Some weeks ago there was a striking piece of imagery on the television news of a young Iraqi woman, surrounded by the blood and destruction of a bombing atrocity. Her face was etched with the strain and agony of the catastrophe that had just occurred and the constant danger in which she lived. She turned to the television crew and said, “These people steal our hope from us”.

“People without hope are truly in despair for it is the very breath of their creativity and daily life. People without hope have no reason to invest energy in the future. Their resistance crumbles and they succumb to the prevailing forces which can be totally destructive.” General John Sanderson

There is a wonderful story in John’s Gospel that tells the story of Lazarus, Jesus’ friend, and how Jesus raised him from the dead: Jesus said in a loud voice, “Lazarus, come out!” The dead man came out, his hands and feet wrapped with strips of linen and a cloth around his face. Jesus said to them, “Take off the grave clothes and let him go”.

In essence Jesus’ message to those who witnessed the event, was to allow Lazarus to come back and finish his life, to come back to his work, his family, his friends. His life was not over. Too often, people give up when their life is not finished. Perhaps there was a job failure, the end of a marriage or a special relationship, maybe an illness. Hope has been extinguished. The Lazarus story tells us that Lazarus was raised to “mortality”. He still had to die; it was just that he was given another opportunity with life; hope had been reignited.

Children, too, can have life experiences that erode the hope and expectation they have in their ambitions for their own life. To maintain hope in their own future, children look to their parents for:

- **Physical contact**: Hugs of affirmation that give a feeling of security.
- **Genuine Praise**: Assurances of personal progress.
- **Reasonable expectations**: Achievable goals that allow for success and considerable self-esteem.
- **Constructive criticism**: Confidence builders that lead to feelings of optimism.
- **Truthfulness and honesty**: Models to inspire.

To give hope to our children is to give to them a most fundamental gift. It allows all the events of their life to be filled with purpose because these events, whether easy or difficult, mature them and prepare them for future life. Christ, through His Resurrection, provides hope for us all and allows us to share what we have now, because we have much to look forward to.

“We, our Father,
We know that hope is the pilgrim’s virtue.
May we use Your gifts of the Spirit that are within us to be bearers of Christian hope to those with whom we journey through life.

Amen

Peace and Best Wishes
Tony Kelly, Principal

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**P & F Movie Night**

**Friday, 21st November**

**Scotty’s Cinema Centre**

RAYMOND TERRACE

Movie starts @ 7pm

$15 per ticket

If you would like to pay for your tickets via direct debit please email

Anne-Marie.Kelly@mn.catholic.edu.au

with the number of tickets you need and then transfer the money into the following account:

BSB 062 801
Account 1029 4547

Name MJ & AM Kelly

LOTS OF LUCKY DOORS PRIZES ON THE NIGHT
Assistant Principal, Pastoral Care, writes......

'Distracted', 'short attention span', 'tendency to lose focus on the task at hand'...

Does this sound like your child at times?! I think it would be fair to say that it resembles adolescence to a large degree. Attention is often treated as separate from emotion but research indicates that one’s emotional state significantly affects the quality of attention. This fundamental fact highlights the potential benefits of mindfulness for young people in education. When emotions are not well managed, thinking can be compromised and this in turn affects learning.

As mentioned in recent editions of Veritas, our school is preparing to introduce the wellbeing framework of Positive Education next year in Stage 4. One key component of this framework and philosophy is that of mindfulness. Last week, we had a psychologist from CatholicCare, Andrew Jenkinson, address the staff on this topic. Mindfulness is about being aware of what is happening in the present, paying attention in a particular way which is non-judgemental and is contrasted with states of mind in which attention is focused elsewhere. Andrew referred to ‘mindfulness’ Vs ‘mindlessness’!

Andrew’s presentation stated that “We have between 15,000 and 60,000 thoughts per day (American National Science Foundation, 2005). Around 80% are negatively valanced, and 90% of these tend to be repeated. When we are ‘sad, mad or scared’, we also tend to think in extremes. Just because we have a thought it does not make it true”. These thoughts can adversely affect the quality of student learning.

Mindfulness provides a way of managing emotions, including anxiety and distress. “Mindfulness allows the individual to gain entrance to the workings of the mind such that, as some adolescents put it, it’s possible to have ‘space in my mind,’ allowing them to see that ‘changing thoughts and feelings are not things right:’ These thoughts can adversely affect the quality of student learning.

