Dear Parent/Carer, Students & Friends of San Clemente

San Clemente is in the process of embarking on a very exciting journey in both areas of student wellbeing and teaching and learning. With regards to wellbeing, I commented last week in Veritas that the school had made a firm decision to adopt the ‘Positive Education’ framework which would help drive our program and culture in years to come. On Monday and Tuesday of this week, our 2015 Years 7 and 8 Pastoral Care Teams attended training which was held at Newcastle Regional Library. Our facilitator was Dr Steve Zolezzi who is Head of Positive Education at Knox Grammar School in Sydney. Steve is also a Registered Psychologist and Member of the Australian Psychological Society. He has presented at numerous National and International Conferences on Positive Psychology and he recently presented at the First North American Positive Psychology National conference in Toronto.

These two days of training were overwhelmingly energising and inspiring for our staff in attendance. We left with a clear vision and direction for providing a sustainable wellbeing framework that will undoubtedly improve the lives of our students and community. Positive Psychology is grounded in the belief that people want to lead meaningful and fulfilling lives, to cultivate what is best within them, and to enhance their experiences of love, work, and play. It represents a commitment to the sources of psychological wellness, such as positive emotions, positive experiences, positive environments, and human strengths and virtues (Lyubomirsky, 2007). Importantly, it is based on scientific research and is backed by evidence that it does significantly improve wellbeing.

As mentioned in the previous newsletter, we will be rolling out this program for Years 7 & 8 next year which will flow into Years 9 & 10 in subsequent years. During the remainder of this term, we will be devising a Stage 4 program scope and sequence, along with explicit lessons plans for Term 1 2015. Our Stage 4 pastoral teams have discussed specific areas of focus that we feel are important in targeting particular areas of need for this adolescent age group. In order to best achieve whole school change in the area of wellbeing, the principles of positive psychology need to be embedded within the San Clemente community: the classroom, sporting field and co-curricular activities, year group meetings, assemblies, liturgies and so on. Its impact will not only be seen with our students but also staff and hopefully parents. This will be achieved through a solid commitment to staff training and working hard to ensure it becomes part of the daily language used at school and within our community.

San Clemente is a progressive school and it is an exciting time to be associated with it. I am looking forward to keeping you informed of our progress with this new wellbeing venture and, importantly, the benefits we will witness with our students and community.

Mr Scott Donohoe, Assistant Principal, Pastoral Care
Assistant Principal—Curriculum Report

Year 9 and 10 students have been emailed copies of the Yearly Exam Timetables, which are also published in this newsletter. These exams will be held in Week 6 and 7. Year 7 and 8 will be given notifications in class of any end of year task or exam which will take place in their lesson time rather than a specified timetable.

These notifications should make it clear to students that we are coming to the ‘pointy end’ of the year. While San Clemente works hard at supporting students in their physical, emotional and spiritual development, there is no doubt that learning is the core business of school. All of these areas require commitment and hard work.

Assessment takes place throughout the year but this term provides the final chance to demonstrate what learning has taken place. Results do not tell the whole story about a student’s development and learning, but they certainly provide some concrete information about a student’s learning. It is hard to argue that you know something without being able to demonstrate it.

Sometimes students can be anxious about tasks and exams. One way to help overcome this is to make sure you work consistently. Write down answers in your revision rather than just read it and think you know it. Attempt questions, learn material by heart if that is appropriate, practise more than you need to. No one becomes an expert or even competent by doing the bare minimum. Unfortunately some students think the bare minimum is enough.

At staff briefing this week a reflection was presented which suggested that our lives are generally a reflection of ourselves: if we show love to others, there will be love in our lives. Similarly if we have the right attitude to our learning then it is more likely we will achieve academic success, and experience the opportunities which go with that.

However, if we think that only applies in exam time we will be sadly disappointed. The attitudes, the commitment, the steady work are required all the time. Extra work is still needed in preparation for tasks and exams but it is the ongoing work, the ‘training’, which is needed to ensure the best result possible.

Good luck, or perhaps, I hope you have made your own good luck!

Mr Keirnan Williamson, Assistant Principal, Curriculum

Year 10 News

‘Supposing a tree fell down, Pooh, when we were underneath it?’ said Piglet. ‘Supposing it didn’t,’ said Pooh. After careful thought, Piglet was comforted by this.

