Dear Parent/Carer, Students & Friends of San Clemente

Welcome back to Term 3. I trust that we all had a relaxing and enjoyable break from the routines of school, buses, packed lunches, assignments etc etc!

The start of this term witnessed a number of staffing changes. On behalf of our School Community it is my pleasure to welcome the following people. Mr Matthew Priest (Mathematics) returns from his Semester One secondment at St Francis Xavier. Mr Shannon Hartley has commenced work in his role as IT Support Officer. Mrs Louise Rampling is working 0.4 in the Mathematics Faculty. Mr Tobin Finnane has replaced Mrs Elizabeth Marsh in Music for the remainder of the year. Ms Martes Fry and Mrs Donna Nichols have joined the Learning Support Team for the term, replacing Mrs Gae Walker. Mrs Gay McDonell has also joined the Learning Support Team. Mrs Kate Tolfree (Year 8 Coordinator) is on long service leave this term. Mrs Bronwyn Denham will be the Acting Year 8 Student Coordinator for Term 3. Mrs Tolfree’s teaching load will be covered by Ms Hannah Ryan.

I wish our new staff the warmest of welcomes and I feel sure that their time at San Clemente will be a rewarding experience.

It is with much pleasure that I congratulate Mrs Elizabeth Marsh and her husband Norm on the safe arrival of James Lind Marsh on Monday afternoon. Both mum and baby are doing well. In a week where the world has had to face so much tragedy, it is great for us to be able to celebrate the ‘good news’ story of Lil and Norm.

With such doom and gloom bombarding us on the daily news broadcasts, it is important that we keep a focus on ‘happiness’ and ‘positive thoughts’. Maybe we can still rely on good old fashioned things like:

“Finding fun in simple ways
Makes the happiest of days”

Or

“I'm going to be happy today
Though the skies may be cloudy and grey,
No matter what might come my way
I'm going to be happy today”

(Eva Wilcox)

It is important to take upon yourself positive emotions. What’s more, positive thoughts and emotions protect you from negative emotions like fear, melancholy and anxiety.

If you have slipped into the habit of negative emotions, then there is the need for a good clean out. Talk less and dwell less on your difficulties. Leave gossip alone along with complaining and envying others. If your thoughts make you unhappy, then, don't stay with them, move onto more positive ones. You have within you the power to recreate your life and reclaim happiness. “Happiness is a thing to be practised like a violin”. (Author unknown)

Of course, Jesus had a contribution to make when He said that the greatest commandment or guideline for life was, “To love God, love your neighbour and love yourself.” How positive is that!

Peace and Best Wishes

Tony Kelly, Principal

Monday 28 July 2015—Staff Spirituality Day—Pupil Free

Monday 4 August 2015—Athletics Carnival—Compulsory School Day

Statements of Accounts are now being sent by email to all families with email addresses supplied. Please advise your email if you haven’t already done so. Many thanks, Finance Office
Internet Safety Awareness Curriculum Report

from 5.30pm until 7pm, followed by staff at the end of the school day and finally parents.

Internet safety presentations cover topics including:

⇒ the ways children use the internet and emerging technologies
⇒ potential risks for children online, such as cyberbullying, illegal content, inappropriate contact, identity theft, grooming and predatory activity
⇒ tips to help children stay safe online.

The presentation will be delivered to Year 9 during the afternoon, followed by staff at the end of the school day and finally parents from 5.30pm until 7pm.

Mr Scott Donohoe, Assistant Principal, Pastoral Care

Assistant Principal—Curriculum Report

Congratulations to all students who received Academic Awards at last week’s ceremony. Working hard has its own rewards but it is always nice to be recognised for effort and achievement. Thanks to parents and family who attended to support their students.

Mr Kelly used a sporting analogy to emphasise the fact that ‘the game is not won at halftime’. The start of Semester 2 is the second half. Put simply, if you have worked well and are doing your best you can’t afford to ease off. You have to ‘play the game’ right through to the end. If Semester 1 wasn’t so good and you are a bit behind where you should be, you need to make greater effort, change your tactics, to improve things in Semester 2.

Reports have been sent out. There will be indications there about how the ‘coach’ thinks you are going. Look particularly at the comments: Is there room for improvement or am I on the right track? There is no scheduled Parent Teacher meeting for Term 3 but parents should feel free to contact the school to make arrangements to talk to individual teachers if necessary.

