed end of last year. Please contact the school if you still need to do this.

Mrs J Doherty, Finance Officer
Assistant Principal—Teaching & Learning

Welcome back to San Clemente all of Year 8 – 10 and a special welcome to the Year 7’s who have settled into high school very quickly and smoothly. 2015 is shaping up to be an exciting year, full of endless possibilities.

At the students first assembly I gave them all a goal to strive for in 2015, to work with diligence and sustained effort. I hope that all students accept that challenge, put in a constant and earnest effort to accomplish the best grades they can through persistence. I look forward to reading their reports and working with them in achieving this goal.

I encourage all students to read over their Semester 2, 2014 reports. Take note of any areas of improvement that may need their attention, or areas that will aid them in gaining an improvement in grades. A new year means a fresh start, an opportunity to improve in all areas.

The Teaching and Learning Co-ordinators (TLC’s) have been working very hard at improving policies and procedures to aid in making learning at San Clemente of the highest standard. Can I ask that if there is ever a concern that parents please make contact with the relevant TLC. This will ensure issues can be resolved promptly.

Assessment schedules are currently being updated and will be up on the school website shortly. Print these off and put them up where they can be a constant reminder to be prepared and organised for upcoming tasks.

As students are settling into their classes a number are still changing electives. If you require a subject change can you please see me as soon as possible for the required form. The further into the year we progress the more difficult it will become to change as classes would have progressed too far in their work. I also ask students to give careful consideration of the reason for their change and make a decision based on what’s best for their learning.

It is great to see the rollout of digital devices, shortly all students will have access to a wealth of information and resources at their fingertips. It is important that students remember to bring in their device so they can keep up with the changing face of learning. If any parents have not as yet organised their child’s device can you please ensure this is done ASAP. If there are financial problems please contact Mr Kelly.

I wish everyone a great year, I look forward to meeting all students and observing them working hard, with diligence and sustained effort.

Mr M Romano, Assistant Principal, Teaching and Learning

Year 7 News

Welcome Year 7 students, parents, guardians and friends to your first year here at San Clemente. As I mentioned on our first day you are not just joining a wonderful school but you are now a part of a beautiful, warm, caring and positive community. It was fantastic to see so many parents and guardians at St Columbans Church on our first day and I look forward to working closely with this group of students and their families. It is my belief that the stronger the connection between home and school, the stronger the community and therefore the more positive experience for students (and staff.) At San Clemente we pride ourselves on our sense of community and strive every day to create an atmosphere of warmth and a spirit of connection. One father commented to me on the first day, “I like this school, I can’t explain why but it has a nice feel about.” Music to my ears!

The question is probably asked at every school, “How can we create such an atmosphere?” I believe this feeling of community is achieved in the simplest of ways in which all students and staff interact with each other.

I explained this to Year 7 students at our first Year Meeting. The smallest of gestures between staff and students can go a long way to creating an atmosphere of community, care and calmness. The polite and warm welcome of a teacher entering the room, the greeting by name of a student or staff as we pass on the playground or even the smile and farewell as you leave each day make a huge difference. It is a simple gesture that demonstrates a huge amount of RESPECT.

There is also a strong Catholic link to this simple tradition. Consider the salutations that occur before, during or at the end of any Christian ceremony. The links to greeting each other stem back to Biblical times and were essential for developing a sense of community. So my message is simple, don’t dismiss the value of a simple hello or goodbye. Take this cultural custom and make something as a simple greeting a part of your everyday life. You’ll feel happier for doing so and the community you live in, whether it’s the school, workplace or neighbourhood, will be a much friendlier, accepting place.

Year 7 have a very busy time ahead with a number of upcoming events listed below:

“Connected and Active” – Students will be travelling to Nobby’s beach in their House groups for an afternoon of activities. This will enable students to get to know each other, connect with staff and student leaders and have some fun. Notes were distributed in regard to this earlier this week.

Year 7 Camp – Notes for this will be distributed this week and the details are as follows: Southern Cross Education Centre, Somersby on 25, 26, 27 February. Cost is $270. Please check details in attached note.

Shout Out #1: Each newsletter I will try to highlight the efforts of some Year 7 students with achievements or interesting observations. I am always on the lookout for talented athletes and noticed two members of 7 Gilroy have been making a “splash” in the swimming pool. Bayley Podgorelec and Yasmin Popovic both had very successful meets at the recent Nelson Bay Swimming Carnival. It just so happens they are also in my House. Bring on the SCM Swimming Carnival and C’mon Calaroga!!!!

PosEd@SCM: You may have read that students will be participating in a new Wellbeing Program called PosEd@SCM. Each newsletter I will explain some of the concepts covered. Over the next month students will concentrating on their Character Strengths. Character Strengths are defined as those personal attributes which energise us, which feel like us and which enable optimal performance. Whilst strengths are not to be confused with talents, it is very likely that your strengths are the things that you are good at. Strengths include things such as humour, love of learning, perseverance, bravery, love and leadership. There is growing evidence to suggest that using your strengths every day is beneficial to your psychological well-being and can lead to: increased resilience, increased vitality, decreased strengths, increased confidence and self esteem and increased happiness. (Grenville-Cleave, 2012) What are your strengths?