Next year and beyond we will be introducing this concept to our students, particularly those in years 7 & 8 who will be engaging in our positive education program. Mindfulness is experiential and requires ongoing practice. One of our goals is to equip our students, in time, with the skills to effectively manage their thought patterns and emotions so they can be positively used and enhance learning.

Scoth Donohoe, Assistant Principal, Pastoral Care

Assistant Principal—Curriculum Report

Congratulations to year 10 students for the mature way in which they approached exams this week. Attendance was excellent and focus during exams very good. It has been an excellent start to the final few weeks of year 10. Year 10 have a variety of activities over the last weeks of term starting, for many students, with Work Experience next week.

This a good sign for all those who are going on to further study in senior school where self-discipline is one of the most important skills a student can have in the road to successful outcomes. This same characteristic is important in employment, and in fact, life in general. Commitment to important aspects of life and self-discipline are essential.

Year 10 have set a high standard for Year 9 exams, and for other students, who have important assessment tasks in the next couple of weeks. These are the last tasks before reports are completed, so it is important that students finish the year well. Make sure you are well prepared, and well rested.

Teachers will be busy marking exams and assessment tasks over the next couple of weeks before writing reports to be sent out at the end of the year.

Even after the exams, there is still work to be done in classes in completing the requirements of the various syllabuses. Students should not think the year is over! Let’s make it a good second half of the term.

Mr Keiran Williamson, Assistant Principal, Curriculum

Year 8 News

Year 8 have several assessments on at present. All assessment tasks can be found on the school website. As the term moves along, and we head towards the end of the year, it is important that students end the year on a positive note. Get the simple things right:

⇒ Be at school on time
⇒ Wear your correct school uniform with pride
⇒ Complete all tasks in a timely manner
⇒ Give your best
⇒ Respect – yourself and others

I have spoken to some very tired teenagers recently and as the year moves towards December we all do tend to become tired. Sleep is an important way to recharge the body. Did you know that teenagers’ sleep tends to be less regular than the sleep of adults and small children? Many year 8 students have started casual employment; many are involved with sporting or cultural activities, and the list goes on and on.

Try the following tips to help you get a restful nights’ sleep:

⇒ Have a regular bedtime
⇒ Have a regular bed routine
⇒ Do not use electronic devices for an hour prior to bed time
⇒ Try gentle music to assist you to fall asleep

Tired teenagers often mean cranky teenagers!!! Behaviour can also be affected by tiredness. I encourage year 8 students to give the above 4 sleep tips a try!

Mrs K Tolffree, Year 8 Coordinator
Year 9 Matters

I would like to commence my article this week with the announcement of the 2015 San Clemente Student Leadership Team. Earlier in the week staff and Year 9 voted to determine the 8 male and 8 female student leaders for 2015. The process was made difficult due to the outstanding candidates. There were 30 female and 22 male candidates and I have no doubt that every single one of them would have been great leaders. Unfortunately all the candidates cannot be winners in this case; however, in my eyes they are due to their commitment and ambition to be a leader and the manner in which they conducted themselves throughout the election process. Congratulations to the following successful candidates who combine to form the 2015 San Clemente Student Leadership Team.

Matthew Gardener
Nicholas John
Michael Kelly
Lewis Mason
Michael Owen
Connor Shoults
Beau Valentish
Connor Wild

Maya Al Marae
Sienna Breen
Sheryl Cross
Courtney Haynes
Mackenzie Haynes
Shayla Martin
Elise Middleton
Sarah Rigby

The 16 student leaders now have the opportunity to nominate themselves for school leader. This process involves a speech to the entire student body at a school assembly and a formal interview with Mr Kelly and members of the school’s executive team.

Semester Two Examinations commence for Year 9 next week, Monday 17th November and run throughout the week, with the opportunity for catch up exams at the end of the week. It is important that all Year 9 students complete these examinations and arrive to school on time. Your son or daughter should be preparing for their examinations. Revision has been taking place within the classroom but it is important that study also occurs at home. I believe rain is predicted for the weekend providing the perfect weather conditions for study. Students are reminded to ensure they have all the necessary equipment required for each exam (blue/black pens, ruler, protractor and calculator).

