Dear Parent/Carer, Students & Friends of San Clemente

Welcome back to Term Two! It promises to be a busy and one hopes productive nine weeks.

We were all spoilt with the splendid weather over the recent Easter weekend.

In the days and weeks that follow the crucifixion and resurrection of Jesus, it is timely to remind ourselves of the bewilderment, confusion and spiritual darkness the Apostles were feeling.

“Didn’t our hearts burn within us?” one disciple asks the other when they look back on their journey to Emmaus with Jesus. It is a beautiful expression, graphically illustrating an extraordinary transformation. They departed Jerusalem confused, disappointed, disillusioned, ready to abandon it all. What dreams they had for Israel, what hopes for the future, what sadness weighed on their hearts and such grief gripped their souls?

They are quite tense with this ‘stranger’ when he asks them what they are talking about but then it all changes. Jesus talks with them on the road, along the track. Didn’t our hearts burn within us—it was a glimpse of the resurrection and its power to transform lives! But now their hearts burn within them—they are transformed, they take courage and turn back to Jerusalem, in joyfilled hope they rush to tell ‘the others’.

Are there times when our hearts have burned within us, when we too have glimpsed the resurrection, when we have felt the resurrection? The human body is a human body precisely because it is animated by a spiritual soul and drawn to God. Surely this is what the disciples felt so deeply—their burning hearts gave voice to their yearning for God, their yearning for God’s ways, their realisation of what was now possible now that Christ is risen.

Spiritual writer, Thomas Moore, writes that, if we want to sense the immortality of the soul, we first have to see the soul as a part of our everyday experiences. We are not a body and a soul but one being—the soul ‘feeds’ the body ad the body ‘feeds’ the soul. And so some of those ordinary, everyday experiences can take us out of the everyday, they can make our hearts burn within us. They can give us a glimpse of eternity.

After all, ‘God, in his greatness, uses a pedagogy to reveal himself to the human person; he uses human events and words to communicate his plan; he does so progressively and in stages, so as to draw even closer to man. God communicates with us in ways we can understand and at times when we are ready, sometimes through others, sometimes in the event of our lives, sometimes in our memories. Sometimes these experiences, these words, those events call us ‘out of ourselves’ to the experience of awe, of wonder of mystery.

One of the exciting initiatives this term is the launch of the new canteen menu. Lots of fresh and new additions have been made to the regular menu. Along with this is the tasty weekly specials including salads, soup, fresh yoghurt/berries/muesli and gourmet sandwiches.

The response to the new menu has been wonderful. The provision of these additional, fresh and tasty options has created a lot more work for our canteen supervisors. We are in desperate need of additional volunteer support to ensure the continuation of this great initiative.

Any amount of time would be much appreciated. If you feel you can volunteer some time please contact the school.

I take this opportunity to thank Gillian Burgess and Toni Vial for their enthusiasm and diligence in bringing this initiative to fruition.

Peace and Best Wishes

Tony Kelly, Principal.

While Yr 10 are on Retreat 18-20 June

Due to the onerous insurance and liability regulations, in regards to supervision and duty of care, a large number of teachers is required to staff the retreat. As a result, a repeat of last year’s arrangements is necessary to allow the retreat to proceed. Students on a Home Study Day will be provided with a work program for the day. We intend to continue this arrangement in future years and we are asking students in years 7, 8 and 9 to assist Year 10 this year in the knowledge that they in turn will benefit when they reach Year 10.

Year 7 Home Study 18 June
Year 8 Home Study 19 June
Year 9 Home Study 20 June

Your support is much appreciated.

Email Address: admin@mayfieldsanc.catholic.edu.au Website address: http://www.mayfieldsanc.catholic.edu.au
Assistant Principal (Pastoral Care) writes

We all know that exercise is beneficial for our health. For instance, regular exercise reduces the likelihood of the onset of cardiovascular disease, some cancers and diabetes. Needless to say, there are numerous other physical benefits gained from participating in exercise, particularly aerobic (as little as 30 minutes 2 to 3 times per week), as well as the proven positive effects it has on one’s mental health. Research tells us that it is beneficial both immediately and over the longer term for both depression and anxiety (remember that approximately 1 in 4 young people experience a mental health issue).

What about exercise and its impact on the brain? Author of ‘Brain Rules’, John Medina (2008), (New York Times Bestseller of which I highly recommend) mentions research that has demonstrated that when children exercised, their brains worked better. He refers to physical activity as “cognitive candy” and writes:

“Physically fit children identify visual stimuli much faster than sedentary ones. They appear to concentrate better. Brain-activation studies show that children and adolescents who are fit allocate more cognitive resources to a task and do so for longer periods of time” (p. 18). He elaborates in saying that “regular exercise improves – sometimes dramatically so – problem-solving abilities, fluid intelligence, even memory” (p. 27).