I look forward to a very positive 2015. Please do not hesitate to contact me if you have any questions.

Mr Nathan Beckett, Year 7 Coordinator
Year 10 News

I would like to extend a warm welcome to all Year 10 students and their parents/carers, especially to the new students who have joined San Clemente this year. My name is Patrick Doyle and I am the Year 10 Coordinator for 2015. I am fortunate to be spending my second year with this amazing year group and I feel very confident that Year 10 will continue to raise the bar in all areas of their school life. Being a Year Coordinator in my opinion is a privileged position that entails great responsibility and provides many personal rewards. I can assure you that I will exert all my energy to ensure that your son/daughter is cared for at San Clemente, with their best interests always my number one priority. If you have any concerns at all about your child's welfare, academic progress or require information regarding examinations, excursions or upcoming events PLEASE contact me. My e-mail address is patrick.doyle@mn.catholic.edu.au alternatively the schools phone number is 4014 7300.

I also encourage parents to ensure that the school has your correct email address. Throughout the year I would like to correspond directly with the parents of Year 10 students to keep you updated with events and information relating to Year 10. As trusting and reliable as your child may be, not all notes and correspondence make it home. Please assist me in keeping you informed.

Last week Year 10 received a letter explaining the purchase of a special Year 10 'league type' jersey. Please note that this jumper is NOT COMPULSORY. As a privilege Year 10 are able to order and purchase a jersey and wear it instead of the school jumper. If they decide not to purchase a jersey they MUST wear the school's traditional black jumper. I am hoping to finalise orders for the jerseys by Tuesday 10th February, so that they will be available to students before the end of Term 1 (well before winter and the cooler weather). To secure their order a deposit of $20 MUST be paid to the finance office by Tuesday 10th February with this payment being deducted from the total cost. Students also have the option to pay for the jersey outright. Instalment payments can be made for the jersey but students will not receive their jersey until the full payment has been received. All payments are to be made to the finance office. If you have any concerns with the price of the jersey please contact me.

At the start of the school year all of Year 10 were handed a goal setting sheet aimed at motivating each student to focus on the year ahead and to set academic goals and strategies to achieve them. Next week I will commence interviewing all of Year 10 to discuss their individual goals with them and to provide feedback and direction to all.

I ask parents to support the school in our efforts to ensure the correct school/sports uniform is always worn. The majority of Year 10 are maintaining this standard and I commend them and thank parents for supporting the school. However, some students have decided to wear trainers/canvas shoes instead of black leather school shoes. Socks must be white and above the ankle and nose piercings should never be worn. If you have any concerns or confusion regarding the schools uniform policy, please contact me.

Finally I would like to say how proud I am of Year 10 for the manner in which they have conducted themselves throughout this very difficult week. They have supported one another and myself, and I cannot thank them enough. Our focus now is to ensure that we all look out for each other and look after one another.

A final thought Year 10, “You don’t have to be great to start, but you have to start to be great.”

Patrick Doyle - Year 10 Coordinator

Year 8 News

Welcome to Year 8, 2015! I hope you and your family enjoyed a relaxing break. It is my pleasure to be continuing as the Year Coordinator with such a wonderful group of young people. I have been extremely impressed with the attitude, respect, cooperation and enthusiasm of Year 8 thus far and know it will be maintained all year.

Our new Mentor Classes for Year 8 are as follows;
- 8 Banks - Mrs Christine Churchward & Miss Meagan O’Brien
- 8 Chisholm - Mrs Narelle McInnes
- 8 Farrar - Miss Jess Lopez
- 8 Flynn - Mrs Margaret Kish & Miss Danielle Di Prinzio
- 8 Kingsford - Mr Iain Morrissey
- 8 Lawson - Miss Amy Wilde
- 8 Paterson - Mrs Julie Ware
- 8 Wentworth - Mrs Gay McDonnell

Most teachers have continued with their groups. However, we welcome a few new staff. Mentors meet with the students each morning and will also be delivering the new PosED program to students every fortnight on a Tuesday morning. Mentors will be sending home a letter in the near future to introduce themselves.

At our first Year Assembly together I spoke to Year 8 about 2015 being a fresh start and an opportunity to achieve their goals and desires. To build upon their wonderful start to High School or to maybe change some things. It is my hope that all students have reflected upon this and have set a few goals to work towards for 2015. As a cohort for Term 1 our goals and expectations are aligned with our new PosED program being introduced and are; Wellness, Wholeness and a Winning Attitude. This means to stay healthy, maintain a balanced life and always employ a positive mindset.

Uniform is being worn to a very high standard. I sincerely thank all those students who are wearing it with pride. If there are any issues please send your son or daughter to school with a note. Congratulations to 8 Kingsford (7 O’Donoghue last year) who won the Uniform Challenge for Term 4 and will be enjoying a hot chip lunch next week. We will continue that in 2015. Who will win Term 1?