Recently I read an article titled “Strategies to Optimise Optimism in Teens- And Why it Matters”. I never claim to be an expert on teenagers, nor do I have all the answers (that is why I often read articles for guidance and help) but I would like to share some ideas from the article. Teenage years are very difficult for teenagers and parents. If school is not a positive experience for teenagers, they can feel hopeless. Hopelessness – believing things are bad and are going to stay bad – leads to helplessness. Helplessness leads to depression. But, giving teenagers hope at one of the toughest times of their lives appears to reduce the danger that they’ll become depressed. Some strategies include:

⇒ Often teens just need someone to be there and understand
⇒ Emphasise their strengths and tell them what you see in them
⇒ If a teen feels lousy, being told “cheer up, it will get better” is unlikely to help. No one believes you when they don’t feel you understand. It feels dismissive and patronising.
⇒ Optimism – believing that good things are coming soon – may be one of the most positive tools for boosting a teen’s self-belief, and reducing the dangers of depression. Good things are coming. The future is bright. Help teens believe it.

A reminder to Year 9 and parents, if you have any concerns at all (maybe about examinations) please contact me at school, 40147300 or at the following email address: patrick.doyle@mn.catholic.edu.au

A final thought Year 9,

“Ability is what you are capable of doing. Motivation determines what to do. Attitude determines how well you do it.”

Patrick Doyle, Year 9 Coordinator

Year 9 Yearly Exam Timetable

<table>
<thead>
<tr>
<th>Day</th>
<th>Subject</th>
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</thead>
<tbody>
<tr>
<td>Mon 17/11</td>
<td>History</td>
</tr>
<tr>
<td>Tue 18/11</td>
<td>Science</td>
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<tr>
<td>Wed 19/11</td>
<td>Maths</td>
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<tr>
<td>Thur 20/11</td>
<td>Elective Y</td>
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<tr>
<td>Fri 21/11</td>
<td>Catch up</td>
</tr>
</tbody>
</table>

Year 10 News

You can make it, but it’s easier if you don’t have to do it alone. (Betty Ford)

Below I have outlined the remaining days for Year 10, 2014. As we approach our last days I would like to explain the importance and relevance of Awareness Week. San Clemente is not simply a school, it is a community. If there is one thing I hope for our graduating students to learn from their experience at SCM it is the importance of being connected to a community. This becomes more difficult in our late teen years when students begin life in a new school, TAFE or work place. The early years at University can often be lonely and stressful times. It is not until we embrace and connect with those around us – our community, that we can become positive, thriving, resilient and accomplished. A strong community benefits the individual, the community as well as the greater society. People of all ages who feel a sense of belonging tend to lead happier and healthier lives, and strong communities create a more stable and supportive society.

Our Awareness Week is designed specifically to reconnect with the group and provide a lasting recognition of the importance of Community. The feedback from previous year groups has always been extremely positive with many commenting – “What a great way to finish our time at SCM”. I encourage ALL students in Year 10 to participate with a positive attitude and use these last weeks/days to make lifelong memories of their time here. Remember our motto this term – No Regrets.

Work Experience: Monday 17th Nov to Friday 21st
Monday November 24th and Tuesday November 25th

Normal school days organised to provide feedback from Yearly exams.

Awareness Week

Here are the day-to-day arrangements for Awareness week. A reminder that these are compulsory school days unless otherwise indicated:

No Regrets.
Day 1: Wed November 26th: Chris Doyle at Cooks Hill Surf Club
Day 2: Thursday November 27th: Movie Day
Day 3: Friday November 28th: Health Expo
Day 4: Monday December 1st: First Aid Course
Day 5: Tuesday December 2nd: Newcastle Uni Experience
Day 6: Wednesday December 3rd: SFX Orientation
Day 7: Thursday December 4th: Excursions – Cultural or Active
Day 8: Friday December 5th: Merewether Surf club
Day 9: Monday Dec 8th: Grad Rehearsal/Farewell Assembly
Day 10: Tuesday December 9th: Graduation

Students are required at Newcastle Panthers Club at 5:30pm sharp. Graduation ceremony from 6-7:20pm. Dinner/Dance in Auditorium 2 7:30pm- 10:30pm

Shout Out: Congratulations to Year 10 student, Nicola Kelly, who has recently been awarded the International Police Association (IPA) Ray Dodd Memorial Scholarship, a most prestigious award in the police profession. This essentially means a two-week all expenses paid, immersion trip to Spain in August 2015 with other winners from all over the world. She is one of only two Scholarship winners in Australia.