Sedentary lifestyles are becoming all too common, and our children and adolescents today have many distractions, such as technology, that encourage and foster inactivity. Our bodies, and brains, were built for exercise! So extensive research not only validates the physical, social and emotional benefits of exercise, it clearly establishes the direct correlation between it and ‘brain power’. If we are to provide young people with the most optimal state of mind and wellbeing for their learning, where they can achieve academically to their potential, we need to ensure exercise, organised or not, is built into their lives.

How active is your child?

Scott Donohoe, Assistant Principal, Pastoral Care

Assistant Principal—Curriculum Report

Although we are only in Week 2 of the term things are ‘hotting up’ already.

In Week 3, Year 7 & 9 will be involved in NAPLAN testing. On Tuesday testing will be about Reading, Wednesday about Writing and Numeracy on Thursday. Catch ups can occur in afternoons or on Friday.

For the student, this is not a ‘high stakes’ test. The test is about seeing where the students are at, in terms of their skills. All we want from students is to do as well as they can, so that the school gets the best information possible. Don’t worry about the tests. They will not be on your school report. There is no consequence for good or poor performance, no pass or fail.

This testing is as much for the benefit of schools, as for students. Lots of information can be extracted by the school. Teachers are able to obtain information from the results about the areas where students are achieving well, and areas which may need extra focus. It helps teachers be more directed in their teaching in the future. It is not just about achieving ‘good’ NAPLAN results but about helping students to develop important skills in Literacy and Numeracy. One of the most frustrating aspects for schools is that it takes so long for the results to be returned.

Year 9 and 10 exams will be held in Week 5 and 6 respectively. Timetable outlines are included in this newsletter. Students should make themselves aware of the contents of the exams so that they can start working towards them as early as possible. If there is no homework on a particular night students always have revision of their work to carry on with. Subjects not having an exam will sometimes have an in-class task to complete around the exam time, particularly practically based subjects.

Remember, it is much better to work steadily than to try to do it all at the last moment. Make your own luck by working hard!

Year 9 Semester One - EXAM TIMETABLE
Week 5 – Monday 26th May – Friday 30th May

<table>
<thead>
<tr>
<th>Mon</th>
<th>Maths (Pd 1,2)</th>
<th>Geography (Pd 4,5)</th>
<th>Pd 6 Normal Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue</td>
<td>Elective X (Pd 2,3)</td>
<td>History (Pd 4,5)</td>
<td>Pd 6 Normal Classes</td>
</tr>
<tr>
<td>Wed</td>
<td>Science (Pd 1,2)</td>
<td>RE (Pd 4,5)</td>
<td>Pd 6 Normal Classes</td>
</tr>
<tr>
<td>Thu</td>
<td>Normal classes</td>
<td>Normal Classes</td>
<td>Normal Classes</td>
</tr>
<tr>
<td>Fri</td>
<td>Elective Y (Pd 1,2)</td>
<td>Normal Classes</td>
<td>Sport</td>
</tr>
</tbody>
</table>

Note – Any students absent on Monday, Tuesday and Wednesday will spend Thursday doing catch up exams and Pds 3-4 on Friday. Further catch up exams will continue during Week 6 during Year 10 examinations.

Year 10 Week 6 (Jun 2-6)

<table>
<thead>
<tr>
<th>Mon</th>
<th>Elective X</th>
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<tr>
<td>Tues</td>
<td>Science</td>
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<tr>
<td>Wed</td>
<td>Elective Y</td>
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<td>Catch ups</td>
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<tr>
<td>Fri</td>
<td>Catch ups</td>
<td>Catch ups</td>
</tr>
</tbody>
</table>

Mr K Williamson, Assistant Principal, Curriculum

School Email Contact / School Website

With immediate effect we have been directed to change the user address for emails to the school email address. This is changing from ‘admin@sanclemente.mn.catholic.edu.au’ to admin@mayfieldsanc.catholic.edu.au

The website address has also had a change to:
http://www.mayfieldsanc.catholic.edu.au
Year 9 News

I hope everybody enjoyed their break after Term 1 and were able to spend quality time of the Easter period. Last term I mentioned how Easter was a perfect opportunity for families to get together and share quality time together. In our fast paced world and as our young people start to gain their independence it becomes even more important to find time to share with those that we care for. Importantly for young people, this time together is extremely significant. Human beings rely greatly on Role Modelling as a means of information and it seems we forget that adolescents need this as much as anyone. Reading a book recently by renowned child psychologist Stephen Biddulph I was interested by his quote: “An adolescent is a role seeking missile, and he or she will lock on to a range of targets before they have downloaded enough material to shape their own identity”. It seems just at the very stage when we start to give our young people more and more freedom to grow, they actually need more and more guidance and leadership. Biddulph states: “By watching a person we admire in action, our brain takes in a cluster of skills, attitudes and values.” Something to consider next time we dismiss the adolescents in our care to “do it yourself” or “find your own way”.