The start of Semester 2 sees some students changing classes either as part of a rotation, or for other reasons. Again this is a great time to renew efforts.

Lastly, ‘making more effort’ is not just about spending more time. It is about ‘playing smart’. It is about using time well, working in class, socialising out of class, being consistent and persistent in effort, being organised, seeking help when needed and so on. Maybe it is about learning lessons for life.

Mr Keiran Williamson, Assistant Principal, Curriculum

Year 7 News

Welcome back to Term 3! We are off and running with many exciting events happening in what is sure to be another busy and productive term.

The Year 7 Awards Ceremony was a wonderful occasion by all accounts. I was very upset to miss it, but it was lovely to hear that so many parents attended and that Year 7 had a great time. The reflection that Mr Donohoe shared at the beginning of the Awards Ceremony about the Indians dancing until it rains is a great reminder to continue to work hard this term and never give up!

Reports were mailed home at the start of the term. I would encourage you to sit down with your child and celebrate their strengths, but also identify some areas they would like to focus on for Semester Two. If you have any questions about your son or daughter’s report please feel free to contact the school.

At our Year Meeting this week I set some challenges for Year 7 for this term. As a team we are going to focus on the ‘little things that make a big difference’. Year 7 are going to ensure they are punctual to school in the morning and to all classes, they are going to be prepared with their resources for each day and they are going to continue to use their beautiful manners that they have shown thus far this year. I know they will rise to the challenge and maintain their impressive start.

Term 3 has seen uniform being worn with pride. Winter jumpers have been sorted and students are being very responsible, bringing in notes if they have any issues. The Uniform Challenge for Term 2 was highly contested. Congratulations to 7 Gilroy who won the hot chip lunch with only two infringements all term! What great teamwork.

As mentioned in the previous newsletter, Year 7 will be attending a Brainstorm Production on the 7th August at St Columban’s Hall. This will focus on cyber related issues. It is sure to be a great performance.

Lastly, the Walkathon is quickly approaching on Tuesday 5th of August. This is a great day for students as they walk a dedicated course around Stockton to raise valuable funds for our school. In conjunction with this is a raffle with lots of impressive prizes to be won. The major prize is a helicopter ride for four people. There are also lots of prizes for students and the Pastoral Care Group who raise the most money. So sell your tickets Year 7 and let’s win the honour for the highest raising year group!

Year 7 Quiz: What is the name of the mascot for the Walkathon?

The first person to see Miss Cram in the playground with the answer will receive a prize. If you have any questions or queries please email on meredith.cram@mn.catholic.edu.au or call 40147300.

Meredith Cram, Year 7 Coordinator
Year 9 News

A new semester is upon us and it is the perfect opportunity for Year 9 to reflect and learn from Semester One. Semester One reports arrived in the mail late last week or early this week (please contact me if you have not received your child’s report). I advise parents to sit down with their child and discuss their report. Identify areas that require improvement and most importantly how this improvement can be achieved. Areas could include; ensuring all homework and assessment tasks are completed on time and with maximum effort, revising study habits, preparing more thoroughly for examinations, improving attitude and effort in class. For those students who achieved pleasing results, the challenge is to maintain this commitment, attitude and effort.

It was wonderful to see so many parents and family members in attendance at the Semester One Academic Awards last Thursday. I would also personally like to congratulate all the students in Year 9 who received awards on the day and encourage students who missed out to challenge themselves to ensure that they receive an academic award at the end of Semester Two. Whilst on the topic of congratulating people, a special mention must go to the entire Year 9 year group for their behaviour and participation at the Shortland Wetlands excursion last week. Despite the weather being unfavourable the students responded positively to all activities and their behaviour was excellent.

Next Wednesday Year 9 will be involved in a Cyber Safety talk. Technology is a part of our lives, we cannot hide from it. It is important that students are educated about the dangers and legalities surrounding the use of the internet, computers and mobile phones. It is important that parents also monitor the use of these technologies at home.

Finally, teenage years can be difficult for many individuals and it is important to know that help is available and hiding the problem will not solve it. At San Clemente students are able to talk to myself about any issues they have. Alicia Broomham (School Psychologist) is also available on certain days of the week for students to speak to. Also available in Newcastle at The Loft Youth Centre in Wolfe Street is a Federal Government organisation known as Headspace. The Headspace centre provides information, support and services to young people aged 12 to 25 years and their families. Headspace can help with general health, mental health and wellbeing and with alcohol and drug issues. If you are having issues with bullying, relationships or even stressed at school, there are health workers at Headspace to assist. Headspace also offers an online service known as eHeadspace for individuals who do not feel ready to visit a centre. eHeadspace provides confidential online and telephone mental health support 7 days a week. To access eHeadspace for the first time all you need to do is register at eHeadspace.org.au or phone 1800 650 890. It is important to remember that getting help early makes a significant difference.