Nathan Beckett, Year 10 Coordinator

Family Discount Information Form 2015
Thank you to those families who have already returned their forms. We require all forms to be returned by the end of November (even if you only have one child attending Catholic Schools in the Diocese) to ensure correct fee billing for 2015.

Please telephone or email if you have any questions regarding the above.

Emailing Newsletter and school documents
In order to keep our records up to date, if your email address changes please either email it to admin@mayfieldsanc.catholic.edu.au or contact the main office on 4014 7300, thank you.

Year 7 News
We are now approaching the finishing line for Term 4. Year 7 have maintained a very high standard in regards to their attitude, behaviour and participation in all areas of school life throughout the year and it is important to ensure that this high standard is maintained right to the final day.

It has become clear with assessments due over the past few weeks that some Year 7 students need to get organised, plan their time effectively and take responsibility for their own learning. Some strategies to encourage this are:

⇒ Use a calendar to map when things are due
⇒ Create a ‘to do list’ in order of importance
⇒ Have a set time each day when you complete homework or assignments
⇒ Have a space set aside especially for school work
⇒ Always back up your work on a USB or email it to yourself in case your computer stops working
⇒ Ask for help if needed and access places like the Feldt Centre for support
⇒ If you don’t finish your work on time, be honest, wear the punishment and most importantly, learn the valuable lesson for next time.

Uniform has improved dramatically from the beginning of term. Thank you for your support of this and also providing your son or daughter with a note when needed. Just to clarify, the sport uniform is only to be worn on days when students have PE and Friday for sport. The Uniform Challenge for Term 3 was again highly contested. Congratulations to 7 Aquinas who won the hot chip lunch. One last chance this term!

As was mentioned last newsletter, Year 7 shared a Mass together led by Father Bill. It was a very special occasion and it was also lovely to see parents attend. Congratulations to Audrey Curry and Austin Mackay for showcasing their wonderful musical talents.

Language choices for Year 8 should be completed by now. Year 7 were emailed the link on MN Live. Japanese or French are available and both provide students exciting opportunities to extend their knowledge and idea of different cultures in the world.

Year 7 Quiz: What are the language choices for next year?
The first person to see Miss Cram in the playground with the answer will receive a prize.

If you have any questions or queries please email on merridith.cram@mn.catholic.edu.au or call on 40147300.

Meredith Cram, Year 7 Coordinator

Library and Book Hire Loans
Attention YEAR 10 students: the school year is coming to a swift close and all loans must be returned to school. Please bring your outstanding Library and Book Hire loans to the Library ASAP, or please pay for any lost / damaged items. Students with outstanding loans will not be issued with graduation tickets until all loans are reconciled. Thank you to those students who have already taken care of this. Thank you.

Mrs Hüber, Library & Book Hire

Uniforms
If you have any used uniform items, still in reasonable condition, we would be grateful if you would donate them to our clothing pool. We are often able to help those less fortunate and maintain uniform standards at school. Thank you.
Leader Laptop Program
Year 7 & Year 9 Students 2015
All orders are to be made online by going to the Computer Doctor Newcastle shopping Portal at http://computerdoctor.cart.net.au/
All payments must be settled by December 1st 2014
Parents with genuine financial hardship concerns, can you please organise an appointment with Mr Kelly ASAP to make alternate arrangements for payment.
The laptops will be delivered to the school at the start of term 1 2015.
For a step by step video on how to place an order please go to http://youtu.be/sNo0Pg6iSfs
If you have any questions, please contact Mr Newman by email steven.newman@mn.catholic.edu.au
Leader Laptop Program 2015 - Year 8 & Year 10 Students 2015
We are extending this offer for next Year’s Year 8 and Year 10 (current Year 7 and Year 9) who have devices that are damaged and need replacing. It is preferred that you purchase the LeaderTab W220 from the Computer Doctor Newcastle rather than another device. It costs $659 and it is highly recommend the case be purchased as well for $28.
If your Child’s Surface RT is still functioning then there is no need to purchase another device. However, please consider purchasing a robust case for it. If you do want the LeaderTab W220 you are more than welcome to purchase it.