On the theme of Role Modelling, our staff will be doing their bit to guide our students during Retreat 2014. Our retreat will occur in Week 8 on June 18, 19, 20 at The Collaroy Centre in Sydney. Notes went home this week and it is extremely important that students return their Permission, Medical and Behavioural notes.

Other dates to remember: Half Yearly Exams: Week 6 (See timetable in Newsletter)

Shout Out #1: Term 2 has seen a new canteen menu and with this, sales have increased. This has led to an increase in workload for those in the canteen. Our Year 10 Leadership Group continue to volunteer with two boys in particular Joshua Romero and Travis Collins helping out on a number of occasions. Thanks boys.

Shout Out #2: The Breakfast Club program at Waratah West Public school continues to run this term. Last Tuesday a couple of volunteers had to withdraw at the last minute. Thanks to Julia Clark who stepped in and organised the breakfast on her own. True Leadership.

Shout Out #3: ANZAC Day is a very special day on the Australian Calendar as many people pay their respects at ceremonies all around the country. Raymond Terrace ANZAC Day ceremony featured 3 of our leaders Daisy Ekert, Kyle Carroll and Jarod Clarkson laid a wreath on behalf of SCM. Thanks also to Mrs Sheridan Pruteanu for organising.

Nathan Beckett, Year 10 Coordinator

Year 10 News

I read an interesting article on Tuesday titled, “Addressing our Children’s Stress” by Dr John Irvine, a renowned child and family psychologist. The article appeared in this month’s edition of Aurora, which can be located at the Maitland-Newcastle Catholic Diocese website: www.mn.catholic.org.au. The article identified a variety of causes of stress for children. Some included academic failure, a poor report card and not matching up to brighter or smarter school mates or siblings. One suggested approach of dealing with stress related to the above areas was for parents to look for improvement rather than perfection with school work and to look for effort rather than success. With NAPLAN testing and examinations approaching I am personally concerned with the pressure some students may place upon themselves. I encourage all parents to support and encourage their child during these periods, and if you notice that your child is struggling to cope in any way at all, please contact me.

A reminder to parents and Year 9 students: the school library will be open every Thursday afternoon from 3-4pm for Year 9 and Year 10 students only. Students may use the time to complete homework or work on assessment tasks. It will be staffed by teachers including myself who can assist students with their academic work.

Finally, it was great to see so many parents attend the parent teacher interview day on Tuesday just passed. I hope the interviews provided you with important information relating to your child’s performance and progress at San Clemente.

A reminder to Year 9 and parents, if you have any concerns at all please contact me at school on 4014 7300 or on the following email address: patrick.doyle@mn.catholic.edu.au

A final thought Year 9;

“All our dreams can come true – if we have the courage to pursue them.”

Patrick Doyle Year 9 Coordinator
Year 8 News
Welcome to Term 2, I trust that everyone had a relaxing and enjoyable break.
It was great to see and speak with so many parents who attended parent teacher interviews last week. I would like to remind parents that they are welcome to contact their child or children’s class teacher at any time during the year to check progress or seek clarification etc. Parents may contact teachers via email through admin@mayfieldsanc.catholic.edu.au or by phoning the school. The school website is a valuable tool in assisting both parents and students with any school related matters. The website is included in every newsletter.
Last Wednesday SCM held a moving Anzac service and I would like to commend Year 8 on their reverence and exemplary behaviour.
I would like to set a challenge for Year 8 during Term 2 - strive for a Bronze Certificate in Term 2! It is important to get the simple things right and the tone or base are then set for academic success and happiness at school.
Those simple things are:
- Uniform get it right
- Punctuality to school and class
- Respect - treat others the way you would like to be treated.
I have been following up the bullying surveys and speaking with students who were mentioned as bullies or as being bullied. I was very interested to note that some students were able to acknowledge their behaviour as harmful towards others. Some students, however, referred to their behaviour as teasing, having fun or just making fun of others. If this behaviour upsets or hurts another student, it is not acceptable, and certainly if the behaviour is ongoing it is not acceptable. I was pleased to note that the vast majority of students displayed maturity in our discussions. In my conversations with students who were highlighted as being bullied the actual bullying behaviours were spoken about, strategies of dealing with inappropriate behaviour and also support services available to students were also discussed and offered. The main point is that bullying is not accepted and not tolerated at SCM. It is very important that all students feel happy and safe at school and my key role is to ensure this occurs. It is important that if a student experiences difficulties that they talk to me.
Hi fives for this newsletter:
Eliza Limn as part of the Hunter Hurricane Water Polo team placed 9th at nationals. Eliza also participated at TAP Camp in preparation for Water Polo representation over the holidays. Eliza has been selected in the U14s NSW water polo team.
Loren Proctor and Lilli Brown who got out of their comfort zone and umpired netball on the weekend.
Mrs Tolfree, Year 8 Coordinator

