Veritas No 02, 19 February 2016

Dear Parent/Carer, Students & Friends of San Clemente

It has been a particularly busy but successful start to the school year. Our Year 7 students, with the guidance of their teachers and Mr Doyle, their Year Coordinator, are beginning to adjust to the routine and expectations of high school life. The 2016 Year 10 Student Leadership Team was commissioned today following a beautiful liturgy and Project Compassion was launched afterwards. These two themes of our school gathering blended nicely together with a focus on both giving and service for others. As I said to our leaders today at this special occasion, “Leadership is not something you do; it is about who you are and what you have to offer to others. As a Catholic school, our focus is on ‘servant leadership’ and service for others.”

Congratulations to all of our Year 8 students who were great ambassadors for our school last week at the camp in Sydney. I was fortunate enough to spend a day with these students and I was immensely proud of the way in which they engaged with each other, staff and their activities. This was a wonderful experience for Year 8 and it is something I am sure they will remember in years to come. Camping on historic Cockatoo Island, Mass at St Mary’s Cathedral, catching ferries through arguably the world’s most beautiful harbour, sharing a meal together in vibrant China Town, as well as visits to popular tourist attractions such as the Contemporary Museum of Art and Sydney Aquarium are some of the highlights of this trip. Thank you to Mr Marsh and those staff members who gave up time away from their families to support these students while away.

Next week Year 7 will spend three days at our annual camp to Southern Cross Outdoor Education Centre in Somersby. While it will be a challenge at ‘light’s out’ with approximately 170 students moving off to bed, the camp consistently proves to be a success in terms of building positive relationships within the year group!

This week the San Clemente Executive has two days devoted to school planning. We endeavour to discuss key areas in the school with the view to plan wisely for the future and ensure we are providing the best possible education for the students in our care. Some items on the agenda are strategic planning, the School’s vision and mission statement, improving student outcomes through quality teaching and learning, student wellbeing and keeping our Dominican heritage alive.

Finally, in this Jubilee Year of Mercy, I leave with you some words from the Pope in his message for Lent:

“God’s mercy transforms human hearts; it enables us, through the experience of a faithful love, to become merciful in turn. In an ever new miracle, divine mercy shines forth in our lives, inspiring each of us to love our neighbour and to devote ourselves to what the Church’s tradition calls the spiritual and corporal works of mercy. These works remind us that faith finds expression in concrete everyday actions meant to help our neighbours in body and spirit”.

Scott Donohoe, Principal

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St. Dominic

The life of St. Dominic (1170-1221) began like most others; notable only to his family and friends. His parents were comfortable, but not especially wealthy. The family was pious enough to have already sent two sons on to study for the priesthood, but they seemed to have lived a pretty ordinary life at Caleruega, in Old Castile.

There were some early hints of greatness, however. Before conceiving him, Dominic’s mother, Jane, had a vision of giving birth to a puppy with a flaming torch in its mouth which proceeded to run around setting things on fire. This was interpreted as a sign that her son would set the world ablaze with the Gospel. Similarly, at his baptism, a star of sorts appeared on Dominic’s forehead. As a result, both the dog with the torch and the star have become symbols of St. Dominic and the Order he founded.

While he might have done otherwise, Dominic followed in his brothers’ footsteps and began to study for the priesthood. While still at school a famine and plague struck and he famously sold his books (the medieval equivalent of selling one’s computer and smart phone), and used the money to care for the poor. This generous young man was shortly ordained a priest, and subsequently joined a religious community at Osma. He probably imagined a quiet, simple life. But God, it seems, had other plans.

Father Dominic McManus, OP

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God’s mercy transforms human hearts; it enables us, through the experience of a faithful love, to become merciful in turn. In an ever new miracle, divine mercy shines forth in our lives, inspiring each of us to love our neighbour and to devote ourselves to what the Church’s tradition calls the spiritual and corporal works of mercy. These works remind us that faith finds expression in concrete everyday actions meant to help our neighbours in body and spirit.”