A reminder to Year 9 and parents, if you have any questions or concerns please contact me at school, 40147300 or at the following email address: patrick.doyle@mn.catholic.edu.au

A final thought, remember Year 9, “We must look for the opportunity in every difficulty instead of being paralysed at the thought of the difficulty in every opportunity.”

Mr Patrick Doyle, Year 9 Coordinator

Year 8 News

Firstly I would like to start by introducing myself. My name is Bronwyn Denham and I have the pleasure of being the ‘Acting’ Year 8 Coordinator for Term 3 while Mrs Tolfree is on leave. I am really excited about my position and can’t wait to work with a great group of Year 8 students.

The term has started on a very positive note with the Academic Awards held at St Columbans Church on Thursday last. The awards recognise the top students in each class/subject area along with the students who are consistently making an effort in those classes. It was fantastic to see so many students receiving awards. I was also very impressed with the behaviour and uniform of our Year 8 students and thanks to so many parents who were able to be there supporting their children.

My focus for this term with Year 8s is relationships and building positive relationships between the students. With so much tragedy going on in the world around us it is important to value our everyday relationships that we, at times, can take for granted. One of the most profound experiences we can have in our lives is the connection we have with other human beings. Positive and supportive relationships will help us to feel healthier, happier, and more satisfied with our lives.

Another important activity this term has been the launch of the WALKATHON. Last year this year group raised the most money in the school and I would love to see that happen again! There is a prize for the pastoral care class that raises the most money and all the money raised goes directly to buying resources for the school, so LET’S GET WALKING Year 8!

To all parents and students, my door is always open and if there are any issues please don’t hesitate to contact me at school. My email address is bronwyn.denham@mn.catholic.edu.au or simply phone the front office. Looking forward to the weeks ahead.

Shout out: Eliza Limn. In the holidays Eliza co-captained her NSW Waterpolo Team to a Bronze medal in the National Championships - well done Eliza!

Mrs Denham, Year 8 Coordinator

Year 10 News

I often mention how quickly things move during Year 10 at SCM. It feels as though we have just returned from a term break, but for Year 10 students, these two weeks yet again, have been filled with activity.

It was so pleasing to see St Columban’s Church filled with parents and families in support of Year 10 students at our Awards Ceremony held last week. These events are extremely important to recognise those students who have made an extra effort during Semester One, however, I would like to echo our Principal Tony Kelly and say “Job not done!” Students have 15 more school weeks until our final assessments in Term 4. Work, effort, attitude, motivation MUST remain at its peak for this time. Like all Journeys, the last section is often the most memorable, the most rewarding and the most important. The last 3-4 weeks of Term 4 are an extremely enjoyable for all involved with Year 10, but they are made more memorable if the group can finish in a positive, trouble-free manner.

This brings me to the topic of ATTITUDE. There is a quote I often use with Year groups: “Attitudes are contagious. Are yours worth catching?”
I was reminded of this quote during a recent Uniform Blitz conducted by myself and Mr Donohoe. Moving around Year 10 classes we were on a ‘mission’ to ensure Year 10 were maintaining the high standard we expect at SCM. In particular our focus was hoodies and facial piercing (a regular uniform issue at this stage of the year). As expected there were a number of students not to standard (only 10%, not bad). More importantly for myself, the ATTITUDE of all students was outstanding. Students greeted Mr Donohoe and myself with respect and those to whom we spoke were understanding, pleasant and cooperative. Mr Donohoe made the comment after our last classroom ‘Blitz’, “That was far more pleasant than I expected.” For me it was another sign of a group growing in maturity, working together with staff in a restorative manner with an ATTITUDE well worth passing on!

Many students are close to making some significant decisions in regard to their career or stage 6 schooling options. SFX Information night was held this week and subjects must be chosen during Week 4. In an effort to support our students at SCM, we will be holding further information sessions during lunchtimes in Week 3. Staff from a variety of faculties will be available for students to speak to in regard their subject choices. Further details of this will be available in student notices.