Sight and Sound 2014
The San Clemente library is buzzing as the ‘Sight and Sound’ exhibition is being set up. With works from students in Visual Art and Textiles, the exhibition showcases the incredible creative talents of our students. Whether your interest is in ceramics, painting, drawing, printmaking, costume and fashion design or photography – there will certainly be pieces that impress.
Thursday 20th November will see the exhibition formally opened at 6pm with a showcase of performances from our amazing Music students. This year we are particularly fortunate in having James Drinkwater, local artist and ‘Brett Whiteley 2014 travelling scholarship’ winner open the exhibition for us. It will certainly be very special for our young artists to have such an esteemed professional in the art world peruse their works – we are sure both James and you, our families, will be impressed.
Take some time to vote for your favourite piece in the ‘viewer’s choice’ with the successful student receiving an Ekersley’s gift card. The performances and exhibit viewing will be followed by a light supper in the library. All are welcome to enjoy the ‘Sights and Sounds’.
Mrs Emma South, CAPA/LOTE Coordinator
Does your child need to practise their spelling and times tables?

The School A to Z app is an excellent resource for students and parents. It is free and available for Apple and Android devices. The School A to Z app is produced by the NSW Department of Education and Communities. It has several features presented in an engaging manner.

**English A to Z:** Do you need to brush up on your adverbs and adjectives? Are you having trouble explaining English *grammar* to your child? Our English A to Z has more than 350 definitions of commonly-used English terms from primary and high school. Each word has an easy-to-understand definition based on the current school curriculum, with *graphic illustrations and help sheets* to help you.

**Maths A to Z:** Is your child learning maths in a completely different way to the way you were taught? With nearly 300 definitions, our Maths A to Z will help you to understand what is happening in your child's classroom. Each word has an easy-to-understand definition based on the current school curriculum, with graphic illustrations, help sheets and *'how to' videos* to help you support your child.

**Technology A to Z:** Technology is changing at an ever-increasing pace and - as a parent - it is not always easy to keep up with the latest trends and terminology. Our Technology A to Z explains these terms in language that you can understand.

**Spelling Bee:** Does your child need to practise their spelling? Our Spelling Bee game provides hours of spelling fun for children of all ages. There are three levels of difficulty and a leader board to track progress and improvement. *Children can even create their own games with their weekly spelling words.* Multiple lists can be created so more than one child can practise their spelling.

**Maths Monkey Times Tables:** If your child needs help with their times tables, then the Maths Monkey Times Tables challenge is sure to be a winner. Your child has to get the most number of correct answers before all of the bananas fall. Children can choose which number they want to practise and there is also a random game to keep them guessing.

**Assignments:** Does your child have an assignment due tomorrow and you don't know where to start? We have prepared some *assignment starters* for common classroom topics and themes to point you in the right direction.

Gay McDonell, Learning Support Teacher, Feldt Learning Centre

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**SPORT AT NSW COMBINED CATHOLIC COLLEGES LEVEL (NSWCCC)**

If you have a son or daughter who competes at a very high standard, please check the school website for important dates for your sport - it is set out in terms and in colour - which are very clear. However you should also go to the CCC website to double check your dates - as dates may change as the year progresses.


R. Daly, Sports Coordinator

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**OPEN THE DOOR TO A NEW CAREER IN Counselling AND COMMUNITY SERVICES**

With a Double Diploma of Counselling and Community Services from Careers Australia, you can be qualified in as little as 18 months to start making a difference in the Newcastle community.

Courses are starting soon, so contact Careers Australia on 02 4967 9200 to get started.
St Vincent de Paul Christmas Appeal

Over the next few weeks, San Clemente will launch the 2014 St Vincent de Paul Christmas Appeal.

The theme is: “Help make a Christmas wish come true”.

The St Vincent de Paul Society’s Christmas Appeal invites the community to help make Christmas complete for thousands of people in disadvantage who are missing the family togetherness, joy and happiness that should come with the season.

We are asking for donations of:

- AS NEW clean summer clothing, toys and small gifts
- Items for the Christmas table, like napkins, paper plates, bon bons.
- And, of course, non-perishable foods, EXCLUDING NUTS.
- For example: bottled, tinned and packeted foods.

We would like to encourage all students to bring in a donation and support our school appeal, contrasting receiving a gift on Christmas morning and sharing a family meal, with the reality of no gifts or meal – a reality that is experienced by many families in need.

St. Vinnie’s members will begin to come around and collect goods from each homeroom over the next few weeks. All donations will stay in our area and go directly to help the local people in need.

The appeal will continue until the end of the term.

Thank you, in anticipation of your generosity.

San Clemente St. Vincent de Paul Society

P&F News

In searing 38 degree heat, a dedicated band of hard-working parents, staff and students volunteered their time to work on the P & F BBQ at Masters Heatherbrae on the 1st Nov. The day was genuinely a fun and friendly event, with an abundance of community spirit from all who assisted.