Lastly, some very exciting news, Year 8 will be going on a Camp this year in Term 2 to Sydney. They will be staying two nights on Cockatoo Island and visiting various locations in the Sydney CBD. More details will be sent home about this soon.

Any questions or queries please feel free to email me on Meredith.cram@mn.catholic.edu.au or call on 40147300.

Year 7 Quiz: What are the names of the Year 8 Mentor Groups?

The first person to find Miss Cram on the playground with the answer will receive a prize.

Meredith Cram, Year 8 Coordinator
Year 9 News

I would like to extend a warm welcome to all Year 9 students and their parents and carers for 2015. My name is Kate Tolfree and I am continuing on as the Year 9 Coordinator. I feel an enormous sense of pride in being charged with the responsibility for year 9, 2015. I hope that everyone enjoyed a restful and re-energising break and are ready to start the 2015 school year! I warmly welcome new students to our San Clemente Community. I am sure that your Stage 5 experience will be a great one!

The following table outlines the Mentor Classes and Mentors for 2015.

<table>
<thead>
<tr>
<th>Mentor</th>
<th>Mentor Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>S. Burns</td>
<td>Awabakal</td>
</tr>
<tr>
<td>M. Byrne</td>
<td>Dangar</td>
</tr>
<tr>
<td>T. Dwyer</td>
<td>Carrington</td>
</tr>
<tr>
<td>D. Rozenfeld</td>
<td>Kooragang</td>
</tr>
<tr>
<td>G. Rutherford</td>
<td>Glenrock</td>
</tr>
<tr>
<td>A. Stoddart</td>
<td>Mayfield</td>
</tr>
<tr>
<td>L. Wakely</td>
<td>Redcliff</td>
</tr>
<tr>
<td>H. Wilks</td>
<td>Shortland</td>
</tr>
</tbody>
</table>

The mentors meet with the student’s at the start of each day and are a significant point of contact for both the students as well as parents and carers. A letter from the mentor outlining their role will be sent home via post in the next week.

2015 and has provided many new opportunities for Year 9. Students have had for the first time some control in their subject choices. Elective choices were made last year, and if any student has any concerns regarding their elective choice please speak with your teacher. New electives at San Clemente include: Marine Studies, which is run by the Science Faculty and Child Studies, which is run through the PDHPE Faculty. I am in the privileged position to be teaching Child Studies this year and I am very excited!!

The clear expectations of year 9 are:

⇒ Ensuring correct uniform is worn at all times
⇒ Punctuality to school and class
⇒ Respect for yourself, others and property
⇒ Outstanding behaviour
⇒ Always giving your best

Mr Steven Newman is the Learning and Technology Coordinator and is responsible for the computer use. Year 9 are involved in the device program this year. If parents or students have any questions or queries please contact Steven via the front office or email: steven.newman@mn.catholic.edu.au.

I feel that I have developed strong relationships with Year 9 students and also parents and carers during my tenure as Coordinator from 2013. I really value and appreciate the relationships I have with Year 9 students and their parents and carers. I firmly believe that in order for students to thrive at school, the child, parents and teachers need to work cohesively and constantly to provide the optimum opportunities for the child. Please do not hesitate to contact me regarding your son / daughter. You may contact me through the front office or via email kate.tolfree@mn.catholic.edu.au.

My challenge to year 2015 is the following quote:

_There are two kinds of light - the glow that illumines, and the glare that obscures._ ~James Thurber

Which one will you be year 9 students?

A couple of updates regarding year 9 students:

Patrick Nolan, Jasmine Sullivan and Isabella Hawke are participating in an Accelerated Maths Program this year.

Emma Constable has been busy in the holidays, here is a recount of what she has been up to.

Last year myself and 6 other girls from our school made the trip to Armidale to take part in TAS Forensic Science Camp. During this five day camp 100 kids including myself were put into groups and assigned different crimes to solve using evidence supplied by the “police” who were role played by the camp controllers. At the end of the year, the controllers who were 14-16 year olds, would sit down with the supervisors (adults) and assess each of the campers on their abilities and work ethic. At the end of the camp once all the campers had gone home, they would sit down together once more and decide on twelve campers who they thought would be well suited to come back as controllers the next year. Fortunately for me, I was lucky enough to be one of the twelve to be given the opportunity to go back. This year we were put into pairs and in these pairs we are required to write a full detailed crime. In January we completed a pre-camp in Armidale, basically getting our crimes together with as much detail as possible. In June we will complete the actual camp, going for 10 days. This whole opportunity is great for anyone interested in science and is a great chance to make life-long friendships.

Kate Tolfree, Year 8 Coordinator

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House System 2015

In 2015, a new House System will be introduced at our school. Mentor Groups and Houses have been designed so that students will remain with the same group, Mentor and House for their time at San Clemente. Apart from the Swimming and Athletics Carnivals, students will gain points for their house by participating in a variety of academic and extra-curricular activities, such as the Maths Competition, musical performances at assemblies, Mock Trial and Debating. “Points Blitzes” will also occur 2/3 times a term for a whole week where Mentors recognise students for positively contributing to school life (e.g. Uniform, Attendance, Attitude etc.) by giving merits, accumulating to Bronze, Silver and Gold Awards and points for their House.