Year 7 News
Welcome back to Term 2! It is shaping up to be a very busy term, and with only 9 weeks to fit it all in to. Year 7 have made a great return and are continuing to work hard and display respect to both staff and peers. The challenge for this term is to maintain the high standard set in Term 1.
Parent/Teacher Day was very successful. It was great to see so many students and parents attend the day and it was lovely to meet you all in person. If you have any further questions in relation to your child please don’t hesitate to contact the school.
With winter approaching it is important that uniforms are continuing to be worn correctly. The recent cold snap has seen a few colourful jumpers arise. If you are waiting for new uniforms please send your son or daughter with a note explaining the situation. There are some great new addictions to the winter uniform this year with a knit cardigan for girls and ‘boomer style’ jumper, so no excuses to have the incorrect gear.
In conjunction with uniform Year 7 have been and continue to par-take in a ‘Uniform Challenge’. The Pastoral Care Group winners of Term 1 are 7 Jones and 7 Polding. Congratulations to those groups! They will be enjoying a lunch together shouted by Miss Cram. Year 7 are encouraged to maintain their high standard and work as a team in their Pastoral Care groups to take out the title in Term 2.
NAPLAN testing will take place next week in the mornings of Monday, Tuesday and Wednesday. This will be conducted in their Pastoral Care Group rooms with their Pastoral Teacher. NAPLAN is a great tool we have to gauge where our students are at in their numeracy and literacy skills. They have been preparing at school and home for this and are encouraged to try their best. However, it is important to note that NAPLAN is simply a snapshot of your child’s ability and is not something we want students to ‘stress out’ about.
Sport for Terms 2 and 3 are a series of clinics that run for three weeks each. Students received an overview at the beginning of the term with what they are doing. They need to be prepared each week with the correct gear and money.
This term during Pastoral Care Groups there will be a focus on cyber-safety. Our children are surrounded by so much technology these days, it is important to ensure their safety whilst using it. A few simple ways parents and carers can asset with this is:
- Discuss the importance of cyber safety with your child and the various issues they need to be aware of when using technology
- Keep computers and other technology in a common area where you can keep an eye on what your child is viewing
- Have a ‘cut-off’ time at night where technology is turned off
- Regularly check the sites your child visits and the history on your computer
Ensure that your child is using passwords that are complex.
There are many great websites with valuable information on this topic such as, www.cybersmart.gov.au
Year 7 Quiz: What does a secure password need to have within it?
The first person to find Miss Cram on the playground will receive a prize.
If you have any questions or queries please email on mere-dith.cram@mn.catholic.edu.au or call on 40147300.

San Clemente Driveway is not a Drive Through area
NO PARKING
KEEP DRIVEWAY CLEAR
THANK YOU
Library News

This year the Library is open after school on Mondays for Maths ASAP, a program for Year 10 students to work in a small group with maths teachers. This has been received enthusiastically by the students and is proving very successful. On Wednesday afternoons we have a group of volunteers who run the homework centre for students with English as Second Language (ESL) background – they receive both assistance with their work and snacks!

On Thursdays the Library is open for an hour after school for any Year 9 and 10 students to do self-directed study, with a teacher’s assistance available.

New books this fortnight include the Divergent series – watch the movie, read the book! John Green’s “Fault in our Stars” continues to be popular, the Library also has other titles by him, including “An Abundance of Katherines”. We now have the Fairytale series up to number 26 for Graphic Novel and Manga fans.

Last week students with overdue books received overdue notices for both the Library and Bookhire – please ensure that these items are returned to ensure that they’re available for other students.

Jan Harte and Kristy Huber

DIO Sounds 2014

The time has come again for DIOSOUNDS! Diosounds is a diocesan event that displays the many talents of our students and takes place at the beautiful Civic Theatre. This year our school will be performing two pieces: “Riptide” by Vance Joy and a self-devised composition by some of our very talented percussionists! We will also be enlisting the talents of our drama/dance students, who will be performing a movement piece to accompany one of our songs, as well as our art students, who will be using their photography skills to create a backdrop for our performance.

If any students are still interested in being a part of this amazing event – either performing or assisting backstage – they need only come to the lunchtime rehearsals or talk to Mrs Marsh or Miss Hook. Tickets for this event are available through any Ticketek office or by calling Ticketek on 49291977. Cost for the tickets are $30 per adult and $15 for students and concession card holders. Please come along and support our very hard working and talented students. If you have any questions about this event please feel free to contact Elizabeth Marsh (music teacher), Geraldine Hook (Music Teacher) or Emma South (CAPA/LOTE coordinator).

Anzac Day 2014

San Clemente High School leaders, Daisy Ekert, Kyle Carroll and Jarred Clarkson attended ANZAC day ceremony at Raymond Terrace Bowling Club. The students represented all of the San Clemente community by laying attending the formal proceedings of the ceremony and laying a wreath.

Late Arrivals at School

Students arriving late to school must sign in at the Front Desk. This will avoid a worrying text message being sent to their parent/carer. Students late to school receive a ‘Late Slip’ which when presented to the class teacher explains the lateness.