Scott Donohoe, Principal
Assistant Principal—Teaching & Learning

We are now halfway through Term 1 and the expectation is that students have developed good study habits. At San Clemente staff are implementing a number of strategies to help your child succeed and it is important that students take hold of these opportunities and use them to the best of their ability. Parents are instrumental in their child’s education. Be involved in what your child is doing and monitor their progress.

One of the strategies that was recently run is a program titled ‘Learn To Learn’. The program ran for six morning sessions and students where taught a range of skills that are essential to learning in all subjects. Some of these skills include, how to use a study planner, basic organisation skills, time management and IT skills such as saving a document and email etiquette. The feedback from staff was very positive. We are now going to gather feedback from students to determine the programs effectiveness. The will enable staff to see what improvements should happen for stage two which will run at the beginning of Term three. The hope is that this program will develop skills that increase in difficulty through the year groups and equip students to work more productively. It should also reduce the class time that is spent teaching these skills which takes away from subject specific content.

Your child’s assessment schedule was emailed to all parents. If this was not received please let the school know and we can re-email it. Students also received a hard copy with their assessment booklet containing all their term one tasks. Tasks have also been uploaded on the school website. It is important that students keep these in an obvious place so they have that constant reminder. All parents should be familiar with what assessments their child has coming up. Check their work and ask them, is this their best effort? Are they meeting your expectations? Help your child by reminding them of due dates and upcoming exams. Find out what grade they received when the task is returned.

We are endeavouring to spread assessment tasks out so as not to overload students and to give them every opportunity to do their best. If you notice your child is struggling under the work load and requires an extension for a task, they should collect an Application for Extension form from my office. These forms should be submitted to the relevant Teaching and Learning Co-ordinator with a parent signature well before the due date. They are also available on the school website and a hard copy is at the back of each student’s Assessment Booklet.

If your child misses an in-class task, it is their responsibility to notify the teacher or the TLC on the day they return to school. If the reason for missing the task is due to a school excursion or representing the school in another way, then they will be required to sit an alternate task once they return to school. If the reason is due to absence they will be required to complete a Misadventure Form which can be collected from my office. This form will also require a parent’s signature. Depending on the circumstance, the misadventure may incur a penalty.

It has been a very positive start to the year and as I walk through many classrooms it is easy to see the engagement and high quality work that is being done. Students and staff have started the year with a great enthusiasm and I am sure if we continue to have that high expectation we will see positive results.

Mr M Romano, Assistant Principal, Teaching and Learning

Assistant Principal, Wellbeing

This week we held two very important assemblies that hold great significance in setting the tone for a school year. On Monday our Positive Education Program and House System was launched for 2016. Following this, on Wednesday, we held the Leadership Commissioning Assembly. Student Leadership in a 7-10 school provides an opportunity for our young leaders to model good behaviours and assist in building quality relationships amongst peers. It is my experience in recent years that, despite our leaders being young in age, they rise to the occasion. It is hoped that the opportunities we provide at SCM through our House program, Leadership Camp, Assemblies and PosED Leadership Program that our young leaders can grow in confidence and skill and continue the legacy left by our previous School Leadership groups.

One of the fundamental elements of our Positive Education program, PosED@SCM, is the concept of CONNECT. This concept obviously has a broad definition but in my role as a member of our Wellbeing Team, I am continually experiencing the value of a strong connection on three different levels. The relationships between staff and students, parents and staff and students and parents are an essential combination for building a quality community and ultimately building success within a school environment. At San Clemente we often have exceptional feedback regarding the quality relationships between staff and students. In fact in our recent exit surveys, held late in 2015, by far the number one comment from Year 10 students leaving our school was the value they placed in these relationships. This connection can not always be taken for granted, it takes hard work, mutual respect and quality communication. Staff at San Clemente make no secret about setting high expectations for our students but do this by taking great care to maintain quality relationships with their students. This is not always easy, as teenagers themselves are learning about relationships and the correct manner in which to respond to a particular situation.