Additionally, a lunchtime sport competition will run each term, starting next week with the junior (Years 7/8 mixed) competition in Touch Footy on Tuesdays and senior (Years 9/10 mixed) competition in Volleyball on Thursdays. The winner of each competition will have the opportunity to compete against a currently undefeated Staff team in the last week of term.

At the end of the year, points will be tallied and the winning house will be presented with the prestigious “Tony Kelly Cup” and a reward day to recognise their success. Regular updates will be communicated via this newsletter throughout the year.

Good luck to all Houses – particularly Sienna!

Mr Nicholas Marsh
**English News**

The English Faculty warmly welcomes all of our students to 2015. We hope that you have had an enjoyable and restful break and are ready to participate in our English lessons for 2015. A reminder that in order to fully participate in our classes, you need to come prepared. Please ensure that you bring all essential stationery in your pencil case, exercise books, electronic device, diary and reading material to class every day. While we are on the topic of reading, everyone should be reading at least twenty minutes per night as part of their homework!

Students at San Clemente are expected to do English homework each weeknight. This may include learning spelling from the weekly spelling lists, reading and revising any work from the day’s lesson.

If anyone is interested in extracurricular activities, there are opportunities to take part in Mock Trail, Public Speaking and Debating. Watch this space for more information.

Please contact the English Coordinator, Ms Karen Brennan if you have any questions or concerns in regard to English. She is located in the Small Staffroom or can be emailed on karen.brennan@mn.catholic.edu.au.

**Graded Classes in English Explained.**

Many students and parents have been asking how our classes are graded in English. At the end of the academic year all students in the cohort are ranked, based on their assessment results for the whole year. The first 30 students are placed in the Eng 1 class, the following 30 in Eng 2 and the following 30 in Eng 3. The remainder of our students are placed in mixed classes. Most of these students have achieved close to the cohort’s average. These classes are not graded, therefore Eng 4 works at the same level as Eng 5 and Eng 6. Year 10 and 9 are timetabled along the same line as HSIE, so the student has to rank in both English and HSIE in order to be placed in a graded class. Year 8 English stands alone on the timetable and will be graded solely on performance in English. Some Year 7 students may be moved into different classes at the end of Term 1, depending on their needs. Year 7 parents and caregivers will be contacted if this is the case. If you have any further queries in regard to graded classes or any other English matter, please contact me at karen.brennan@mn.catholic.edu.au.

**Mathematics**

Welcome to the 2015 school year. The Mathematics faculty are looking forward to working closely with students and parents as we work through the new Australian Curriculum. All students will have now received a letter outlining expectations regarding equipment and homework. This year every student will receive a Homework Booklet relating to the topic being studied. The booklets are to be completed and submitted upon completion of the topic and cover a range of levels from basic through to extension for students who need a challenge. The expectation is that all students will undertake some sort of homework. Teachers are aware of the busy lives that students lead so set hours of homework are going to be allocated and if students are unable to complete the assigned work one evening, they can catch up the next.

This year sees the introduction of the Accelerated Mathematics course starting at St Francis Xavier’s College. Three Year 9 students from San Clemente, Patrick Nolan, Jasmine Sullivan and Isabella Hawke, have been selected to undertake study in the program. The students have just begun Year 9. They will complete Year 9 and Year 10 in ONE year with the intention of starting the Higher School Certificate in 2 Unit Mathematics when they start Year 10. They will then sit the HSC exam in Mathematics when they are in Year 11 for every other subject. They can then continue their study of both Extension 1 and Extension 2 Mathematics when they are in Year 12. This will give them the advantage of having all Four Units of Mathematics count to the HSC and then ATAR calculation. The students will attend SFX every Monday afternoon from 3.30-5.15pm with additional work to be completed either at home or at San Clemente when they would normally be in Maths lessons. This is a wonderful opportunity for students who show a particular talent in Mathematics. The students started the program yesterday afternoon at SFX and enjoyed the challenge of the faster pace.

**Week 2 Maths Challenge:** Try and work out basic computations without the use of a Calculator. Every year has started with revision of basics - number computations, fractions, decimals and percentages. Try to do the calculations without reaching for your calculator. Only use your calculator to check your answer!

**From the Sports Desk...............**

SPORT 2015 is underway. Thank you for returning the permission notes promptly. Most students are settled, but some are changing to a rep sport, to a non-paying activity or to sample cheerleading. Regional rep sport begins on Friday February 6, when students will compete against St Pius, St Marys and St Pauls in: cricket, netball, dodgeball and volleyball. At the end of the year when it’s time to determine the Sportsperson of the Year in each year, all forms of rep sport are given points, the highest going to CCC level, All Schools, then Diocesan. The Age Champion for our Swimming and Athletics Carnivals will be given points as well.

Combined Catholic Colleges closing dates coming up are: SOFTBALL - FEBRUARY 10, TENNIS - FEB 16, BASEBALL - FEB 17, SOFTBALL selections - FEB 17.

