Dear Parent/Carer, Students & Friends of San Clemente

National Family Week has firmly established itself as the largest annual celebration of families and positive family values, inspiring a new generation to champion and cherish family life. The week creates a wealth of opportunity for families to spend time together. The San Clemente School Community is inviting family and friends to a Family and Friends Mass on Sunday 25 May at 8.00am at St Columbans Church, Mayfield. We look forward to seeing you there. Our community well represented.

Families Stronger Communities: The top ten tips for Stronger Families and Stronger Communities this year are:

1. Join a local community group and participate in local events
2. Encourage each other and offer support
3. Value everyone’s contribution to family life
4. Do something with your family to help others
5. Take time to talk with, and listen to, family members
6. Respect the differences in your family
7. Ask for help when you need it
8. Celebrate your family’s achievements
9. Build relationships with older relatives and community elders
10. Keep active and eat well together as a family

San Clemente has recently established a ‘Love of Learning Committee’ to review our whole school curriculum. With our graduating students entering the world and workforce of an ever changing 21st Century, we must ask ourselves—how can we best equip them. To be successful, well adjusted and participating members of the 21 Century, our graduates need to possess:

- a spiritual dimension
- life long learners
- team players
- Independent workers
- Critical thinkers
- Problem solvers
- Creative thinkers
- Sense of citizenship with compassion, social skills, commitment to social justice

To ensure that San Clemente will be turning our graduates with the above attributes it is time that we commence a review of our whole school curriculum.

The areas that will be open for review will include:

- Current Reporting system (long term goal)
- Assessment—looking at its variety, flexibility, relivance, accessibility, project based learning student choice.
- Teaching Programs—pedagogy, outcomes driven, differentiation, team teaching, peer observation, cross KLA
- Structures—classroom spaces and furniture teaching, timetable structures.

These are exciting times to be involved in education. It reminds me of a saying one of my Education Professors would quote back in the early 1980’s—“the only constant in education is change”. How right he was!

Thank you to the parents who responded to my plea for additional assistance in the canteen. With the new, fresh and expanded menu the demand for extra volunteers is critical. The fabulous new menu, much appreciated by both students and staff is very labour intensive. If any mums, dads, & grandparents can spare some time... We would greatly appreciate it.

Peace and Best Wishes

Tony Kelly, Principal.
Assistant Principal (Pastoral Care) writes

Is your child a ‘catastrophiser’? Michael Grose, author of numerous parenting books, recently discussed how to manage those children who automatically assume the worst case scenario for new or risky situations. Whilst reading his blog (http://www.parentingideas.com.au/Blog), I could not help but reflect on some of our students and the difficulties they experience, at times, in managing particular situations that are outside their comfort zones. The tendency for some is to exaggerate their concerns and subsequently put undue stress and pressure on themselves. "The default mechanism in their thinking" proposes Michael Grose, “always goes to the most negative outcome possible”. He elaborates in saying that “Catastrophising makes kids feel miserable. Worse, they often don’t want to do anything because they expect the worst possible outcome.” As parents, does this sound familiar?

We need to challenge young people who have a tendency to think the worst and empower them with positive thinking skills. This author suggests the following advice when dealing with those children who catastrophise:

◊ “What’s the most likely scenario?” This question encourages more rational thinking in a situation.
◊ “Does it really matter?” Discuss the worst possible scenario but, in the end, life still moves on.
◊ “Where does this fit on the mood meter?” Provide perspective by asking them to rate their worry out of ten in terms of how important the issue really is.
◊ “That’s unhelpful thinking”. Anxiety can be caused by unhelpful thinking that is not in touch with reality. We need to help replace these extreme thoughts with reasonable, realistic thoughts.
◊ “Replace extreme words for feelings with more moderate descriptors”. We need to focus on helping young people change their extreme language (for example, “It’s a disaster”, “I will fail” or “I can’t stand it”) with more moderate language. Although this may be viewed as only minor, extreme language can lead to extreme thinking.

Often our students simply need some guiding questions during stressful moments, along with a calm approach, to assist them in gaining a healthier perspective. We need to be mindful of the fact that young people’s minds can be erratic, quickly assuming the worst at times. This has a significant impact on their well-being; however, if they are surrounded by perceptive and caring adults who can appropriately intervene, happiness, not anxiety, is a more likely result.