-- A.A. Milne

With our final exam timetable fast approaching it is perhaps a good time to address the way in which students are using “self-talk” to stay motivated and positive. Recently one of the more confident and highly accomplished students in my class said “I am terrible at multiple choice questions and I have never achieved 100%”. This stuck with me for some time. I agreed with her about the difficult nature of multiple choice questions but I couldn’t help but think that this student is doomed before she even starts. In reality the same student has also never failed a multiple choice test either! This is where the practice of “Positive self-talk” can have a strong influence on motivation and confidence, can help us feel better about ourselves, builds self-esteem and creates a feeling of control over a situation. ReachOut.com describes Self Talk as “Self-talk is basically your inner voice, the voice in your mind which says things that you don’t necessarily say out loud. Often self-talk happens without you even realising it and can be a subtle running commentary going on in the background of your mind. But what you say in your mind can determine a lot of how you feel about who you are.”

Self-Talk can be either negative or positive. Negative self-talk is simply that voice in our head that can bring things down, “I can’t do this” or “I look terrible in these clothes”. As a PE teacher I would call this “Loser Talk” and it is important for our confidence that we change this to the Positive, or “winner talk”. Positive self-talk is that optimistic voice in our head that always looks on the bright side of things. This is not to say that we can walk around being positive all the time, but there are ways that we can monitor our self talk, listen to what we are saying to ourselves and counter any negativity. Those with Positive self-talk would see the upcoming exams as a challenge and an opportunity to express their skills. The student mentioned earlier can simply change her thoughts to “I am actually really good at multiple choice questions, I have never failed them and this time I will get 100%” For more tips on increasing positive self talk go to: http://au.reachout.com/what-is-self-talk

Shout Out #1: To the Year 10 leaders who gave up two days to assist with the Year 9 Leadership Days.

Shout Out #2: All this year I have been following the progress of an up and coming Harness Racing Driver Alex Wicks. Alex has just passed his trial period and will now be eligible to drive in competitive races. Great work Alex.

Important Dates:

Yearly Exams: Nov 10-13 Work Experience: Nov 17-21
Awareness Week: Nov 26-Dec 8 Graduation: Dec 9

Uniforms

If you have any used uniform items, still in reasonable condition, we would be grateful if you would donate them to our clothing pool. We are often able to help those less fortunate and maintain uniform standards at school. Thank you.
Year 9 Matters

Last Wednesday and Thursday, Year 9 was involved in two days away from the school environment that focused on community building and leadership. Both days were full of smiling faces, laughter, team work, encouragement and a strong sense of community. Year 9 is to be commended for their ability to stay focused and committed throughout both days and for embracing the leadership sessions and the expectations that come with being school leaders. I challenged Year 9 to embrace the qualities of geese. When geese fly in a V formation it quickly moves back into formation to take advantage of the lifting power of the birds in front. When a goose gets sick, two geese drop out of formation and follow it down to the ground to help and protect it and geese flying in formation ‘HONK’ to encourage those up front to keep up with their speed. For the remainder of this year and next year, Year 9 needs to work as a team and encourage and support one another. Develop a sense of trust and help each other to achieve our goals. To support each other in difficult times, as well as when we are strong, and when there is encouragement, production is much greater.

The process for selecting the school leaders for 2015 has commenced this week. Year 9 students who wish to nominate themselves for school leadership have requested a nomination form from myself. This requires them to outline their strengths, contribution to the school and why they want to be a leader. Towards the end of next week, staff and Year 9 students only will vote for their preferred 8 male and 8 female leaders. Once the 16 leaders have been decided, they will then have the opportunity to pursue the process of School Leader (2 males/2 females). This involves a prepared speech in front of the school body at assembly and a formal interview process with Mr Kelly and other members of the school’s executive team. I have been overwhelmed by the response and eagerness of many Year 9 students to pursue leadership in 2015 and I wish all applicants the best of luck.

The serious side of Term 4 is upon us now. Semester Two Examinations for Year 9 commence in just over two weeks on Monday 17th November. Year 9 students have been emailed their examination timetable and provided with a hard copy. I have also emailed parents a copy of the timetable. Students will also be receiving individual subject examination notifications from their teachers which outline specific examination details for each subject. It is important that students attend all examinations on the scheduled day. If genuinely sick, a note is required explaining the absence.