In situations such as late buses and the like, a student will not be penalised for being late.

Please remind your child of the procedures and consequences.
**English News**

The English Staff are pleased with how quickly the students have settled back into their classrooms. There has been some movement in Year 7 with the formation of the Gifted and Talented Class. Year 8 and 10 students have moved classrooms and changed teachers for their second rotation this year.

Congratulations to our team of public speakers. Although we did not win any awards at the Diocesan Competition, all of our speakers spoke with great confidence and flair. Their courage and time are greatly appreciated.

The English assessment schedule for Term 2 is as follows:

- **Year 7** – Week 5 (Notifications go out Week 3)
- **Year 8** – Week 6 (Notifications go out Week 4)
- **Year 9** – Week 6 (Notifications go out Week 4)
- **Year 10** – Week 7 (Notifications go out Week 5)

All of our students receive a printed copy of the assessment notification two weeks prior to the task. Students are encouraged to keep these notifications in a safe place (glued into exercise books) and highlight key words so that they are clear on what they have to do in order to successfully complete the task. The notifications can also be found on the school website. There is an expectation that all students complete assessment tasks.

Ms Brennan, English Studies Coordinator

karen.brennan@mn.catholic.edu.au

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**MATHS NEWS**

Recently, 6 Year 8 students attended a Gifted & Talented Day at St Mary’s High School at Gateshead. **Jasmine Sullivan, Patrick Nolan, Ricky Park, Isabella Hawke, Lauren Proctor, Kaleb Cox** were accompanied by Mr Nicholas Marsh. This was an enjoyable experience for these gifted mathematics students, who met students from other schools and worked on practical maths problems in groups.

On Monday, September 8th, Year 8 students will have an excursion to Luna Park. Letters and permission notes will come out soon. On September 1st, Year 7 students will have an incursion with World of Maths, which involves a full day of many hands-on mathematical activities.

If any student is interested in competing in the Maths Competition, they can see their Maths teacher.

Examinations are coming up! Years 7,8 and 9 will sit their exam in Week 5 and Year 10 in Week 6. Notifications will be brought home by students this week, so there’s plenty of time for revision! Don’t forget that calculators may be purchased from the school for $25. Student’s name will be engraved by the student’s Maths teacher.

Mrs. Patricia Murray, Maths Coordinator

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**CHEERLEADING 2014**

The San Clemente Cheerleaders are hard at work preparing for the Winterfest competition at the Sydney Sports Centre, Homebush, on Sunday the 15th June.

We have one Level 2 Team, the Panthers, which are currently creating a complex mix of tumbling, stunts and pyramid in what will be a showcase routine.

The 19 students from years 8,9 and 10 should be congratulated on their consistent hard work during sport times and lunch time practices.

We wish them all the best for Winterfest.

A reminder that the annual cheer cost of $50 is now due. It will go towards competition entrance, insurance, cheer clinic, bows and music.

The Cheer Clinic is scheduled for the 23rd of May, Friday of week 4. This clinic is compulsory for all the team. Any questions, please don’t hesitate to contact the school.

Ms Julia Nolan, Cheer Group Leader
Welcome back to Term Two. A big Thank you is extended to the SRC and families for their support during Term One with all the fund-raising activities associated with ‘Project Compassion’. The San Clemente community raised in excess of $1600. These funds will go to Caritas Australia who assists communities around the world and in Australia to help those in need. The SRC will continue to meet every second Tuesday to discuss areas of concern around the school, social justice issues and ways we can continue to bring the San Clemente community together.

**SRC TEAM**

**SRC NEWS!**

On Tuesday 29 April, Molly Compton (Year 9) and Isabella Hawke (Year 8) represented the Maitland-Newcastle Diocese at CCC Swimming Championships at Sydney Olympic Park Aquatic Centre, Homebush. Molly swam 50m Breaststroke and Isabella swam 50m Breaststroke, 100m Breaststroke, 50m Freestyle and 400m Freestyle. Both girls were wonderful ambassadors for their school and their Diocese and were very happy with their times. Both girls are now training for Short Course season with their own clubs outside of school swimming, and will be busy with Coast and Valley, Country and State Championships coming up.

“I was really happy with my times as I swam all PB’s. It was fun” Isabella

“I really had fun swimming at Sydney Olympic Pool as it is a great pool for times” Molly

**Skoolbag – Stay in touch with important messages and news at San Clemente.**

San Clemente has commenced the use of Skoolbag, a smartphone app that enables ready communication of important messages, news and events, and access to school documents (and this newsletter!). It is hoped that, when take-up increases, this will become a key tool communicating to families. Parents are encouraged to download the app. It’s free and available for iPhone, iPad and Android devices. Enclosed with the newsletter are directions for downloading the app.
Welcome to Term 2 and what a busy term it will be with Careers activities combined with everything else that is happening. Please take note of some key dates:

**Newcastle Careers Expo - 22 May.** All Year 10 students will attend this event (cost covered by the school) in the morning session. Students will get a chance to ask exhibitors questions that help them on the pathway to their career. Attending the Expo will be exhibitors from Universities across NSW (and some interstate), TAFE Campus/Faculty representatives, Private Colleges from Newcastle and Sydney who offer a wide range of courses, Employers from the Newcastle and Hunter area, Apprenticeship Centres and Group training Companies, Disability Employment Agencies, GAP Year Program companies and many, many more, so there is something for every student. There is also an OPEN SESSION, for ANY PARENT, from 1pm-3.30pm. I strongly advise that if parents can get time off work, they sign their child out of school early that day to take them to the Expo and approach exhibitors relevant to the child’s desired career choice. I have spoken to all Year 10 about how much they are going to get from attending the Expo but as we all know, students often find it difficult to relay information correctly back to parents. The new language, the excitement of being at the event with their friends, all affects their retention of information. So it would be beneficial for parents to hear the information for themselves. Even parents from other years are invited to attend if they are able to, the OPEN SESSION is for anyone in Newcastle. If you would like to have a look at which exhibitors are attending and get a map to get organised prior to attending the event go to www.newcastlecareereexpo.com.au

**The University of Newcastle** is looking at ways to help students have a successful transition from school to University and have set up a program called Friends on Campus. Current University students come to schools to assist and guide students on a variety of different topics and set up almost a mentoring system so that transition to University study is not so confronting. The Friends on Campus program will be visiting San Clemente on Tuesday 20 May. I have been advertising it to students and have quite a few signed up to attend. The first visit will focus on Study Skills and what different techniques the Uni students have found work for them. Hopefully this is good timing as Year 10 students have Half Yearly exams approaching fast. Please talk to your child and let me know if they would like to participate in the program.

**St Francis Xavier’s College** enrolment process is now well under way with Year 10 students submitting their enrolment forms last week. If you have forgotten and let the date slip, please contact SFX immediately. SFX Principal and Deputies will visit San Clemente in Week 6 to talk to the students about the HSC and outline the process for the rest of the year. Please make sure the following dates are in your diary:

**SFX Subject Information Evening - Wednesday 23 July.** Students choose what subject lectures they attend according to what they are interested in studying. Parents are also required to book the term 4 Interview time on this evening. Attendance at this evening is compulsory.

⇒ Subject Choice Forms are due to SFX by Monday 4 August.

⇒ Interview for Finalisation if Subjects etc. Week 20 October - 24 October.

⇒ SFX Orientation 3 December

San Clemente will also host a HSC Information Evening on Wednesday 25 June, last Wednesday of Term 2. The focus of this evening will be the HSC rules in general with reference to what future pathway students hope to follow. Representatives from The University of Newcastle, Hunter TAFE and a Group Training Company will attend that evening to provide specific information to parents and students on Post HSC options. Whilst this evening is not compulsory, the SFX Information is, it is highly beneficial, especially for those parents experiencing the transition to the HSC for the first time.

**Work Experience** will again run this term, so any student who is interested in participating please contact me to collect permission notes etc. Again the focus is on students who prefer to leave school and gain employment. Work Experience is offered to ALL YEAR 10 in Term 4.

As part of the Work Experience program a Workplace Health and Safety course will run at school (as long as numbers allow it (need minimum 10 students) so if ANY STUDENT is interested in getting their WHS Certificate (old Green or White Card) please let me know.

I am getting a lot of enquiries from Year 8/9 students regarding casual work. If you are thinking about getting a position, please pop in to see me, the Careers Office is in the Main Office area. I will be able to provide you with some information regarding Tax File Numbers, Resumes and Interviews that may be of assistance to you.

I have included below the final photos of the Work Experience students from last term who did not make it into the last Newsletter.

Finally please note my new mobile number 0407 304322. Please ring or e-mail me if you have any questions about any of the events mentioned above.

Helen Wilks
Careers Adviser
helen.wilks@mn.catholic.edu.au
THOBANI Mpisi—Sponsored Child in South Africa

All those students at San Clement last year remember THOBANI FRIDAY.

The St. Vincent de Paul group at San Clemente would like to take a couple of minutes to introduce the year 7 students, and new students in other years, to our sponsor child from South Africa, Thobani Mpisi.

Thobani is a 9 year old boy, who loves soccer and would like to be a teacher when he grows up. He is in grade 3 this year and his favourite subjects are drawing and mathematics. He helps his mother with chores like fetching water and loves helping his community.

San Clemente has been sponsoring Thobani for eight years now. Four years ago, an ex-student, Ellie Dart made up a poster with pictures and details of Thobani which is in every homeroom and on the Vinnie’s noticeboard in the quad. Please make sure you have a look.

World Vision regularly sends us an update - a picture and message telling us a little more about Thobani. Last year’s updated picture (below) and message has also been placed in every homeroom. We look forward to the next update.