Mr Scott Donohoe, Assistant Principal, Pastoral Care

Assistant Principal—Curriculum Report

NAPLAN testing was completed last week. Thanks to all students for their cooperation and mature approach to the tasks. Thanks to all the staff who helped the process run so smoothly. This sort of testing can seem to be an imposition on the school but there is certainly useful information provided to the school and to individual students and families.

The school is again asked (although we don’t get a choice!) to participate in similar testing as a PISA Field Testing School. This will involve about 50 randomly selected 15 year old students, almost all Year 10. These students have already been notified by mail. The testing will happen on June 17. Students will complete one or two tests either written or computer based. Areas addressed include literacy and numeracy, scientific understanding and financial literacy. PISA is the international testing process. We often hear about it in the news when articles discuss how we are faring in schooling compared to other countries.

Year 9 exams start on Monday May 26. Only two exams are scheduled for each day. Students have been provided with their timetables which is also available on MNLive. It is important that students try to remain fresh and calm during the exams. Get plenty of sleep, go over your summaries of work before the exams (You do know what is on the exam, don’t you?!). Not all subjects have exams in the Exam period: some will have an assessment task in class during or near the time, others will have practical assessment.

Year 10 exams are scheduled for the following week. Students should have developed a revision plan and be using it during this last week of preparation.

Good luck to all in the exams.

Mr Keiran Willamson, Assistant Principal, Curriculum

Year 9 Semester One - EXAM TIMETABLE
Week 5 – Monday 26th May - Friday 30th May

<table>
<thead>
<tr>
<th>Day</th>
<th>Subject</th>
<th>Periods</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon May 26</td>
<td>Maths (Pd 1, 2)</td>
<td>(Pds 1, 2)</td>
<td>Normal Classes</td>
</tr>
<tr>
<td>Tue May 27</td>
<td>Elective X (Pd 2, 3)</td>
<td>(Pds 4, 5)</td>
<td>Pd 6 Normal Classes</td>
</tr>
<tr>
<td>Wed May 28</td>
<td>Science (Pd 1, 2)</td>
<td>(Pds 4, 5)</td>
<td>Pd 6 Normal Classes</td>
</tr>
<tr>
<td>Thu May 29</td>
<td>Normal classes</td>
<td>(Pds 4, 5)</td>
<td>Pd 6 Normal Classes</td>
</tr>
<tr>
<td>Fri May 30</td>
<td>Elective Y (Pd 1, 2)</td>
<td>Normal Classes</td>
<td>Sport</td>
</tr>
</tbody>
</table>

Note—Any students absent on Monday, Tuesday and Wednesday will spend Thursday doing catch up exams and Pds 3-4 on Friday. Further catch up exams will continue during Week 6 during Year 10 examinations

Year 10 Week 6 (June 2-6)

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<tr>
<th>Day</th>
<th>Subject</th>
<th>Periods</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon Jun 2</td>
<td>Elective X (Periods 2, 3)</td>
<td>Period 1 normal</td>
<td>P6 normal class</td>
</tr>
<tr>
<td>Tue Jun 3</td>
<td>Science (Periods 1, 2)</td>
<td>Period 3 normal</td>
<td>P6 normal class</td>
</tr>
<tr>
<td>Wed Jun 4</td>
<td>Elective Y (Periods 2, 3)</td>
<td>Period 1 normal</td>
<td>P6 normal class</td>
</tr>
<tr>
<td>Thur June 5</td>
<td>Normal Classes Catch ups</td>
<td>Normal Classes Catch ups</td>
<td>Normal Classes Catch ups</td>
</tr>
<tr>
<td>Fri Jun 6</td>
<td>Normal Classes Catch ups</td>
<td>Normal Classes Catch ups</td>
<td>Sport</td>
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</tbody>
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Year 9 News

I would like to share with you this week the message that was the focus of Wednesday’s Year 9 Year Meeting. I played for Year 9 a You Tube clip titled, “The Power of Words”. All I will say about the clip is that it features a blind man and the link is below - as I would like you to watch it, and feel free to comment. http://www.youtube.com/watch?v=HzgZim5m7oU

The clip finishes with the statement, “Change your Words, Change your World”.