Lastly I would like to promote a project that was presented to Year 10 students during our Year meeting this week. We heard from a man named Zacharia Machiekh, a Sudanese refugee who arrived in Australia in 2005. He is trying to raise enough money to build a school (for girls) in his home village in South Sudan. Driven out of his country because of a violent civil war, Zacharia told us “I have had nothing but support and love since arriving in Australia. I feel I need to pass this support on to my homeland”.

At a time when many Australians fail to understand the significance of Asylum Seekers and their plight, Zacharia put a face to a story of ‘Hope and Justice’. He is a true inspiration trying to make Global Change through small ‘Steps’. Walking from the QLD border to Sydney, Zacharia and his support crew are hoping to raise money and awareness for his cause. Thanks for visiting SCM!

If you would like to follow and support Zacharia go to: HopeRoadProject on Facebook. Simply ‘Like’ this page to promote further support for this worthy cause.

Nathan Beckett, Year 10 Coordinator
St Vincent de Paul in the Community

On Tuesday afternoon, the 24th of June, the San Clemente St Vincent de Paul Group visited the residents of Mayfield Aged Care in Crebert Street, as part of our pastoral interests to build relationships with the community.

Ten students from Year 7 and two Year 9 students walked to the Centre with Ms Nolan and Mrs Sharman where we spent a very enjoyable hour. The students, listened to the elderly tell their stories and played games like dominoes and balloon tennis. One lady we talked to, who keeps busy with a variety of activities, was 101 years old and had recently spent the day at the Broadmeadow races for a ‘flutter’. The students, who participate in these visits find the visit so worthwhile and rewarding.

Our continuing relationship is most appreciated by the elderly who reside at the home and the staff. Once again, it was difficult to prise ourselves away.

Any students interested in joining the Vinnies group which encourages the students to think beyond themselves to others in our community are welcome.

The Vinnies Group had a busy last week at the end of term 2.

As well as the visit to the Aged Care Centre, we held a BBQ at school and funds were sent to Penola House. We also completed our term 2 fundraising for Thobani Mpisi, our South African Sponsor child.

Penola House is a workplace where new citizens can share and learn new skills to empower them to live life more fully in our Newcastle community. It is a place of welcome and friendship for refugees and their families providing social interaction, faith, skill sharing and lots of fun. $320 was raised by our Year 10 Vinnies students who cooked and sold sausage sandwiches and soft drinks to raise these funds.

We have received our annual update progress report from Thobani. He is now in grade three, loves football, helps his mother with cleaning, names Maths as his favourite subject and would like to be a paramedic when he grows up. Fundraising for Thobani continues through term 3 on Fridays.

Julia Nolan, St. Vincent’s de Paul Group

ASPIRE—Music Dance Drama
‘A Night in the Forest’

The 2014 production is based around Shakespeare’s ‘A Midsummer Night’s Dream’. Our talented students from across the Diocese will be sure to entertain you in music, dance and dramas as they bring this much loved story to life. There are some wonderful surprises in store for audience members of all ages as our Artistic Director, through the work of the Ensemble Directors, has produced spectacular performance work that has allowed students to really shine.

Again the performances are at the Civic Theatre. Don’t miss out on this opportunity to enjoy the contemporary performance work and to actively support the development of the creative and performing arts in Catholic Schools.

We look forward to seeing you at either Matinee performances or at one of the evening performances of “A Night in the Forest”

Craig Wattam, Aspire Chairman
RELIGIOUS STUDIES!
Welcome back to Term three.

This term Year 7 will learning about the life and times of Jesus. Their assessment for this unit will be handed out next week and it is due during week 6. Year 8 will be sitting the Religion Literacy Assessment on Friday the 22\textsuperscript{nd} of August. The task will be focusing on the current unit ‘Called to Act Justly’ and a letter will be sent out next newsletter about this assessment.

Year 9 are currently exploring, Church History: The Reformation. Their assessment will be handed out next week and due week 6. Year 10s will also receive an assessment next week on the current unit ‘Creating a Just World’ and will be due week 7. If students misplace their task notification, it can be accessed on our website: http://www.mayfieldsanc.catholic.edu.au/assessments/assessments.htm

Class masses continue this term. Parents will be sent a letter of invitation to attend this special occasion with their child.
8.1-22\textsuperscript{nd} July, 8.2-29\textsuperscript{th} July, 8.6-12\textsuperscript{th} August, 8.5-19\textsuperscript{th} August

Rosemary McAllister, Religious Studies Coordinator

Nationally Consistent Collection of Data on School Students with Disability
San Clemente High School is participating in the Nationally Consistent Collection of Data on School Students with Disability (Data Collection).