Also: closing date for ALL SCHOOLS TRIATHLON is FEBRUARY 17. Applications are only through the website. Parents/Careers need to check the website regularly. After the application I will receive an email from CCC to let them know if the competitor has the ability to compete at this level. Thank you,

**San Clemente Swimming Carnival**

**Thursday 19 February**

**Mrs R Wilks, Mathematics Coordinator**

Ms K Brennan, English Coordinator

**From the Sports Desk...............**

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Mrs R Daly, Sport Coordinator
A belated Merry Christmas, Happy New Year and a big warm welcome to ‘Career’s Corner’ for 2015.

This year Mrs Helen Wilks will be overseeing the role of Mathematics Coordinator (Acting) and as a result I will be sitting in the Career’s chair for the next 12 months – a position that I feel passionate about and one that I am really looking forward to exploring with both Year 9 and Year 10 students.

The following 12 months will be an extremely busy time for both Year 9 and Year 10. I encourage both students and parents/care givers to regularly read ‘Career’s Corner’, check emails, browse the fantastic new San Clemente website, and engage in weekly conversations with their son/daughter in order to remain up to date with any upcoming events relating to Careers 2015.

Stage 5 students (Years 9 and 10) will participate in 1 Careers lesson every fortnight – therefore attendance at these classes is vital. A single missed lesson means that I will not see that student for another month. Remember when referring to emails – CHECK, READ, and RESPOND…that is;

Check daily, Read carefully, and Respond promptly!!!

Some students have already attended their first Careers lesson for the year, with Term 1 focussing on different aspects of this subject depending on which year your child is in;

- Year 9 will be looking at what they enjoy participating in outside of school, what their favourite subject/s are and the reason behind this, and associated career matching based on a number of factors including personality traits.
- Year 10 will be focussing on career interest testing and associated personal research, initiating individual student transition plans, exploring the changes that one goes through when determining their career path and thoroughly researching 2 specific occupations that are of interest to them.

Year 10 will also have the opportunity to undertake Work Experience this year with some students, who are seriously considering entering the work force at the completion of 2015, participating during Week 9 of Term 1. I will be meeting with ALL of Year 10 shortly to discuss this option in more detail but I would encourage parents/caregivers to start having relevant conversations with their child if they are seriously considering not going on to Years 11/12. Permission notes will also be made available at this meeting that will contain all of the necessary information associated with the Work Experience program being offered this term – it should be noted that Work Experience is open to ALL Year 10 students but most participate during Term 4.

As well as Year 9 and 10 Careers lessons, I am also available for individual appointments with students and parents/caregivers. If you would like to meet with me to discuss your child’s career direction, subject selection for Years 11/12, options for University, TAFE or Apprenticeship, or even getting casual work, please contact me at school on (02) 40147300 or via e-mail at mitch.allan@mn.catholic.edu.au to organise a suitable time.

I am really looking forward to working closely with all Year 9 and 10 students throughout 2015, and would encourage parents/caregivers to contact me with any questions regarding the future career path of their child.

Mr Mitch Allan – Careers Advisor (Acting)

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Religious Studies News

2015 is going to be an exciting year in Religious Studies. Classes have already started being taught with a focus on creative pedagogy and team teaching. Some year 8 classes will embark on a cross curricula program with Geography named ‘Globally Called’ during the period of Lent, students will be involved in activities which will assist them live out the Catholic model of social justice to ‘See, Judge and Act’.

Year 7 have started the unit ‘Faith Story, Witness’ and will learn more about the Catholic faith, the Catholic story and begin to develop an understanding of what this means as members of the San Clemente community.

Year 9 will be developing skills to understand the Bible and year 10 will be focusing of the good news of the Gospels.

Class masses will begin in the next couple of weeks for Year 10, an invitation will be send home to parents and carers to attend this gathering.

If parents have any questions in relation to Religious Studies, communication is welcomed through a phone call, appointment or email rise.mcallister@mn.catholic.edu.au.

Rosemary McAllister, Religious Studies Coordinator

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Apply now for Rotary Youth Exchange!

To have the opportunity to study abroad is a life-changing experience. The Rotary Youth Exchange Program provides this opportunity. If you are in year 9, 10 or 11 and aged between 15 and 17 years, an opportunity for a Rotary Youth Exchange in 2016 is possible. Secondary school placements are available in many countries of the world.

Students are selected on application and a personal interview with a local Rotary Club. Application forms are available from our website and close April 1st.

An Information Session will be held at Club Macquarie, Argenton on Wednesday 4th March 2015 starting at 6:30pm.

Further information is available from:
The Chairman
Denise Parke
464 Fords Road
Limeburners Creek, NSW 2324
mob: 0417 263 303
www.youthexchange.net.au

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Mr Mitch Allan – Careers Advisor (Acting)
Science Experience—University of Sydney

During the holidays I attended the ‘Science Experience’ hosted by the Faculty of Science at the University of Sydney. The Science Experience was a combination of fun and excitement of science and technology with a chance to experience it with new friends. The opportunities offered to me at the Science Experience were many as we were tasked to solve a crime, with the opportunity to meet and listen to distinguished scientists, watch and perform interesting experiments, join in discussions and be advised on career opportunities. There were lectures and lab sessions where I was able to complete many scientific experiments in an actually laboratory, where we completed blood and fingerprint testing, DNA testing, dichotomous key-testing and we were also allowed to attend anatomy, biology and physics workshops. I truly enjoyed my time at the Science Experience where I gained knowledge in many different areas and was able to meet many new friends.