I challenged Year 9 to focus on the above statement, as every word that comes out of their mouth, impacts on themselves and others. Words have the power to make somebody happy, feel appreciated, loved, worthwhile, valued and respected. Words unfortunately can also be used in a negative way. They can make people feel sad, hurt, lonely, not appreciated, worthless and empty. Words today do not have to be spoken; they are used through texting and social media and their impact can be extremely damaging. Year 9 were asked to not only eliminate negative words to change their world, but importantly, to change the world of others around them.

A reminder that Year 9 examinations commence this coming Monday 26th May and conclude on Friday 30th May. No exams are scheduled for Thursday, so this will be a normal school day for Year 9. The examinations were originally planned to finish on the Thursday, however, this has been changed to the Friday in an attempt to space the exams out to reduce the stress and demands on the students. Last week during their pastoral lesson Year 9 students received useful study tips and information. They were also given an A3 planning sheet to help them record and organise their assessment tasks for each term and to design a study timetable. All students have a copy of their examination timetable. It is important that they have the correct equipment for their examinations (blue and black pens, calculator, ruler and protractor). Your child should currently be studying and revising their work at home for at least 2-3 hours a night to adequately prepare for their examinations.

As the weather turns cooler students start to improvise with their uniform. Beanies are not allowed, scarves are but they must be black or white only. Only official school jumpers and cardigans with the schools crest are to be worn. Students are able to wear garments under their school jumper provided they are out of sight and do not interfere with the school uniform. Thank you for your support with this matter.

A special shout out to Solomona Puru, Benjamin Whitty and Matthew Whitty who were successful in gaining selection in the Diocesan Under 15 Touch Football side. The boys travel to Wagga Wagga early next term to play against the best catholic touch players in the state. Good luck boys.

A reminder to parents and Year 9 students; the school library will be open every Thursday afternoon from 3-4pm for Year 9 and Year 10 students only. Students may use the time to complete homework or work on assessment tasks. It will be staffed by teachers including myself who can assist students with their academic work.

A reminder to parents of Year 9, if you have any concerns at all please contact me at school on 4014 7300 or on the following email address; patrick.doyle@mn.catholic.edu.au

A final thought Year 9: “The mind is not a vessel to be filled, but a fire to be ignited.”

Mr Patrick Doyle, Year 9 Coordinator

Year 8 News

At our assembly this week I was very proud to hear Mr Donohoe congratulate the Year 8 students on their standard of uniform. The majority of year 8 are wearing their uniform correctly! Many students received merit awards and it is a pleasure to hand them out.

This week is National Families Week and our reflection for the assembly was about family. I asked the students to think of their family and something within their family unit that they are grateful for, I also asked them to ponder on a hope for their family. The other aspect of our reflection we thought of Mrs Erin O’Dwyer and her children Ruby and Jordan, a dear SCM past staff member, who tragically and unexpectedly lost her husband just prior to Christmas 2013. The family unit is the basis for society and the family is responsible for the care and nurturing of the child. It is also the unit where social norms are displayed and taught.

A very wise person said to me one day that the most important investment I can make in life is TIME…. Time spent with my children. Sure as they grow and develop as teenagers they have very different interests and passions than what we as adults and parents do, but allowing and fostering their development and displaying a real interest by engaging with them shows them that we love, care and support them. Teenagers are very good at recalling when they were last in trouble from mum or dad or from a teacher at school, however, what is more important but more difficult for them to recall is the positive interactions and feedback that they receive from parents or teachers.

High Fives The u 14’s Knights Knockout Team and Bill Turner Cup Teams – great effort

Until next fortnight!

Mrs Tolfree, Year 8 Coordinator

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School Email Contact / School Website

With immediate effect we have been directed to change the user address for emails to the school email address. This is changing from ‘admin@sanclemente.mn.catholic.edu.au’ to admin@mayfieldsanc.catholic.edu.au

The website address has also had a change to: http://www.mayfieldsanc.catholic.edu.au
**Late Arrivals at School**

Students arriving late to school must sign in at the Front Desk. This will avoid a worrying text message being sent to their parent/carer. Students late to school receive a ‘Late Slip’ which when presented to the class teacher explains the lateness. In situations such as late buses and the like, a student will not be penalised for being late. Please remind your child of the procedures and consequences.