Our Restorative Justice Policy ensures that high expectations are met with the greatest of respect accounted for. A priority for our Wellbeing team in 2016 is to continue to develop, maintain and improve the quality of connection between home and school. If students can experience mutual trust and respect between parents and staff then their experience at school will be rewarding. In fact the number one indicator for any individuals Wellbeing and Resilience is — social support network. For our young people that social support network is SCHOOL and HOME. For far too long High Schools have always had a sense of “off limits” for parents and outsiders. I would hope that this is not the case at San Clemente and I will be doing everything in my power to “open the doors” for parents and create quality lines of communication.

One means of this communication is our fortnightly Newsletter and it is hoped that parents and students take time each publication to read the information and stay connected with what is happening at San Clemente. In 2016 the Wellbeing section will take a slightly different format. Our student coordinators each week will highlight key aspects of each of their year groups, providing important, practical information for the fortnight ahead. Each Year Coordinator will take a turn at also completing a short “Professional Article” providing invaluable Wellbeing information they have gained through their experiences and knowledge gained on the frontline of school life welfare. Our Students Coordinators have a vast array of knowledge in this area, are well read in current wellbeing practises and attend quality professional development. Much of this information can be of great value for parents when raising their children. (I can speak from firsthand experience with this!) It is hoped that parents will not be overloaded with information as we are trying to take a “quality” rather “quantity” approach.

Nathan Beckett, Assistant Principal
Wellbeing

This week, the PosED@SCM program for 2016 commenced with the launch of the House System competitions (The Tony Kelly Cup) alongside the first Mentor Sessions of the term for Years 7 and 10. Based on the principles of positive psychology, the Mentor Sessions provide the foundations for students to build positive relationships, develop resilience, showcase their strengths and improve overall wellbeing. For years 8 and 9, Tuesday’s Year Meetings provided an opportunity to look back on the first four weeks of term, and specifically for Year 8, to reflect on their camp: Sydney Getaway.

In conjunction with its curriculum focus, the Sydney Getaway was based around the “5 ways to wellbeing”. Year 8 students continued to impress through the way they connected with their peers and staff in an unfamiliar environment. Students were extremely active in walking through the Botanic Gardens passing the Opera House and through iconic areas such as Darling Harbour and China Town. Staff were astounded by the giving nature of all students as they observed students making way for the general public on ferries and volunteering to assist staff in food preparation and carrying equipment. Additionally, the venues we visited regularly complemented San Clemente students on their manners and maturity. It was difficult not to take notice of the Sydney Harbour Bridge, Opera House, St Mary’s Cathedral and Cockatoo Island sunsets – the school’s website will be updated shortly with special moments captured on camera. Regularly, students were encouraged to keep learning through the connections made between Sea Life Aquarium and their current text study in English, Blueback, or simply trying something different such as the Chinese banquet dinner or conquering their fears on the Hair Raiser at Luna Park. Overall, Year 8 are to be commended on the way they conducted themselves over the three days. Unfortunately, this article has restricted “shout-outs” this week: 180 names was over the word limit!

San Clemente High School prides itself on the opportunities provided to students to connect and learn as a community in an environment separate from timetabled classrooms. Events such as camps for Years 7 and 8, the Ski Trip/ CAPA immersion for Year 9 and Retreat for Year 10, are only possible because of the willingness of staff to attend, combined with an appreciative student body and support from parents and carers. I would like to take this opportunity to thank all parties for their continued contribution to these initiatives.

Up next for Year 8...

On Thursday of this week, all Year 8 students participated in a Mathematics excursion facilitated by Inquisitive Minds. The workshops are designed to challenge and extend students of all mathematical abilities, teaching them new skills and enhancing their ability to solve problems. Stay tuned for the next edition of Veritas for a review!

With a jam-packed beginning to the school year, students are encouraged to transfer their engagement and enthusiasm at Camp and extra-curricular activities to tasks, including assessments, inside the classroom. Please refer to the booklet distributed earlier in the term to keep track of due dates and ensure tasks are started well in advance.