This Data Collection is taking place in Catholic, Government, and Independent schools across Australia, and will provide valuable information about supports required for a broad group of students. This will enable Australian and State governments to better target support and resources in schools. This in turn will help schools give students with disability the support they need.

The Data Collection is not limited to students with diagnosed disabilities. It uses a very broad definition of disability, taken from the Disability Discrimination Act 1992 and the Disability Standards for Education 2005, which describe a broad range of health and learning conditions for which schools are required to provide ‘reasonable adjustments’ to support students to participate on the same basis as other students.

The Data Collection will take place every year and will commence during Term 3, 2014. We are in the process of identifying students for whom we make adjustments and will be in contact with you to discuss the adjustments we are making for your child if s/he is part of the identified group. No personal or identifying information about any student will be included.

More information about the Data Collection is available by accessing the following website: www.schooldisabilitydataapl.edu.au

This website also includes Fact Sheets for Parents/Carers in Additional Resources.

If you do not want information to be collected and submitted to the Catholic Schools Office and NSW Catholic Education Commission for your child in relation to Nationally Consistent Collection of Data, please contact our Administration Office.

Please do not hesitate to contact Mr. Keiran Williamson, Assistant Principal (Curriculum), should you require further information.

Yours sincerely,

Tony Kelly
Principal

School Email Contact / School Website
With immediate effect we have been directed to change the user address for emails to the school email address. This is changing from ‘admin@sanclemente.mn.catholic.edu.au’ to admin@mayfieldsanc.catholic.edu.au

The website address has also had a change to:
http://www.mayfieldsanc.catholic.edu.au
San Clemente Walkathon

San Clemente will be holding its annual walkathon around Stockton Peninsula on Tuesday 5th August. This year San Clemente will be again having a Walkathon Raffle. For every dollar donated to the walkathon the sponsor will receive a ticket in the Walkathon Raffle. The sponsor’s name and phone number is to be clearly written on raffle ticket. Note – Sold Raffle books with sponsorship money are to be returned to school library before August 5. Additional raffle books can be obtained from the school’s library.

Please support the school’s major fundraiser for 2014 by purchasing tickets in the Walkathon Raffle.

Below is a list of the prizes available in the 2014 San Clemente Walkathon Raffle. The school sincerely appreciates the generosity of the organisations who donated the below prizes.

⇒ 1st Prize – A Scenic flight for 4 people in a Helicopter along the Newcastle Coastline. A special thank you to Heliservices Newcastle & Hunter for kindly donating this wonderful prize.
⇒ 2nd Prize – A $200 gift voucher at Westfield Kotara
⇒ 3rd Prize – A Lavazza Coffee Machine (Donated by Domayne Kotara)

Other prizes include

◊ 1 Newcastle Knights and NSW Origin Retro Jersey- drawn separately (Donated by Classic Sportswear)
◊ 18x24inch Canvas Print Vouchers – drawn separately (Donated by Domayne Kotara)
◊ 1 Six Month Planet Fitness Platinum Membership (Donated by Plant Fitness Broadmeadow)
◊ 1 Family Pass at Superstrike Mayfield (Donated by Superstrike Mayfield)
◊ 100 6x4 Digital photo prints (Donated by Domayne Kotara)

ATHLETICS CARNIVAL MONDAY AUGUST 4

Hunter Sports Stadium, Glendale

It’s time yet again to get bodies ready for lots of running & throwing! And also for preparing a crazy coloured outfit for houses! (optional – sport uniform if you don’t want to dress up). House Meetings, led by your House Leaders, will take place next Tuesday. We hope that all students compete in the 100 & 200m and also Javelin, Discus & Shot. 400 & 800m & Long Jump are optional.

Unfortunately, the Diocesan Athletics takes place only three days later, on the following Thursday – 1st and 2nd in all events may compete. Permission notes will be given out on Tuesday afternoon, after the Walkathon. Students who wish to compete in the High Jumps and 1500m will have given their names to Mrs Daly. JOIN IN AND DO YOUR BEST FOR HOUSE POINTS.