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**Year 10 News**

Year 10 Half Yearly exams are just around the corner and I am sure students are busily preparing as best they can. A talk from Newcastle University on Tuesday provided some more study tips for students and this was reinforced on Wednesday during Pastoral Periods. Students received several pages of information on how best to organise your time and prepare or “study” for upcoming tasks. At the top of their study guide was an essential tip that I have advocated in this newsletter a number of times. Many students giggled when I emphasised it’s importance however I can’t emphasise enough the need for SLEEP!

Sleep plays a vital role in good health and well-being throughout your life. Getting enough quality sleep at the right times can help protect your mental health, physical health, quality of life, and safety. Getting enough quality sleep **at the right times** (it’s not about sleeping in!) helps you function well throughout the day. People who are sleep deficient are less productive at work and school. They take longer to finish tasks, have a slower reaction time, and make more mistakes. After several nights of losing sleep—even a loss of just 1–2 hours per night—your ability to function suffers as if you haven’t slept at all for a day or two. Something to consider as you approach exam time.

The way you feel while you’re awake depends in part on what happens while you’re sleeping. During sleep, your body is working to support healthy brain function and maintain your physical health. In children and teens, sleep also helps support growth and development. Sleep helps your brain work properly. While you’re sleeping, your brain is preparing for the next day. It’s forming new pathways to help you learn and remember information. Studies show that a good night’s sleep improves learning. Whether you’re learning math, how to play the guitar, how to perfect your golf swing, or how to drive a car, sleep helps enhance your learning and problem-solving skills. Sleep also helps you pay attention, make decisions, and be creative. So my #1 Study Tip – Year 10=10 hrs SLEEP!

**Retreat:** Year 10 Retreat is also not far away – Week 8, June 18-20. Newsletter I will explain the purpose and benefit of our Retreat for students. In the mean time I would appreciate all paperwork returned ASAP. Of importance is the Meducal and Behaviour notes. These are absolutely essential documents. Please have these returned to me before next Friday.

Any questions about Retreat or other Year 10 matters, please do not hesitate to contact me.

**Shout Out #1:** I had the pleasure of taking my Year 10 PASS class to Shortland Golf Driving Range this week. A number of members of the public commented on their excellent behaviour. Of note were a number of budding female golf stars including Ashleigh Wilbow, Taylor Walton, Kirra Hayter, Alexandra Hay and Julia Clarke. (Chelsea Gilbert – You are nearly there!)

**Shout Out #2: U/16 Knights Knockout Team** played this week. I have thoroughly enjoyed our couple of training sessions and the manner in which you played as mates. Well done boys.

*Nathan Beckett, Year 10 Coordinator*

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**Year 7 News**

Term 2 is now in full swing and Year 7 have continued to maintain their high standards in regards to application, organisation, attitude and manners. With assessments commencing for most subjects it is vital that students’ maintain these habits and ask for help is required.

Uniform continues to be worn to a very high standard. It was lovely to share a “hot chip lunch” with 7 Polding and 7 Jones last week to celebrate their outstanding success in Term 1. I sincerely apologise to the students that have uniform orders still outstanding. I have been assured they will be here by the end of the month. If your child does have any uniform issues please send them with a note to explain the situation. A few reminders, high top joggers are not allowed and socks need to be above the ankle.

Immunisation is coming up again for Round 2. If your child received their first dose at school they will be able to continue with the process. If they missed the first round they can get the first dose if they have their paperwork in order. This will take place on the 29th May and follow the same process as last time.

Term 2 has revealed a few ‘friendship issues’. It is great to see Year 7 students making new friends and stepping outside their comfort zone. However, this has also exposed the need for some coping strategies for when things are not going to plan. Building resilience in our children is extremely important for them to keep things in perspective and move on from minor disagreements. You can help to promote a lasting sense of resilience in your kids by having a positive attitude yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a ‘you can do it’ attitude for your child when he meets some of life’s curve balls. Look for teachable moments. Many kids’ learning opportunities are disguised as problems. Help your child to work things out by asking questions rather than offering advice. That way they own the problem solving and build confidence in themselves. Make kids active participants in the family. Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience. Build kids coping skills. There are plenty of strategies you can pass on to kids to help them cope when life doesn’t go their way, including acceptance, getting away for a while and normalising ‘teenage issues’. It is a time of great change with ups and downs and that is a normal part of being a teenager.

**Year 7 Quiz: What does ‘PEEL’ stand for?**

The first person to find Miss Cram on the playground will receive a prize. If you have any questions or queries please email on mere-dith.cram@mn.catholic.edu.au or call on 40147300.