Our day was cut short when the winds picked up too much and with a total fire ban in place, we had to shut the BBQ down at approx. 1pm. We still have some remaining cans of drinks to sell before we can tally up the profits, but we will let you know.

A HUGH THANK YOU to the many parents, staff and students who helped out on the day; Juliana Ferfoglia, Jenny Battick, Jeff Clarkson, Kevin Fuller, Belinda Mikaelian, Shane Scaysbrook, Liane Buckley, Jillian Mathieson, Bonnie Rae, Craig Noble, Gay McDonell, Wendy Sherman-Bryson, Jason Stuart, Steven Baas, Sheridan Pruteanu, Rose McAllister, Barbara Naughton, Jodie & Adam Gill, Beth & Bruce Burley, Patrick Doyle, Shaun Boland, Leanne Petersen, Tricia Walker, Tony Kelly; and Jarrod, Jordan, Kyle, Nicola and Alex for helping out too. I apologise in advance if I have missed anyone out…….

Anne-Marie Kelly, Secretary
Calendar Dates to note
School Year 2014
17 Nov Year 9 Exam Week
17 Nov Work Experience Yr 10s
19 Nov Elective 9 & 10 Drama Excursion
20 Nov Sight & Sound Exhibition
21 Nov P & F Movie Night
25 – 27 Nov Orientation Yr 7 2015
25 Nov Chris Doyle—Yr 8s
2 – 4 Dec Orientation Yr 7 2015
1/5 Dec Year 10 Awareness Week
8 Dec Farewell Assembly Yr 10
9 Dec Year 10 Graduation
11 Dec Annual Academic Awards
16 Dec Community Day
17 Last Day Students 2015
28 Jan Year 7 Commence
29 Jan Years 8, 9, 10 Commence
3 Feb Photo Day Yr 10s
10 Feb Photo Day Year 7, 8, 9
25-27 Feb Year 7 Camp
2 Apr End Term 1
20 Apr Commence Term 2

San Clemente High School
UNIFORM SHOP
Opening Hours Beginning 2015
- Tuesday 21 January (8 –12pm + further if necessary)
- Wednesday 22 January (1pm-4pm)
- Tuesday 27 Jan (Staff only: From 8am as necessary)
- Wednesday 28 Jan (Year 7 First Day : From 8am as necessary)
- Thursday 29 Jan (Whole School: From 8am as necessary)

Students requiring extra small or larger sizes should book a fitting appointment this year to ensure items are available for commencement of 2015. Bookings available 24-29 November (including Saturday) from 8am—4pm and on 2nd–4 December from 8am-12pm.

Warm winter jackets will be available and on display (not compulsory)
Please note these times to avoid queues and long waits for service next year.

Fitting appointments are available online for new students. Orders can be placed and goods posted home if required.

NORMAL HOURS—SCHOOL TERM
TUE 8.00-11.00am
&
WED 8.00-10.00am

Uniform Shop Phone 49689987 shop hours
0424015192 mob

E-mail san.clemente@bigpond.com
Web www.alintaapparel.com.au

San Clemente High School Canteen

Term 4 Week 7 & 8 Weekly Specials
Gourmet Sandwich $4
Variety of Salads $4
Fritatta $4

UNIFORMS FOR SALE- VERY GOOD CONDITION
2 pair of near new size 14 formal boys shorts
$20 each. 2 size 10 formal shirts great condition
$15.00 each. 1 pair sports track pants
size 12 $15.00. Mobile: 0421630008

SFX UNIFORM: Purchased beginning of term
2 worn for this term only. Jacket size 3XL,
Pants size XL, 2 Shirts size 26 and tie. All has
been professionally dry cleaned. $150 for
the lot. Please contact Nicole on 0404 182 656

SFX UNIFORM: Girls Size 16/18 Skirt, Blazer,
Shirts x 2, jumper, socks and accessories
$100 the lot: Phone 0412 895003

Week | Monday | Tuesday | Wednesday | Thursday | Friday
--- | --- | --- | --- | --- | ---
Week 7 17 November | L Thomas | A Spooner | HELP | HELP | J Battrick
| | | | | | L Porter
Week 8 24 November | HELP | S Valentinis | K Pendergast | S Trehare | HELP
| | M Alterator | | C Daniels | |