Nicholas Marsh – Year 8 Coordinator (Wellbeing)

Year 7 News

It is hard to believe that Year 7 have been at San Clemente for three full weeks now. In that period they have had to adjust to new timetables, subjects, teachers, assemblies, year meetings, sport routines and for many new bus arrangements. I would like to commend Year 7 on the manner in which they have adapted to this change.

Year 7 were fortunate last week to experience an afternoon at Nobby’s beach for their ‘Active and Connected’ days. The sun was out and so were the bluebottles but smiles and laughter filled the air. Year 7 were able to connect with their peers, mentor teachers and myself in a relaxed environment. Students also participated in a mindfulness exercise where they sat quietly for a few minutes focusing on their breathing and their surrounds – an activity we all need to practice regularly.

Not many sleeps until camp, please don’t be nervous as camp is an enjoyable experience for students and staff. Students are to arrive at school next Wednesday 24th February as normal and buses will depart at 9am. I will be emailing all Year 7 parents on Friday about camp and arrangements.

Finally next Tuesday is the school’s Swimming Carnival. Attendance is compulsory regardless of an individual’s swimming ability. Students are encouraged to be creative and dress up in their house colours.

A reminder to Year 7 and parents, if you have any concerns at all please contact me at school on 4014 7300 or on the following email address; patrick.doyle@mn.catholic.edu.au

A final thought Year 7,

“Success is the sum of small efforts, repeated day in and day out.”

Patrick Doyle - Year 7 Wellbeing Coordinator
**Year 9 News**

Well, what a great start to the year! Our year 9 students are stepping up and meeting expectations both inside the classroom and out. We had an informative and enjoyable year assembly this week with Mrs South speaking about our Positive Education focus for the term ‘Take Notice’. We are encouraging the students to stop and take notice of all the big and little things that they have both inside and outside of school. It would be great if parents/carers had a chat about this at home with their children, sometimes the little things go by and you don’t get the chance to appreciate them!

Another wonderful presentation was also given by Mrs McInnes on the Student Representative Council (SRC). Students will be given the opportunity to vote for their SRC representatives on Monday. This role is a privilege and with it comes responsibility but also a lot of fun! There are a lot of activities with SRC this year and with school leadership opportunities available at the end of the year it would be a great stepping stone for our students.

All students have also been given an assessment guide. This coincided with the end of the ‘Learn to Learn’ Program with our students where they learnt important life skills such as utilising their personal devices and organisational skills. The assessment guide is a fantastic tool to allow students to look ahead to what is due and therefore avoid getting overwhelmed when it comes to the busy exam period.

Finally, a big shout out to Georgia McLeod and Carinah McAllister who along with Ms Lopez performed beautifully at our year assembly.

Mrs B Denham, Year 9 Student Coordinator, Wellbeing

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**Launch of PosEd and the Tony Kelly Cup**

On Monday 15th February a special assembly was held to launch our house competition and the PosEd sessions for 2016. Sienna, the 2015 winners of the Tony Kelly Cup, were presented with the championship banner and the illustrious cup, as students were informed about the broad range of opportunities to actively connect with our community. Involvement in each of the following activities provides students with points towards their house...

- **Maths and Science Challenges**
- **Lunchtime sporting competitions**
- **Theatresports competitions**
- **The Masterchef challenge**
- **Visual Arts challenges**
- **Bronze, Silver and Gold awards**
- **San Clemente’s Got Talent**
- **The swimming and athletics carnivals**

PosEd sessions started in Year 7 homerooms with a focus on strength identification. Students used the results of the VIA strength survey to discuss their top 3 strengths and how they best use them in their daily lives.

This focus on what each of us is good at assists in the development of a growth mindset, making for more engaged and motivated learners. Year 8, 9 and 10 will begin their PosEd sessions in the next two weeks.