NSW WATER POLO – THE EAST COAST CHALLENGE -

Eliza Limn of Year 8 was not only part of the team competing in Adelaide, but also the co-captain of the NSW WARATAHS- what an honour! They won 3 from 5 games, then lost the semis, which put them into a playoff for Bronze against Queensland. They won after a draw followed by a penalty shootout.

R. Daly, Sports Coordinator

JAPAN TRIP

About 50 days to go! The tickets have arrived - lots of excitement. On our mind at the moment is a performance for the Japanese students and staff. We have to come up with an idea each trip, which is not easy. We are singing an Aussie song; ‘Home among the Gum Trees’ and we intend to teach the students the words to sing with us and to teach them words such as “gum tree, verandah, porch, vegemite etc”. It will be a lot of fun and will help to form fond friendships between Japan and Australia.

R. Daly, LOTE

From the Library....

Overdue notices were included in the reports – please ensure that the books are returned, or that your student visits the Library to discuss where the book could be, as there is the possibility that the book was returned after the notices were printed.

Now for the review of the week: Gone by: Michael Grant

This wonderful book (first in a series) is a mystery. All throughout town all the parents have disappeared. The oldest you live is until 16 then POOF, you’re a goner. A boy named Sam tries to run the town but it doesn’t really work out so well. With this book you go on a journey with Sam and the gang to try and find out the mystery..... WHERE DID ALL THE PARENTS GO!!!!!!

MATHS NEWS

Letters have been handed out to year 8 regarding a Luna Park trip on September 8th. Permission notes, payment of $60 and a medical note need to be returned ASAP. Closing date is August 8th. All students are encouraged to attend this fun day in Sydney. If payment is a problem, please contact me, as I don’t want students missing out.

The Elective Night is coming up in August. Although Mathematics is not an elective subject, I will still give a short presentation on the differences in this subject in Year 9, compared to Year 8. I’ll also stay around for the rest of the evening to talk to any parents who would like to ask me questions about Mathematics in Year 9.

Again, please make sure all students bring their calculators to each lesson. These are available for $25 from the Finance Office.

Mrs Patricia Murray, Maths Coordinator
5 June 2014

Internet Safety Presentation - Helping Children Stay Safe

Dear Parents & Carers,

Young people today are immersed in digital technologies. They use the internet and mobile phones to socialise, study, exchange ideas and play. While online activity has many benefits, there are also risks.

To help your children stay safe online, San Clemente is hosting a Cybersmart Outreach—Internet Safety Awareness presentation. Designed for parents, teachers and students, this presentation is provided by the Australian Communications and Media Authority (the ACMA) as part of a national program of CyberSmart initiatives.

The Cybersmart Outreach—Internet Safety Awareness presentation is thorough and non-technical. It covers a range of issues including:

- the ways children use the internet and emerging technologies
- potential risks for children online, such as cyberbullying, identity theft, inappropriate contact and exposure to inappropriate content
- tips to help children stay safe online.

The presentation is conducted by an ACMA Cybersmart trainer and is free of charge.

San Clemente is committed to helping students develop appropriate behaviours when using digital technologies, both at school and at home. Our program of internet safety includes ongoing education within the school’s Pastoral Care program.

The Cybersmart Outreach—Internet Safety Awareness presentation will be held on:

**Wednesday 30th July from 5.30pm – 7.00pm (San Clemente)**

Please e-mail the school on admin@mayfieldsanc.catholic.edu.au by the end of Term 2 to register your attendance, or return the slip below to the office. Registration is important in order to finalise numbers and an appropriate venue for this event.

Yours sincerely

Scott Donohoe
Assistant Principal (Pastoral Care)

Internet Safety Presentation - Helping Children Stay Safe Online

Please reserve _______ seat/s at the Internet Safety Presentation on 30 July at 5.30pm.