Continuing with the topic of examinations, it is vital that all Year 9 students prepare thoroughly to ensure they achieve to their full potential. With two weeks to go until semester examinations commence, students should be studying each night (1-1/2 - 2 hours a night is not demanding, especially when broken up into 30-40 minute time slots). Studying should involve reviewing notes, making summaries, completing practice questions. It is advisable that studying should occur in a quiet space, away from disruptions (television, computer games, mobile phones and music in the background). A healthy diet, exercise and sleep are also important. Part time jobs are very important, but surely around examination time shifts should be reduced. It is not sensible to work all weekend prior to exams starting or complete a shift at McDonalds from 5pm to 10pm during exams. If your child is struggling with a particular subject/subjects they should seek assistance from their subject teacher.

Although the end of the year is fast approaching it is still important that Year 9 students continue to wear the correct school uniform. The majority of Year 9 is maintaining this standard and I commend them and thank parents for supporting the school.

A reminder to Year 9 and parents, if you have any concerns at all (maybe about examinations) please contact me at school, 40147300 or at the following email address; patrick.doyle@mn.catholic.edu.au

A final thought Year 9, “Striving for success without hard work is like trying to harvest where you haven’t planted.”

Patrick Doyle, Year 9 Coordinator

Year 9 Yearly Exam Timetable

<table>
<thead>
<tr>
<th>Mon 17/11</th>
<th>Tue 18/11</th>
<th>Wed 19/11</th>
<th>Thur 20/11</th>
<th>Fri 21/11</th>
</tr>
</thead>
<tbody>
<tr>
<td>History</td>
<td>Science</td>
<td>Maths</td>
<td>Elective Y</td>
<td>Catch up</td>
</tr>
<tr>
<td>RE</td>
<td>Geog</td>
<td>Normal</td>
<td>Catch up</td>
<td>Catch up</td>
</tr>
<tr>
<td>Elective X</td>
<td>Normal</td>
<td>Normal</td>
<td>Catch up</td>
<td></td>
</tr>
</tbody>
</table>

All exams are 1 hour except Maths and Science which are 1.5 hours

Year 8 News

Firstly welcome back to Mrs Kate Tolfree! We hope you had a relaxing and enjoyable break; it is great to see you back!

Continuing on from last week we are focussing on resilience and managing stress this week. As we are nearing the end of the term, exams and assignments seem to be mounting up for a lot of our year 8 students. There are a few techniques that I have found handy when managing this stress:

1. **Have a plan to manage your time** - Cramming all night doesn’t usually work. Plan your study time ahead so you’ll feel confident for the exam and/or have your assignment in on time.

2. **Be healthy** - Studies show that taking the time to get some exercise and eating healthy improves performance on exams.

3. **Talk to someone** - If you find that you’re still stressed, talk to someone you trust, whether it’s a parent, teacher, our school counsellor or friend. They will help you put things in perspective.

4. **Taking the exam** - Scan each page of the exam before starting to make sure you have all the questions. This will also help you decide how much time you’ll need to complete it. Read all the instructions on the exam. Do the questions you can answer first to make sure you get the marks for them.

The above steps are simple and easy to do and I encourage all Year 8s to give them a go over the coming weeks!

Finally I would like to thank all of the parents, students and staff for the support and fun I have had whilst in the role. I have really enjoyed it. Good Luck for your exams and assignments and enjoy the remainder of the year!

Mrs B Denham, Year 8 Coordinator (Acting)
Year 7 News

Last Monday, Year 7 travelled to the Hunter Valley Zoo to learn about the various animals and enjoy some time away from daily routine. It was a most enjoyable day out and I know Year 7 had a great time. A highlight for the children was feeding the goats, where a few students had their worksheets eaten and took much delight in saying, "The goat actually ate my schoolwork!" Thank you to the Science Faculty for organising the day, especially Mrs Sharman and Mr Stuart.

As we approach Week 4 this term, we also approach the time of assessments and exams. Notifications for most subjects have been handed out or will be going out soon. These can also be found on the school website. Please stress the importance of starting early with your son or daughter and seeking assistance where necessary. A great mantra I live by is, ‘do a little a lot of the time’.

On Friday morning we will share a beautiful Year 7 Mass together. It is such a wonderful way to come together as a community and celebrate our Catholic identity. Thank you to Father Bill for leading us and to all the Year 7 students who contribute by reading. A special mention goes to Jack Robinson for his wonderful musical items.