Meredith Cram, Year 7 Coordinator

**MATHS NEWS**

If any student is interested in competing in the Maths Competition, they should see their Maths teacher.

Examinations are coming up! Years 7, 8 and 9 will sit their half-yearly exam next week in Week 5 and Year 10 the following week in Week 6. Notifications have been brought home by students, so there’s no excuse not to study! Teachers are also informing students of exam topics. These will be everything that has been taught this year.

**Good revision for exams is:** Examples given in class, Topic tests, Chapter Reviews

Don’t forget that calculators may be purchased from the school for $25. These will be engraved by the student’s Maths teacher and will be needed for Years 8, 9 and 10 for their exams.

*Mrs Patricia Murray, Maths Coordinator*
English News

Year 7 received their assessment notifications last week and should be in the process of working on these tasks. Year 7 will be assessed in Week 6. Please ask your teacher if you are unsure. Remember that we are here to guide you in your learning.

Year 9 and 8 have also received their notifications and should be working on their tasks, which are also due in Week 6. Please note that Year 9 will not be sitting an exam during the exam period. (Week 5)

Year 10 will receive their notifications in Week 5, with the tasks being due in Week 7 (the Tuesday after the Long Weekend). Please note that Year 10 will not be sitting an exam during the exam period. (Week 6)

As you can see, it is an extremely busy time for both students and teachers. If you have any concerns, please email me on the address below.

Ms Brennan, English Coordinator, karen.brennan@mn.catholic.edu.au

DIO Sounds 2014

The time has come again for DIOSONUDS! Diosounds is a diocesan event that displays the many talents of our students and takes place at the beautiful Civic Theatre. This year our school will be performing two pieces: “Riptide” by Vance Joy and a self-devised composition by some of our very talented percussionists! We will also be enlisting the talents of our drama/dance students, who will be performing a movement piece to accompany one of our songs, as well as our art students, who will be using their photography skills to create a backdrop for our performance. If any students are still interested in being a part of this amazing event – either performing or assisting backstage – they need only come to the lunchtime rehearsals or talk to Mrs Marsh or Miss Hook. Tickets for this event are available through any Ticketek office or by calling Ticketek on 49291977. Cost for the tickets are $30 per adult and $15 for students and concession card holders. Please come along and support our very hard working and talented students. If you have any questions about this event please feel free to contact Elizabeth Marsh (music teacher), Geraldine Hook (Music Teacher) or Emma South (CAPA/LOTE coordinator).

DIOSONUDS TEAM

Library News

The Library has a display of intricate Egyptian artifacts made by Year 7 students – there are also photos on the website. Here’s the student review of the week:

Eragon written by: Christopher Paolini

This wonderful book explodes your imagination. Dragons, Elves, Princesses - this is like a dream come true for any fairy-tale. This book explores the land of Alagaesia who is ruled by a greedy Galbatorix. It talks of a farm boy who finds a dragons egg. Eragon and Sapphire go on adventures and meet a few people on the way. If you haven’t read this book yet, then I suggest you do because it will BLOW YOU AWAY!!!

Jean Simpson, Year 10

English News

RELIGIOUS STUDIES NEWS

CELEBRATING ‘NATIONAL FAMILIES WEEK’. YOU ARE INVITED TO ATTEND A COMMUNITY GATHERING AT SUNDAY MASS.

DATE: SUNDAY 25TH MAY
LOCATION: ST COLUMBAN’S CHURCH - CHURCH STREET MAYFIELD
TIME: 8.00AM

HOPE YOU SEE YOU THERE!

All years are well into the units of work for Term Two and classes have been working on assessment tasks within class. Year 7, in groups, are making a board game based on the covenants and symbols within the Hebrew Scriptures, this is due weeks 6/7. Year 8, in groups, are creating a theme based liturgy due in Week 6. Both of these groups have a written component to their task which needs to be completed and handed in on the due date. Year 9 will be sitting their exam on ‘World of Religions’ next Wednesday and Year 10 are also working in groups to create a digital museum of key events, significant people and the uniqueness of the history of the Catholic Church in Australia. Year 10 will be sitting their exam on Monday Week 6 and will need their museum to be completed by this day and emailed to their class teacher. NB: The Year 10 exam is open computer so devices need to be fully charged for this day.

Class Masses will continue after the Year 9 exams.