_________________________  Student at School: _______________________

Parent/Carer

P O Box 405, Havelock Street Mayfield NSW 2304  P: (02) 4014 7300  F: (02) 4960 2782
E: admin@mayfieldsanc.catholic.edu.au  W: www.mayfieldsanc.catholic.edu.au
Calendar Dates to note
School Year 2014

29 July Special Needs Mass
31 July DIO Netball & DIO Rugby 7s
29/7-1/8 Yr 10 Food Tech visits to SFX
4 Aug Athletics Carnival
5 Aug St Dominic’s Day & Walkathon
6 Aug Lion King—CAPA
7 Aug DIO Athletics
7 Aug Year 7 Verbal Combat
9 Aug Year 9 Science Research Talk
12 Aug Big Day at University of Newcastle
13 Aug Year 8 Elective Night
14 Aug Yr 10 Game Training Roadshow
22 Aug DIO Golf
25-29 Aug Year 9 Ski Trip
26 Aug New Caledonia Parent meeting
1 Sept World of Maths Yr 7
3 Sept Year 7 2015 Information Evening
8 Sept Luna Park Maths Excursion Yr 8
12 Sept ‘Try a Skill’
14 Sept Japan Trip
17 Sept New Caledonia Trip
19 Sept End Term 3

Second Hand Uniforms
Size 10, 12 and 14. Some nearly new and the rest in great condition.
Ph: 0421630008

Dear Uniform Shop Customers,
We understand the financial pressures that many families face and as a result Alinta Apparel are constantly balancing our operating costs to achieve the highest quality of garments in line with the expectations our schools and their families have come to expect.
We are continually looking at ways to operate and manufacture uniforms more efficiently without negatively impacting on the product, rights of our employees and personalised service and expectations of our schools and customers.
Despite this, we are continually experiencing price adjustments from our manufacturers and unfortunately are unable to wear the full impact of this anymore.
Please be aware that from 1st August 2014, Uniforms will incur a price adjustment. We will be holding prices until this time so you have the opportunity to make purchases at the current price.
We thank you for understanding and hope you continue to enjoy your experience with Alinta Apparel.
Alinta Apparel Pty Ltd Uniform price list & online shopping available at:www.alintaapparel.com.au

Uniform Shop extended hours on Tuesdays—8am—11am

Canteen
Thank you to all our helpers, new and old, for the great support you have shown us as we provide choice and encourage healthy eating habits for the students and staff.
New volunteers are always needed, if you have any spare time we would love to hear from you.

Gillian and Toni
San Clemente High School Canteen
Term 3—Week 3
Weekly Specials
Sandwich of the Week: Gourmet Chicken $4
Bacon & Egg Sandwiches $3
Soup of the Week: Pumpkin $3.50

The Butterfly Foundation presents
Body Confident Children & Teens
Information and tips for parents
We are pleased to offer parents a presentation that aims to equip you with knowledge, information and tips to help you better understand and promote positive body image at home!
This presentation is designed to help you feel empowered to support your child and their body confidence as they move through puberty and adolescence.

Topics include:
- Background on body image and importance of prevention
- Overview of eating disorders and warning signs
- Key influences on body confidence
- Importance of role modeling positive body image and healthy behaviours
- Understanding ‘Fat Talk’
- Awareness around behaviours that increase or decrease body satisfaction
- Referral information

Venue – Newcastle TBC
Thursday 28th August, 7.30pm – 9.00pm
$25 per person
BOOK YOUR PLACE ONLINE – www.thebutterflyfoundation.org.au
FOR MORE INFORMATION
Please contact Helen Bird helen.bird@thebutterflyfoundation.org.au
T: 02 8456 3908
thebutterflyfoundation.org.au

P & F Association
Our last meeting was held at the Stag and Hunter on a very cold, damp, miserable night last Tuesday, 15th July - a few dedicated P & F supporters showed up to discuss the upcoming Trivia Night at Stockton Sailing Club; the exact date is to be confirmed but more than likely, sometime late October. Our meeting was a planning evening BUT more has to be done before the night - so if you are a keen trivia buff or you have some great ideas to help make the evening FUN & successful – please contact any of the P & F members listed below.
The P & F kindly ask that ALL unsold Entertainment Books be returned to the school, as soon as possible. Also, if you are planning on keeping your Entertainment Book and have not as of yet returned the purchase cost to the school – please do so by the end of next week.
Please know that all parents, grandparents and friends are welcome. You can help out as much or as little as you like. Every bit helps and it’s all for our kids). Our next meeting will be on the 19th August in the school library, starting at 7pm.
Kevin Fuller (President) Kntl@bigpond.com.au
Jenny Battrick (Vice-President)
Kathy Clarkson (Treasurer)
Anne-Marie Kelly (Secretary) anne-marie.kelly@mn.catholic.edu.au
Rose McAlister (Fundraising)
Rachel Baas (P & F Representative)

AM Kelly, Secretary

We’re fundraising with
entertainment