Each Friday throughout term 2 and 3 San Clemente holds Thobani Friday. The Vinnie’s group are hoping for a small donation each week from each homeroom to contribute towards the schools sponsorship costs.

$1.50 is all that is required from EACH HOMEROOM, each Friday, to cover the cost of Thobani’s sponsorship. That is all!

If all students donated a five or ten cent piece each week, you wouldn’t miss it.

Save your small change for Friday.

Let’s work towards another successful year of Thobani Friday at San Clemente and do something positive for those less fortunate than ourselves.

Julia Nolan, St Vincent de Paul Coordinator

NSWCCC REGISTRATIONS

ARE NOW OPEN FOR 2014
FOR THE FOLLOWING SPORTS

www.csss.nsw.edu.au

Individual Registrations for the following sports which take you straight through to NSWCCC Selections. To Register follow this link: Register an 'expression of interest' on the NSWCCC website

The Diocesan Sports Calendar can be found on our website (scroll down on the Information Section) to stay informed of future Diocesan sporting events.
Calendar Dates to note

School Year 2014
12-15 May NAPLAN Yr 7 & 9
16 May Yr 9&10 Drama—As You Like It
20 May DIO Tennis
20 May Friends of Campus (some Yr 10s)
   (Newcastle University)
20 May P&F Meeting
22 May Careers Expo Yr 10
23 May Cheerleading Clinic
25 May National Families Week Mass at St Columban’s Church 8am
26-29 May Year 9 Exams
29 May Immunisation (Round 2)
30 May Brainstorm Production Yr 9
2-6 June Year 10 exams
10 June DIO Sounds Rehearsal
11 June DIO Sounds Performance
18-20 June Retreat Yr 10s
23-27 June Work Experience Yr 10
27 June Last Day Term 2
14 July Staff Development - Pupil Free
15 July Day 1 Term 3 for Students

Enrolments open for 2015
- Enrolment Forms are available from our School Admin Office or you can download a copy from our website http://www.mayfieldsanc.catholic.edu.au/enrolment/enrolment.htm
- Students from our feeder schools will receive forms at their school
- Please return forms as soon as possible

SAN CLEMENTE UNIFORM SHOP
Uniform Shop Phone 49689987 shop hours 0424015192
   mob
e-mail san.clemente@bigpond.com
   web www.alintaapparel.com.au
NORMAL HOURS
SCHOOL TERM
TUE 8.00-10.00am & WED 8.00-10.00am

San Clemente P&F
A few dates to mark on calendars:
♦ Tuesday 20th May P&F meeting 7pm school library.
The positions of Secretary and Fund Raising Coordinator remain vacant. We will endeavour to fill these vacancies at this meeting Tuesday 20 May, in the School Library at 7pm.
If you have any questions about P&F matters please call me on 4968 2068 or email kntl@bigpond.com.au
President—Kevin Fuller, Vice-President—Jenny Battrick, Treasurer—Kathy Clarkson, P&F Representative—Rachel Baas
Kevin Fuller, President SCM P&F

Dyslexia
Dyslexia has been around for a long time and has been defined in different ways. Seeking people interested in starting a support group for parents of children/teenagers with the specific learning difficulty dyslexia. Newcastle really does need a support group for anyone affected by dyslexia to share resources and correct, up to date information because there is a lot of misconception about dyslexia.
Supporting each other as well as helping to support our children with learning mainstream curriculum and supporting their individual emotional and social needs. If interested please contact me on dream-catcher@optusnet.com.au

Second Hand Uniforms
Size 10, 12 and 14. Some nearly new and the rest in great condition. Ph: 0421630008

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 3  12 May</td>
<td>C Cotts</td>
<td>M Alterator</td>
<td>K Pendergast</td>
<td>S Roberts</td>
<td>J Battrick</td>
</tr>
<tr>
<td></td>
<td></td>
<td>A Spooner</td>
<td></td>
<td></td>
<td>L Porter</td>
</tr>
<tr>
<td>Week 4  19 May</td>
<td>J Gill</td>
<td>M Robinson</td>
<td>S Davis</td>
<td>S Roberts</td>
<td>D Regan</td>
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<tr>
<td></td>
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<td>S Valentinis</td>
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</tbody>
</table>
Term 2 sees the addition of several new items to the Canteen Menu

**Weekly Specials – Week 3**

- **Sandwich of the Week:** Gourmet Chicken
- **Soup of the Week:** Minestrone Soup

**Salad of the Week:** Greek Salad

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### Drink Prices

<table>
<thead>
<tr>
<th>Drink</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffee/Latte</td>
<td>$4.00</td>
</tr>
<tr>
<td>Hot Chocolate</td>
<td>$5.00</td>
</tr>
</tbody>
</table>