Emma South, Positive Education Coordinator

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**Year 10 News**

Year 10 have been handed their Assessment Booklets for Term 1. It clearly outlines expectations, procedures and assessments. Please take the time to read the booklet carefully. This week year 10 photos were held and it was great to be part of the Year 10 cohort photo! The majority of students looked amazing on the day, however, I did speak to a small number of students about their uniform. I am seeking parental and student support in ensuring that our high expectations of uniform are upheld. The most common concerns were girls skirt length and inappropriate school shoes. Parents, please do not hesitate to seek my support with any uniform battles.

Last week I had the pleasure of taking Jack Levido, Sophia Coppeneichia, Declan MGee and Kayln Cijoya to the St Francis Xavier’s Commissioning for 2016 as representatives from San Clemente. It was lovely to see so many ex San Clemente students at the commissioning and also to see so many as part of the 2016 SFX leadership team.

On Wednesday the Year 10 leadership Commissioning took place.

**School Leaders:**
- Jasmine Sullivan Bryce Zerbes
- Aimee Murphy Patrick Nolan

**Year 10 Leadership Team:**
- Elijah Hayter Bodhi Deamer
- Isabella Hawke Michael Gardener
- Chloe Charlton Kaylyn Cikoja
- Declan McGee Aimee Zerbes
- Kaleb Cox Sophia Caponecchia
- Jack Levido Lauren Mulholland

Congratulations to the leaders! Lauren Mullholland and Isabelle Hawke were absent on the day, but will receive their badges at another date.

Thank you to the wonderful performance at the commissioning ceremony by: Thomas Baker, Bryce Zerbes, Nick Zerbes, Heather Bray, Cohdy Smyth, Amy Murphy and Michael Gardner, it was amazing! Many students noticed Mr Beckett’s enjoyment and enthusiasm of the performance!

The Jersey order has been completed and sent away. Year 10 students are looking forward to receiving their jerseys in time for the colder weather.

Some dates for your calendar, Year 10 End of Year arrangements, would look as follows:

- **June 28—30** Year 10 Retreat
- **November 14 – 18** Exams
- **November 21 – 25** Work Experience
- **November 28-29** Normal Classes/Exam Feedback
- **November 30 (Wed)** Awareness Week begins
- **December 5 (Mon)** First Aid
- **December 6** Final Day Awareness Week
- **December 7 (Wednesday)** Year 10 Farewell & ‘Clap out’
- **December 8 (Thursday)** Graduation

Kate Tolfree, Student Wellbeing Coordinator
Careers Corner

Welcome to Careers Corner for another fortnight. Years 9 and 10 have all had their first initial careers lesson by now and students are really starting to think seriously about their futures – this is fantastic!

In the classroom:

Year 9 – are starting to look at matching what they enjoy doing and which subjects they are good at, to possible careers. Students will receive a report which details their strengths, personality types, and character traits. It will then match these categories to possible occupations that students might be interested in researching further – feel free to browse the following website (it’s the exact one your child will be using in class) www.mycareermatch.com.au

Year 10 – have been researching specific occupations using the Job Jump website and have been made aware of the various important dates on the horizon for their final year here at San Clemente.

I would also like to make Year 10 aware of an upcoming Study Skills Day that ALL students will be involved in. The date for this extremely important incursion is Tuesday 8th March. It will prove to be invaluable in terms of developing positive study habits, quality time management skills, and overall examination preparation techniques – more information to follow!

Parents/carers are also invited to attend the annual Year 10 Information Night which is scheduled for Tuesday 8th March. The night will start at 6.00pm and conclude at 8.00pm, and be held in Rooms D1 and D2. Staff/guest speakers attending include:

⇒ San Clemente’s Executive Team
⇒ Elevate Education
⇒ San Clemente’s Year 10 Wellbeing Coordinator – Mrs. Kate Tolfree
⇒ San Clemente’s Careers Advisor – Mr. Mitch Allan

Finally, a friendly reminder to ALL STUDENTS in Years 9 and 10 to;

Check daily, Read carefully, and Respond promptly!!!