9.6 mass will be on the 3rd of June and 9.5 the 10th of June.

Rosemary McAllister, Religious Studies Coordinator
As You Like It’ Drama Excursion

The Year 9 and 10 Elective Drama students attended the SFX production of “As You Like It” at the Civic Playhouse on Friday 16th May. It was a wonderful opportunity for San Clemente students to experience the work of fellow student actors and see what can be achieved. Congratulations must go to Mr Patrick Campbell, the teacher responsible for the production, on a fantastic job. Our students were certainly inspired by the performance and are eager to study Drama at the HSC level.

Congratulations to former San Clemente students involved...

On stage - Rachael Green, Ashley Lord, Kier Vella, Brianna Wood, Victoria Raso, Mia Bodewes-Bainbridge, And working ‘behind the scenes’ Eden Bourne, Sophie Dunn, Nicole Chalker, Lydia Cole, Shannan Lovell, Carmen Mills, Jarrad O’Neill, Jordan Neilson, Teagan Pattison

A very proud San Clemente community roared and cheered with applause for you all!

Emma South, CAPA Coordinator

Cheerleading 2014

The San Clemente Cheerleaders are hard at work preparing for the Winterfest competition at the Sydney Sports Centre, Homebush, on Sunday the 15th June.

We have one Level 2 Team, the Panthers, which are currently creating a complex mix of tumbling, stunts and pyramid in what will be a showcase routine.

The 19 students from years 8,9 and 10 should be congratulated on their consistent hard work during sport times and lunch time practices.

We wish them all the best for Winterfest.

A reminder that the annual cheer cost of $50 is now due,

It will go towards competition entrance, insurance, cheer clinic, bows and music.

The Cheer Clinic is scheduled for the 23rd of May, Friday of week 4. This clinic is compulsory for all the team. Any questions, please don’t hesitate to contact the school.

Ms Julia Nolan, Cheer Group Leader

ASPIRE—Music Dance Drama

‘A Night in the Forest’

The 2014 production is based around Shakespeare’s A Midsummer Night’s Dream. Our talented students from across the Diocese will be sure to entertain you in music, dance and dramas as they bring this much loved story to life. There are some wonderful surprises in store for audience members of all ages as our Artistic Director, through the work of the Ensemble Directors, has produced spectacular performance work that has allowed students to really shine.

Again the performances are at the Civic Theatre. Don’t miss out on this opportunity to enjoy the contemporary performance work and to actively support the development of the creative and performing arts in Catholic Schools.

We look forward to seeing you at either Matinee performances or at one of the evening performances of “A Night in the Forest”

Craig Wattam, Aspire Chairman

SRC News!

The team continues to meet every second Tuesday and during this week’s meeting several suggestions of improvements to the school and fundraising ideas were raised. The students with support of their commerce teacher Mrs Pruteanu are developing incentives to encourage recycling within the school. Many suggestions were also made on how to improve the litter issues around the school.

Students raised many ideas for fundraising including, a car wash and movie lunch days. During this term the SRC and P&F will be working to support and raise funds for improvements around the school. This initiative begins this week with the selling of chocolates at school.

SRC Team
Representative Sport — Term 2

Rep Sport Results

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<tbody>
<tr>
<td>7/8 Oz Tag Girls</td>
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<td>W</td>
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<tr>
<td>7/8 Oz Tag Boys 1</td>
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Boy's Bill Turner Cup

Yesterday the boy's Bill Turner Cup soccer side competed against SPX HS in their second round game of the 2014 campaign. A sun drenched school oval greeted the boys when we arrived at Adamstown and the stage was set for some cracking football.

Both teams had numerous chances throughout the first half with both Harry “Captain Courageous” Richards and Bahati “can kick a ball” Balebanga going close to opening the scoring for the lads from Mayfield. Some courageous goal keeping from Eamon Doyle kept SCM in the hunt as the whistle blew for the half time break with the scores dead locked at 0-0.

After some words of wisdom from Assistant Coach Musa “my knee’s OK” Kamara it was back out for the second half but unfortunately opportunities were few and far between for San Clemente. SPX went ahead shortly after with some quality build up play and were soon up by a second after a goal mouth scramble. The final nail in the coffin saw the final whistle blow for the half time victory over Hunter School of Performing Arts 3, SCM 0.