Aimee Murphy Year 8 Science.

SAN CLEMENTE CHEER
MCPD DANCE AND CHEER, WARABROOK
San Clemente High School has had a successful cheer team which has competed at local, state and national level for 5 years.

The San Clemente Cheer Team has been attending the MCPD cheer and dance studios for the last 6 months and many of our students have had a long relationship with MCPD out of school.

MCPD have given us 50 FREE CLASS passes. If any students, male or female, are interested in taking advantage of a free trial class in dance or cheer, please see Ms Nolan for a pass.

Any student, male and female, interested in cheer as school sport has an opportunity to trial cheer for sport over the next three weeks as we are in the process of finalising the San Clemente Cheer team for the 2015 competition season. Please see Mrs Daly or Ms Nolan ASAP if you think that you would like to come and try it out.

Ms Julia Nolan, Cheer Team Manager

2015 – KEEP SAN CLEMENTE CLEAN

San Clemente prides itself as having respect for all students and for our school environment.

In 2015, San Clemente is committed to ensuring all students use the bins provided throughout our school grounds and keep San Clemente litter free.

Jessica Collins, a year 10 student at San Clemente in 2012, designed a poster to raise awareness of the importance of keeping our school grounds clean. All class rooms have a copy of Jessica’s poster which is pictured here.

2015 – KEEP SAN CLEMENTE CLEAN!

From the 7th to the 24th of May Newcastle Art Space will be holding ‘Veritas III’, an exhibition featuring artworks from staff members, students, family and friends of the San Clemente community.

We encourage everyone to take the opportunity to be a part of this exhibition. There will be a small fee to display your work, this will assist with the cost of gallery rental.

If you do intend to exhibit or have any queries please email Mrs Rose McAllister by the 27th February.

rose.mcallister@mn.catholic.edu.au
Calendar Dates to note

10 Feb School Photos Yr 7, 8 & 9
11 Feb School Commissioning
17 Feb Excurs Sydney Yr 9 & 10 Art
18 Feb Ash Wednesday
19 Feb Swimming Carnival
25-27 Feb Year 7 Camp
10 Mar Dio Swimming Carnival
11 Mar Theatre Sports SPX
16 Mar Brainstorm Yr 10
18 Mar Dio U15 Rugby League Trials
19 Mar Dio Football Trials
20 Mar Dio Girls Football Trials
24 Mar Immunisation Yr 7
26 Mar Brainstorm Yr 8
30 Mar Yr 10 Geo Field Trip
2 Apr End Term 1
20 Apr Commence Term 2

San Clemente High School
UNIFORM SHOP
Opening Hours
Uniform Shop
Phone 49689987 shop hours 0415 343 818 mob

e-mail san.clemente@bigpond.com
web www.alintaapparel.com.au
NORMAL HOURS
SCHOOL TERM
TUE 8.00-11.00am & WED 8.00-10.00am

Would $500 help you pay for school uniforms, books or a laptop?

Match your savings for school costs, dollar for dollar, through Saver Plus.
The Smith Family is looking for new participants in your local area.

You may be eligible if you or your partner have:
- a Health Care or a Pensioner Concession Card
- a child at school or starting next year
- some regular income from work.

Contact Cynthia, your local Saver Plus Worker:
4927 8385 cynthia.culhane@thesmithfamily.com.au.

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is funded by ANZ and the Australian Government.

Library and Book Hire loans

Students with outstanding loans from last or previous years cannot borrow this year until items are returned or lost / damaged items are paid for. This will make an impact on classroom learning and needs to be reconciled as soon as possible. Teaching and Learning Co-ordinators will be calling home regarding class text overdue items from week 3.

UNIFORMS FOR SALE- VERY GOOD CONDITION

Second hand uniforms all $10 & $15, Formal shirts. Sz-12. And Sz-small, Formal shorts. Sz-small
Sports shirts. Sz-xs. Sz-14, Back up sports shorts as new. Sz-sm no logo Back up sports jacket good cond Sz-12 no logo, Phone 0421630008
SFX UNIFORM: Purchased beginning of term 2 worn for this term only. Jacket size 3XL, Pants size XL, 2 Shirts size 26 and tie. All has been professionally dry cleaned. $150 for the lot. Please contact Nicole on 0404 182 656

Canteen — Volunteers Short—Need Help Urgently

VOLUNTEERS URGENLY NEEDED FOR WEDNESDAYS. HELP NEEDED ONLY FROM 9.30—12.30 (MOST DAYS) LUNCH PROVIDED. CALL GILLIAN ON 0437176118 TO REGISTER YOUR INTEREST.