As I mentioned last newsletter, this term Year 7 are focusing on stopping and thinking before acting or speaking. A great acronym to use when assessing this is THINK:

- Is it True?
- Is it Helpful?
- Is it Interesting?
- Is it Necessary?
- Is it Kind?

This is especially helpful when using social media. It is important to use the THINK acronym and then also further ask yourself, would you do it in real life or say the same thing in person? If the answer is no, then it is best to keep it to yourself and off the internet.

Year 7 Quiz: What did Socktober raise money for?
The first person to see Miss Cram in the playground with the answer will receive a prize.

If you have any questions or queries please email on dith.cram@mn.catholic.edu.au or call on 40147300.

Meredith Cram, Year 7 Coordinator

A message from the Feldt Centre

This term the Feldt Centre staff have been very busy engaged in meetings with parents planning for Individual Education Plans (IEP) for next year. At the same time, we have been meeting new students for next year as part of the year 7 Additional Needs orientation program. As part of this transition program we plan to host a special "get to know your school" day. This will take place on Friday Nov 21 and will be open for all students who require additional transition for their move to San Clemente. These additional needs students are identified by their current primary schools in conjunction with their parents.

If you know of a student coming to San Clemente who may require additional time getting to feel comfortable with the high school environment please don’t hesitate to contact us at the Feldt Centre. We can easily arrange an informal visit to the school and introduce the Feldt Centre so the student can feel less anxious about beginning next year.

It’s been a busy time in the Feldt Centre and the staff, including the wonderful and dedicated Learning Support Assistants (LSAs). I invite you to learn more about what we can do to assist your child by visiting the school’s new website where the role of the Feldt Learning (Support) Centre is featured.

Kevin Askie, Learning Support Coordinator

Japan Trip

San Clemente could not have been represented by a more co-operative, helpful, polite and friendly group of teenagers. They were loved by their host families for those tremendous qualities. I thank the students and parents for this.

We enjoyed ourselves at each moment of the day: from gazing at ancient temples, playing games with Primary School students, debating, winning the tug-of-war at the Sport Festival, calligraphy lesson, speeding on the Bullet Train, climbing Tokyo Tower, hearing stories from an Atomic Bomb survivor, terrifying moments at Universal Studios and Tokyo Disney, eating amazing food, playing football with a Japanese team and – OF COURSE - shopping!!

The two weeks flew by so quickly. It was time to leave host sisters and families – lots of tears and hugs. But these are friendships that will last forever. What an excellent way to foster great understanding between countries.

Thanks to Mr Stuart for coming with us and for your support, from: Taylor Stirling, Paige ONeill, Rebecca Cutler, Henry George, Jeremy Grant, Daniel Barry, Samantha Callen, Abby Rooke, Madi Norton, Trinity Worley, Aysha Arnold, Caleb Fara-gher, Boyd Williams-Styles + Mrs Daly.

Year 7 Form Mass
Friday 31st of October, 9.15am
St Columban’s Church, Church Street, Mayfield
Family and friends are invited to attend

Library and Book Hire Loans

Attention YEAR 10 students: the school year is coming to a swift close and all loans must be returned to school. Please bring your outstanding Library and Book Hire loans to the Library ASAP, or please pay for any lost / damaged items. Students with outstanding loans will not be issued with graduation tickets until all loans are reconciled. Thank you to those students who have already taken care of this. Thank you.

Mrs Hüber, Library & Book Hire
Careers........

Such a busy time of year for Year 10 students in regards to Careers. Students have now returned notes for Work Experience, First Aid and University Tour as well as undertaking study in the Work Ready and All my Own Work Program.

Interested students have been given all the relevant paperwork to be completed for Work Experience. The dates for the placement is Monday 17 November to Friday 21 November. Students will be undertaking placements from Oakvale Farm to the Police Force to Primary Teaching to Prop Construction with a local Circus. Prior to starting their placements students will have completed the Work Ready program which looks at communication in the workplace, Workplace Health and Safety and Harassment and Discrimination. Other students have also completed the Workplace Health and Safety course (White Card) as they are undertaking a placement in the construction industry. The students are all very excited and are organisation orientation meetings with their employers to better prepare them for the week.

On Monday 1 December interested students will be completing their Provide First Aid course. The normally 2 day course will be run at school and students will learn about Bandaging, Resus, Defibs etc. It is an excellent life-skill for students to have and some Employers actually pay their casual staff extra per hour if they have a current First Aid Certificate. All students have completed home study for the course into poisons, health conditions etc.