### Weekly Specials

- **Sandwich of the Week:**
  - Gourmet Chicken

- **Soup of the Week:**
  - Minestrone Soup

### Canteen Price List

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bagels w/ Cheese</td>
<td>$3.50</td>
</tr>
<tr>
<td>Bagels w/ Ham</td>
<td>$3.50</td>
</tr>
<tr>
<td>Pretzels</td>
<td>$3.50</td>
</tr>
<tr>
<td>Turkey Sandwich</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham Sandwich</td>
<td>$3.50</td>
</tr>
<tr>
<td>Gourmet Chicken Wrap</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken Salad</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken Noodles</td>
<td>$3.50</td>
</tr>
<tr>
<td>Chicken &amp; Cheese Rolls</td>
<td>$3.50</td>
</tr>
<tr>
<td>Turkey &amp; Cheese Rolls</td>
<td>$3.50</td>
</tr>
<tr>
<td>Turkey &amp; Cheese Wraps</td>
<td>$3.50</td>
</tr>
</tbody>
</table>

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**Breakfasts**

- **Gourmet Pancakes:** $5.00
- **Eggs & Cheese Wraps:** $4.00
- **Ham & Cheese Wraps:** $4.00
- **Cheese & Spinach Wraps:** $4.00

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**Soup of the Week:**

- **Minestrone Soup:**
  - $3.50

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**Salad of the Week:**

- **Greek Salad:**
  - $3.50
St Dominic’s Centre Annual Fundraiser

YOU ARE INVITED TO OUR SPECIAL CHARITY EVENT!

Come in store for drinks, nibbles and a preview of the new collection.

SATURDAY 31ST MAY
FROM 1 – 4PM

CHARLESTOWN BOUTIQUE
CHARLESTOWN SHOPPING SQUARE
LEVEL 2, SHOP 2017/30 PEARSON
ST CHARLESTOWN NSW 2290

RSVP charlestown@blueillusion.com
or call 02 4942 3130

20% OF PROCEEDS WILL BE DONATED TO ST DOMINIC CENTRE

ASPIRE—Music Dance Drama ‘A Night in the Forest’

The 2014 production is based around Shakespeare’s A Midsummer Night’s Dream. Our talented students from across the Diocese will be sure to entertain you in music, dance and dramas as they bring this much loved story to life. There are some wonderful surprises in store for audience members of all ages as our Artistic Director, through the work of the Ensemble Directors, has produced spectacular performance work that has allowed students to really shine. Again the performances are at the Civic Theatre. Don’t miss out on this opportunity to enjoy the contemporary performance work and to actively support the development of the creative and performing arts in Catholic Schools.

We look forward to seeing you at either Matinee performances or at one of the evening performances of “A Night in the Forest”

Craig Wattam, Aspire Chairman

Tickets to Aspire 2014 are available through TICKETEK from Monday 12 May 2014

Two Matinee performances
- Thursday 24 July at 11am
- Friday 25 July at 11am

Two Night performances
- Friday 25 July at 7pm (Opening Night)
- Saturday 26 July @ 7pm

Ticket Prices:
$10 /student
$30 / adult
$20 / pensioner/concession
$25 / ea for group bookings 10+

All tickets to be booked through TICKETEK or Civic Theatre Box Office on line or phone 4929 1977.

Soccer Success!

Congratulations to Joe Dean Yr 10, who displayed excellent skills to be selected in the DIO U15 Soccer Team. They will play in Coffs Harbour on May 26.
An evening with Dr. John Irvine

Dr. John Irvine is one of Australia’s most prominent child psychologists. Come along and hear him speak about

“Anxiety K–12: Red flags & what parents can do to support their children”

Light refreshments served from 6:30pm

May 14

Wednesday 14 May, 2014
6:30pm for a 7:00pm start
The Factory - St Pius X high school Adamstown
Park Avenue, Adamstown

All welcome!
R.S.V.P. For catering purposes

Entry: Gold coin donation
All proceeds benefit charity.

RSVP to this event is necessary as seats are limited

R.S.V.P.
Cath Garrett-Jones
Parent Liaison and Resource Officer
P 4979 1303
E cath.garrett-jones@mn.catholic.edu.au
Apply Online

2 MINUTES TO FILL IN A FORM

Rebate

Friday 13 June 2014


Update: Apply Online on the NSW Government’s Energy Rebate website.

Dear School Principals

Helping Households in your School Community with Energy Costs

 NSW Family Energy Rebate


Resources & Energy Division | NSW Department of Planning, Industry, Resources & Energy

Services

TL: 13 27 37 | Email: rebate@planning.nsw.gov.au

NSW Trade & Investment 

Friday 13 June 2014

Rebate Form 5pm to 8pm

2 REBATES

FAMILY ENERGY

FAMILY 2013-2014

www.nsw.gov.au

Services

TL: 13 27 37 | Email: rebate@planning.nsw.gov.au

NSW Family Energy Rebate


Resources & Energy Division | NSW Department of Planning, Industry, Resources & Energy


Services

TL: 13 27 37 | Email: rebate@planning.nsw.gov.au

NSW Trade & Investment