Thank You

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>Week 3</td>
<td>HELP</td>
<td>J Hope</td>
<td>C Eube</td>
<td>S Roberts</td>
<td>D Regan</td>
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<tr>
<td>09 February</td>
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<td>S Forward</td>
<td>S Davis</td>
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<tr>
<td>Week 4</td>
<td>W Rampling</td>
<td>T Balkin</td>
<td>HELP</td>
<td>Swimming Carnival</td>
<td>L Porter J Battrik</td>
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<tr>
<td>16 February</td>
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The school fees, as determined by the Diocesan Catholic Schools Board, for Resource, Tuition and Diocesan Family School Building Levy, are the responsibility of parents/guardians of students enrolled at the school. The fees are billed at the beginning of Terms 1, 2 and 3 and prompt settlement of this account in 30 days is appreciated.

**RESOURCE FEE**

Students textbooks, photocopying, school diary and other stationery requirements are provided through the school in return for this fee. It also covers some school excursions.

**THE FAMILY SCHOOL BUILDING LEVY**

This levy is set at $639.00 per year (2015) per family, and is paid to the school where the eldest child in the family is enrolled. It is a true levy i.e. it is not voluntary and not tax deductible.

**CONCESSIONS** are available to parents who have more than one child attending a Catholic Secondary School in this Diocese.

Concessions are also given to holders of a Health Care/Pension card. An application form must be completed along with sighting of original card. These forms can be obtained from Julie Doherty, Finance Officer (phone 4014 7300)

Concessions may also be offered in cases of hardship. In this instance an approach must be made to the Principal personally each year. All discussions and arrangements regarding fees are of course strictly confidential between Parents and Principal. Such concessions are not discussed with children or teachers.

**PAYMENT OF SCHOOL FEES**

Payments can be made via cash, cheque, postal order, credit card (over the phone) and eftpos. All receipts will be sent home with students.

Direct debit from your bank, credit union or building society account is also available. Please contact Finance Officer for this method of payment. Please be aware that if your direct debit is dishonoured more than three times the school will cancel the deduction. For any dishonoured direct debit, the school is charged a fee of $2.50 by your financial institution. This fee will be passed on to the fee payer and will appear on the next statement. No receipts are issued – please check bank account for proof of payment.

We also have BPAY available. All information for this method of payment is found on the top right hand corner of your statement. You will need the biller code and your individual reference number.

The Catholic Schools Office declares that genuine inability to meet tuition and other fees does not exclude access to a school within the system by a child of a family genuinely committed to Catholic faith and practice.
10 Tips to Help Get your Child Organised for 2015!

1. Break tasks into chunks
   Help your child break school projects or household chores into smaller, more manageable steps. This will show your child that each project has a beginning, middle and end, which can make projects feel less overwhelming.

2. Make checklists and to-do lists
   Once your child knows all the steps involved with a particular task, add it to an overall to-do list. Include regular homework and chores on the list.

3. Teach calendar and time management skills
   Encourage your child write down important tasks in a digital calendar or on a paper one. Then help them to estimate how much time each task will take.

4. Establish daily routines
   Creating a regular schedule can help your child learn what to expect throughout the day.

5. Introduce idea organisers
   Show your child how to use outlines, graphic organisers or concept webs to organise ideas for school projects. For more information on some great graphic organisers go to: http://speldnsw.org.au/wp-content/uploads/2014/11/Parents-Corner-6-Graphic-Organisers.pdf

6. Use colour-coding
   Assign colours to each school subject. Use brightly coloured pocket folders for items that need to be signed and returned. Suggest that your child use coloured pens to help shift from the role of writer to the role of self-checker and editor.

7. Create fun memory aids
   Show your child how to create her own silly sentences, songs, acronyms or cartoons to remember information. (One popular mnemonic, “Never Eat Soggy Weetbix,” helps kids remember north, east, south and west.) They can use these memory aids for preparing for an exams.

8. Create an organised workspace
   Set aside a space at home where your child can work without interruption.

9. Do regular school bag audits
   Your child's school bag is a crucial link between home and school—so it's important to keep it neat. You might just find an Assessment Task or an Excursion note that requires attention.

10. Help your child think ahead
    Before bedtime, review plans for the next day with your child. Are there any special events, tasks or homework due?
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Bread</td>
<td>$1.00</td>
</tr>
<tr>
<td>Cheese Sandwich</td>
<td>$2.00</td>
</tr>
<tr>
<td>Ham Sandwich</td>
<td>$2.00</td>
</tr>
<tr>
<td>Turkey Sandwich</td>
<td>$2.00</td>
</tr>
<tr>
<td>Pencils</td>
<td>$0.50</td>
</tr>
<tr>
<td>Notebooks</td>
<td>$2.00</td>
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<tr>
<td>Pencils</td>
<td>$0.50</td>
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<tr>
<td>Notebooks</td>
<td>$2.00</td>
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</tbody>
</table>

**Breakfast**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tosted Ham &amp; Cheese Sandwich</td>
<td>$2.00</td>
</tr>
<tr>
<td>Long Cheese Rolls</td>
<td>$2.00</td>
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</tbody>
</table>

**Salads**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caesar Salad/Pasta</td>
<td>$4.50</td>
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</table>