Following the First Aid course on the Tuesday interested students will tour the University of Newcastle. San Clemente Year 10 students tour the University every year and always enjoy the experience which opens their eyes to the possibility of University study.

Students enrolled at SFX will then have an orientation on Wednesday 3 December. Students will hear from current SFX students about how to better handle the stresses of the HSC and also how to involve themselves in the daily ‘madness’ that a Senior School provides.

One final thing that Year 10 students need to be completing for Careers is the All My Own Work program. This needs to be completed prior to starting Year 11. The course looks at proper and ethical practices for study in the HSC. Students are asked to complete all 5 Modules of the course and e-mail their results to me in the coming weeks. I will then sign them off and they are eligible to start Year 11 next year wherever they may be enrolled.

Helen Wilks, Careers Advisor

San Clemente on Show!

San Clemente students from Year 9 and 10 Visual Arts are currently exhibiting their photographic work at ‘Click – Schools in Focus’ at the Lake Macquarie City Art Gallery. This fantastic opportunity for our students would not have been possible without the hard work of Mr Dave Coupland and Mrs Emma McCarthy. The exhibition is open until Sunday November 30th. Do try and get out there to see some great student work presented.

On Thursday 20th November the official opening of ‘Sight and Sound’ will be held in the school library at 6pm. Including a showcase of student performances, work from Visual Arts and Textiles students, the evening will be one not to be missed. Please join us for performances, the formal opening and a light supper.

In 2015 the San Clemente community art exhibition ‘Veritas III’ will be held at the Newcastle Art Space. Opening in May, the exhibition will showcase work from artists: school staff, students and various member of the San Clemente ‘family’. Please add this to your calendar and keep an eye out for further details as the year begins.

Mrs Emma South, CAPA/LOTE Coordinator

Expression of interest for Assisted Travel Support Officer (ATSO)

The Assisted School Travel Program (ASTP) often provides additional support to students with disabilities on transport. Assisted Travel Support Officers (ATSOs) support students with complex health or behaviour needs to ensure their safe travel to and from school. If you are interested in temporary part-time work as an ATSO the following website contains information on how to apply for the position. www.schools.nsw.edu.au/studentsupport/programs/astp/index.php

For further information please contact ASTP on 1300 338 278 or email ASTP at atso.astp@det.nsw.edu.au
Leader Laptop Program—Year 7 & Year 9 Students 2015

All orders are to be made online by going to the Computer Doctor Newcastle shopping Portal at http://computerdoctor.cart.net.au/

Can you please register and order by October 17 2014.

Payment can be made immediately OR deferred - however all payments must be settled by December 1st 2014

Parents with genuine financial hardship concerns, can you please organise an appointment with Mr Kelly ASAP to make alternate arrangements for payment.

The laptops will be delivered to the school at the start of term 1 2015. They are yet to be manufactured.

For a step by step video on how to place an order please go to http://youtu.be/sNo0Pg6iSfs

If you have any questions, please contact Mr Newman by email steven.newman@mn.catholic.edu.au

Leader Laptop Program 2015 - Year 8 & Year 10 Students 2015

This year, your child participated in our 1:1 program with the Surface RT as the device to be used for our curriculum at San Clemente.

Whilst many students’ devices are still functioning there are many that have been damaged. An unforeseen issue with the Surface RT is that the device is unable to be repaired. Once damaged, they need to be replaced and this is not covered under warranty. If your child’s device is damaged, it is expected that it be replaced so they can access the curriculum on offer at San Clemente.

Next year, the 2015 Year 7 and Year 9 groups (current Year 6 and Year 8) are required to purchase the LeaderTab W220 from the Computer Doctor Newcastle.

We are extending this offer for next Year’s Year 8 and Year 10 (current Year 7 and Year 9) that have devices that are damaged and need replacing. It is preferred that you purchase the LeaderTab W220 from the Computer Doctor Newcastle rather than another device. It costs $659 and it is highly recommend the case be purchased as well for $28.

We have opted for the LeaderTab W220 as our preferred device at San Clemente as it is a more robust device than the Surface RT. It is a full functioning Windows 8 computer and it can be repaired. Also, by going through one retailer students can bring the device to school and we can arrange for the repair from a centralised location rather than parents travelling and organising repairs.