Special mention must go to all of the 2014 squad who conducted themselves with both enthusiasm and sportsmanship during both games. They represented SCM with honesty and integrity confirming that the spirit of fair play is alive and thriving at Mayfield.

The 2014 squad is as follows: Harry Richards (C), Patrick Nolan, Musa Kamara, Juma Saidi, Bahati Balebanga, Patrick Mududa, Bonfils Rugaruza, Dom Nunan, Jack Johnson, Rayden Hobson, Daniel De-Ridder, Matthew Gardner, Connor Davies, Bodhi Deamer, Eamon Doyle, Kaleb Cox, and Isaac Johnson.

Mr Allan - Coach

Diocesan Tennis

Two of our talented players competed on Tuesday at District Park, Broadmeadow. Dylan Williams, Year 10 was narrowly beaten in the semi finals. Year 10 players compete against years 11 and 12. He assures me that he will win next year. Shayla Martin, year 10 was also just beaten in the final. Congratulations to two enthusiastic sportspersons who always demonstrate great sportsmanship. They are a credit to parents and outstanding representatives of San Clemente.

Year 10 Pass Classes

The behaviour of these students at the Golf Practice Range was outstanding on Tuesday – such was the comment by the professional. They were cooperative, enthusiastic & helpful to the employees during the session. Well done! Another example of the high calibre of students at San Clemente.

R. Daly, Sports Coordinator

Girls Bill Turner Trophy Round 2

A golden goal extra-time victory over Hunter School of Performing Arts in round 1 meant the team travelled to Macquarie College for their second round match. With Chloe Charlton (captain) injured, Aimee Murphy led by example in the first half, supported by her midfield counterparts Emily Stark, Jessica Lindstedt, Emily Malone and Tiarne Pizzuto. Our defence absorbed the oppositions attacking threats through close marking and tackling by Josie Jamadar, Sophie Caponecchia, Tupou Pifeleti, Lauren Mulholland and Baillie Wheatley. Our two speedy strikers Grace Compton and Georgia Craig caused the Macquarie College back four many problems but couldn’t break the deadlock and at half-time, the score was 0-0. The close tussle continued into the second half with both teams threatening in attack. Macquarie College eventually scored with 5 minutes to go, winning the game 1-0. Special mention to Tabitha O’Neill, our goalkeeper, who made several outstanding saves throughout the match. Thank you to all parents who helped with transport and supported the girls over the two matches.

Mr Nicholas Marsh, Coach

Sport Star Interview by A Zerbes House Leader

Name: Wade Faulkner Yr 10 Softball

Q: At what level do you play?
A: State level and have played against Japan and New Zealand.
Q: How often and where do you train?
A: In peak season, 4 times a week; play twice. I train in Newcastle & Sydney.
Q: Who are your most important supporters?
A: My parents, I cannot do without them.
Q: How do you relax?
A: I only relax in the off-season, when I like to fish and hang out with mates.
Q: How do you balance sport and school? Although I take softball very seriously, I make sure that schoolwork comes first.
Q: What was your best and worst moment in sport?
A: No worst moment, but injuries can be a problem. Best is winning the National Australian Championships in Rockhampton.
Q: Favourite music and movie?
A: Country rock and I like Robocop.
Q: Highest level of achievement?
A: Making the All Stars Team to play Japan.
Q: What is your dream?
A: To always enjoy softball as I do now.
Calendar Dates to note
School Year 2014
26-29 May Year 9 Exams
29 May Immunisation (Round 2)
30 May Brainstorm Production Yr 9
2-6 June Year 10 exams
6 June Dio Sounds Reherasal
10 June Dio Sounds Reherasal
11 June Dio Sounds Perfromance
13 June Year 9 Form Mass
18-20 June Retreat Yr 10s
19 June History Excursion
23-27 June Work Experience Yr 10
25 June Year 10 Information Meeting
26 June Semester 1 Awards
27 June Last Day Term 2
14 July Staff Development
15 July Day 1 Term 3 for Students

Enrolments open for 2015
- Enrolment Forms are available from our School Admin Office or you can download a copy from our website http://www.mayfieldsanc.catholic.edu.au/enrolment/enrolment.htm
- Students from our feeder schools will receive forms at their school

Dear Uniform Shop Customers,
We understand the financial pressures that many families face and as a result Alinta Apparel are constantly balancing our operating costs to achieve the highest quality of garments in line with the expectations our schools and their families have come to expect.