**Sandwiches & Rolls & Wraps**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Turkey Wrap</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham Wrap</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham &amp; Cheese Wrap</td>
<td>$4.50</td>
</tr>
<tr>
<td>Cheese Wrap</td>
<td>$3.00</td>
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</tbody>
</table>

**Snacks**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Cup of Noodles</td>
<td>$1.50</td>
</tr>
<tr>
<td>Tomato Basil Salad</td>
<td>$3.50</td>
</tr>
<tr>
<td>Salads</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

**Drinks**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water</td>
<td>$1.10</td>
</tr>
<tr>
<td>Juice</td>
<td>$1.00</td>
</tr>
<tr>
<td>Iced Tea</td>
<td>$3.00</td>
</tr>
<tr>
<td>Fruit Punch</td>
<td>$2.00</td>
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</tbody>
</table>

**Extras**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Turkey Wrap</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham Wrap</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham &amp; Cheese Wrap</td>
<td>$4.00</td>
</tr>
<tr>
<td>Cheese Wrap</td>
<td>$3.00</td>
</tr>
<tr>
<td>Cheese &amp; Bacon Wrap</td>
<td>$3.00</td>
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</tbody>
</table>
Dear Sponsor

It feels like it was just the other day when we shared our Christmas merriments with you. It is unbelievable that we are celebrating yet another one together. It is always a joyful opportunity to share with you our annual achievements through your continual support.

A typical Christmas celebration in Ixopo area is one where children wash and dress up for Christmas day, looking forward to the home cooking that would have happened in various households, and they walk together as a group of friends going to different houses to get a taste of different cooks. Thereafter they just play with their mud made houses, self-made plastic skipping ropes etc. However this year, things will be different for these friends of ours, as they will be playing on jungle Gyms that have been erected in 22 Early Childhood centers within their villages, they will also be playing with real toys belonging to same ECDs, which were all done in the quest to provide safe playing spaces for our children.

The Christmas cooking will also be different for some this year, as there will be community baked cookies and muffins and possibly cakes. As 48 community members are operating their own bakeries which are meant to assist them with income generation. The baking will not only provide Christmas goodies, but it will also enhance the capital savings from the cakes sold. Traditionally Christmas always leaves the households broke as all the money is spent on treats and leaves the January month to be a month of misery, making it difficult to even buy school material conversely this year will be different as there will be enough money saved to cover school costs.

Gratitude is the best attitude and it is with great humility that we take this opportunity to thank you for the support you have extended to our Australian sponsored Ixopo ADP. 2014 has been a year of significant accomplishment in the lives of the children under our care. Without your support none of it would be possible and as we approach the end of the year we would like to share our joy with you.

Yours sincerely

Charmaine Moses (Area Development Manager)
Easts Junior Rugby
Wants You!

Interested In Rugby?
Want to play with a family based club?
A club that values players!
Players needed from u7s – u18s
Major Premiers in u10s & U13s in the 2014 season!

Contact 0413 665 233/0402 280 714
for further info or inbox Easts Junior-Rugby Club on Facebook
Registration dates:
Wed 4/2/15 @ Dangar Park 5pm – 6pm
Sun 8/2/14 @ Dangar Park 4pm – 5pm
Wed 18/2/14 @ Dangar Park 5pm – 6pm

STOCKTON SHARKS JUNIOR RUGBY LEAGUE CLUB
REGISTRATIONS NOW OPEN FOR 2015 SEASON
ALL REGISTRATIONS INC NEW PLAYERS MUST BE COMPLETED ONLINE
http://stocktonjrl@sporitngpulse.com.au

We will be holding a final Registration Day on Monday 9th Feb 2015 4pm - 5.30pm at the Boatrowers Hotel
Access to a computer will also be available on this day. New players will be required to bring along a Birth Certificate

Enquiries to 0415 290 485 or visit our Website on address above

South Newcastle Junior Rugby League
Registrations are now open for all new and returning players.
In 2015, registrations will be 100% completed on-line.
Registration links can be found on the South’s Facebook page or website.
On-line registration assistance days will be held at South Newcastle Leagues Club (Llewellyn Street, Merewether), Sunday 8th February 2015 (2pm – 4pm) and Thursday 13th February 2015 from 6pm – 8pm for those who may not have access to “on-line”.

On Sunday 22nd February 2015, a final registration day is planned from 2pm – 4pm
Mini League age groups from under 6’s to Under 8’s,
Mod League age groups from Under 9’s to Under 12’s
International from U13’s to U18’s
Enquiries: Please contact Scott Hallett at scotchlitt@yahoo.com.au or Graeme Fitzgerald on 0407 093 662.

MAYFIELD JUNIOR SOCCER
Play Football!

Mayfield Jnr Soccer club are taking registrations for the 2015 season.
Registration dates are 8/2, 22/2 and 4/3 from 4pm-6pm at McDonald’s Industrial Drive.
Free shorts and socks included for every NEW registering player!
Register online at www.myfootballclub.com.au
Contact Larissa on 0418 112 108 for more information.