**If your Child’s Surface RT is still functioning then there is no need to purchase another device.** However, please consider purchasing a robust case for it. If you do want the LeaderTab W220 you are more than welcome to purchase it.

If you need to replace your child’s device please visit the San Clemente Cart at http://computerdoctor.cart.net.au/ . Register and then place an order. Orders are due by October 17 and payment finalised by December 1st. The laptops will be delivered to the school at the start of Term 1 2015. They are yet to be manufactured.

For a step by step video on how to place an order please go to http://youtu.be/sNo0Pg6iSfs

If you have any questions, please contact Mr Newman by email steven.newman@mn.catholic.edu.au

Thank you for your ongoing support.

Keiran Williamson, Assistant Principal (Curriculum)

---

SCM Parents & Friends Association

Our fundraising BBQ at Masters Heatherbrae is on this Saturday from 8am-4pm. A huge thank you to the many parents, grandparents and staff, who have volunteered their time to help raise money for our kids. We look forward to seeing many of our SCM community coming along and buying a perfectly cooked sausage sandwich, a mouth-watering bacon and egg roll or cooling off with a cold can of drink.

Whilst you are there – don’t forget to buy your tickets for the Movie Event on Friday, 21st November, at Scotty’s Cinema Centre Raymond Terrace, starting at 7pm. It is the official launch of Hunger Games: Mockingjay Part 1. Tickets are $15 per person and include entry and the chance to win one of MANY, MANY, MANY Lucky Door Prizes.

Tickets can also be ordered and paid for via Direct Debit also; just email how many tickets you need and we will send you the account details. Then your tickets will be sent home with your child / children.

Please support the SCM P & F in our fund raising efforts for our kids.

Anne-Marie (P & F Secretary) anne-marie.kelly@mn.catholic.edu.au
An evening with Craig Moore

Craig has worked with children who display challenging behaviours for the last 15 years. Come along and hear him speak about

Setting boundaries for your children:
Some tips for parents with a little focus on special needs children & technology.

November 5 November, 2014
6:30pm for a 7:00pm start
St James’ Primary School Hall
Vista Parade Kotara South

All welcome! R.S.V.P. Essential
Register now to secure your seat
www.mn.catholic.edu.au/register

Light Supper provided
FREE EVENT!

For further info please contact
Cath Garrett-Jones
Parent Liaison and Resource Officer
P 4979 1303
E cath.garrett-jones@mn.catholic.edu.au
San Clemente High School

UNIFORM SHOP

Opening Hours Beginning 2015

- Tuesday 21 January (8–12pm + further if necessary)
- Wednesday 22 January (1pm-4pm)
- Tuesday 27 Jan (Staff only: From 8am as necessary)
- Wednesday 28 Jan (Year 7 First Day: From 8am as necessary)
- Thursday 29 Jan (Whole School: From 8am as necessary)

Students requiring extra small or larger sizes should book a fitting appointment this year to ensure items are available for commencement of 2015. Bookings available 24-29 November (including Saturday) from 8am—4pm and on 2nd–4 December from 8am-12pm.

Warm winter jackets will be available and on display (not compulsory)

Please note these times to avoid queues and long waits for service next year.

Fitting appointments are available online for new students. Orders can be placed and goods posted home if required.

NORMAL HOURS—SCHOOL TERM
TUE 8.00-11.00am
&
WED 8.00-10.00am

Uniform Shop Phone 49689987 shop hours
0424015192 mob
e-mail san.clemente@bigpond.com
web www.alintaapparel.com.au

San Clemente High School Canteen

Term 4 Week 5 & 6 Weekly Specials
Gourmet Smoked Salmon Sandwich $4
Warm Thai Beef Salad $4
Fritatta $4

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 5</td>
<td>J Gill</td>
<td>T Balkin</td>
<td>HELP</td>
<td>S Roberts</td>
<td>C deVos</td>
</tr>
<tr>
<td>03 November</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>HELP</td>
<td>M Robinson</td>
<td>D Cole</td>
<td>S Trehare</td>
<td>M Monin</td>
</tr>
<tr>
<td>10 November</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

UNIFORMS FOR SALE AS NEW CONDITION
2 pair of near new size 14 formal boys shorts
$20 each
2 size 10 formal shirts great condition
$15.00 each
Mobile: 0421630008