We are continually looking at ways to operate and manufacture uniforms more efficiently without negatively impacting on the product, rights of our employees and personalised service and expectations of our schools and customers.

Despite this, we are continually experiencing price adjustments from our manufacturers and unfortunately are unable to wear the full impact of this anymore.

Please be aware that from 1st August 2014, Uniforms will incur a price adjustment. We will be holding prices until this time so you have the opportunity to make purchases at the current price.

We thank you for understanding and hope you continue to enjoy your experience with Alinta Apparel.

Alinta Apparel Pty Ltd

Dear Parents, Grandparents and Caregivers
On behalf of the student body at San Clemente we write to you in regards of the new healthier school canteen options. This new menu has provided the students and staff a healthy variety of food. Students are enjoying the new options and would hate for it to disappear. Unfortunately this may happen if we do not get canteen volunteers to assist with the making of the new menu.

We are seeking your assistance for a few hours in the morning or for a full day. We think that you would enjoy this experience as you can get to see your child’s school environment, make some new friends and know that you are assisting with making the San Clemente community a HEALTHY one. If you can help out in the canteen could you please contact the school office with the days you may be able to assist.

Thank you in advance.

Year 9 Commerce Class

<table>
<thead>
<tr>
<th>Week 5</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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San Clemente High School
UNIFORM SHOP
Uniform Shop Phone 49689987 shop hours 0424015192
mob
e-mail san.clemente@bigpond.com
web www.alintaapparel.com.au
NORMAL HOURS
SCHOOL TERM
TUE 8.00-10.00am & WED 8.00-10.00am

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Alinta Apparel Pty Ltd

Uniform price list & online shopping available at: www.alintaapparel.com.au

Second Hand Uniforms
Size 10, 12 and 14. Some nearly new and the rest in great condition.
Ph: 0421630008
San Clemente High School Canteen

Term 2 sees the addition of several new items to the Canteen Menu

Weekly Specials—Week 5

Sandwich of the Week: Turkey & Cranberry
Soup of the Week: Potato & Leek
Salad of the Week: Caesar Salad

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### CANTENE PRICE LIST (Term 2, 2014)

#### Sandwiches * Rolls * Wraps
- Chicken $3.00 $3.50
- Ham $3.00 $3.50
- Salad $3.00 $3.50
- Egg $2.00 $2.50
- Tomato $2.00 $2.50
- Egg & Lettuce $3.00 $3.50
- Cheese $2.00 $2.50
- Chicken Tender Wrap $2.00
- Chicken Salad Roll $4.00
- Flame Grilled Chicken Wrap $4.00
- Toasted Chicken & Cheese Wrap $3.50
- Sweet Chilli Chicken Wrap $3.50

#### Extras
- Tomato $0.50
- Lettuce $0.50
- Egg $0.50
- Cheese $0.50
- Ham $1.00
- Chicken $1.00
- Roast Beef $0.50
- Toasted $0.50

#### Weekly Specials $2.50 - $4.00
- Fried Rice/Pasta/Curry/Quiche $4.00
- Gourmet Sandwiches $4.00

#### Salads
- Caesar/Greek/Pasta $4.00

#### Hot Food
- Garlic Bread Roll $1.00
- Sausage Rolls $1.50
- Cheese & Ricotta Roll $2.00
- Plain Pies $2.50
- Cheese & Bacon Pies $2.50
- Chicken Wedges $2.50
- Chicken Burgers $3.00
- Chicken Burgers with Salad $3.50
- # Hamburger $3.00
- # Pizzas $3.00
- # Lasagne $3.00

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### St Dominic’s Centre Annual Fundraiser

YOU ARE INVITED TO OUR SPECIAL CHARITY EVENT!

Come in store for drinks, nibbles and a preview of the new collection.

**SATURDAY 31ST MAY**
**FROM 1 – 4PM**

**CHARLESTOWN BOUTIQUE**
**CHARLESTOWN SHOPPING SQUARE**
**LEVEL 2, SHOP 2017/30 PEARSON**
**ST CHARLESTOWN NSW 2290**

RSVP charlestown@blueillusion.com or call 02 4942 3130

20% of proceeds will be donated to St Dominic Centre

*Orders taken for everything for everyone by Rol. Call Bags available on Canteen Bench in the mornings*