I have a habit of sending out quite a few large group emails regarding a number of career related issues, including those relating to apprenticeships and career opportunities in Newcastle and the Hunter – for further information I would encourage you to visit the following website – www.careerslinks.nsw.edu.au

Mr Mitch Allan – Careers Advisor

Student Representative Council 2016

Student Representative Council elections for Years 7, 8, 9 on Monday 22 February

Staff members from the SRC committee visited year meetings this week to let students know all about the SRC and to help them decide if they would like to be a part of it this year. The voting for SRC will take place on Monday 22 February for years 8 and 9, and during the camp next week for year 7. Being part of the SRC is a great opportunity to connect with community, give to others, and have fun with fellow students and staff. We hope that all students will give this opportunity serious consideration and put themselves forward to represent their mentor group and school. SRC Team.

Hunter Youth Mentor Collaborative (HYMC) Educational Scholarships

This week 33 young people from our region were awarded HYMC scholarships to facilitate their education. Many students from San Clemente completed application forms in 2015 and were interviewed for eligibility. I am very pleased to announce that three Year 10 students from San Clemente were fortunate to be scholarship recipients for 2016: Maurice Mukunzi, Bezawit Mengistu and Ayor Chinmouth. The students attended a Presentation Ceremony this week to be officially presented with their Scholarships. The HYMC is a not for profit organisation that coordinates many activities to assist young people in our region. The scholarships are possible due to the generous support from local businesses and registered clubs. For more information: http://www.hymc.com.au/

Mrs G McDonell
EALD Teacher (English as an Additional Language/Dialect)

Reminder to Parents and Students
Early Leavers & Timetables

Parents picking up students through the day for appointments should send a note with the student in the morning. The note is processed and a leave pass given to the student. This avoids class disruptions and delays for the parent when picking up their child.

Timetables: Reprints of timetables now cost $0.50. Please check pockets before washing. Students should have an electronic image of their timetable or have several written copies.
English News

All Year 7 – 10 students are preparing for their summative tasks as they work through their units. Students have been completing formative tasks and receiving useful feedback, which will assist in the preparation of the summative tasks. All English students are expected to complete homework each night. There are many resources on the English MOODLE, which will support the students in their learning. All students are strongly advised to use the MOODLE as part of their home study. MOODLE requires the internet, however, resources can be saved onto the students’ devices during class.

Year 8 have been exploring the concept of sustainability as they study Tim Winton’s novel ‘Blueback’. Whilst on their excursion to Sydney last week, the students had the opportunity to view gropers and other creatures of the ocean at the Sydney Aquarium. This week students participated in an excursion where special guests, Ivan and Glenn MacFayden delivered some life experiences of the ocean. Ivan and Glenn shared Tim Winton’s passion for the ocean and understand the importance of sustainability. We sincerely thank the MacFayden brothers for giving up their valuable time.

Blue groper at Sydney Aquarium

Year 7 HSIE students will also be involved in Clean Up Australia Day on the 7/3/16 during their HSIE lessons. This event inspires students to learn about their environment and contribute to their local community. It’s a day when students and teachers work together to clean up a site significant to them. Bags and gloves will be provided. Students in HSIE classes only will be required to bring a hat and sunscreen.

Mrs Sheridan Pruteanu, HSIE teacher

Creative Arts and Languages (CAPA)

The Creative Arts and Languages faculty provide students with OPPORTUNITY to-
♦ discover and use their strengths
♦ learn to manage nerves and anxiety
♦ express themselves
♦ explore other cultures and languages
♦ work as a team member, collaborate and problem solve

Use your strengths...

Art Competition- Harmony Day ‘Design a Poster’ with the theme ‘Stop, think, consider others’. See website for details: www.harmonyday-everyday.org

Song Competition- Write the theme song for ASPIRE and win $600 Muso’s Corner voucher. See Miss Lopez or the website for details: http://www.mn.catholic.edu.au/students/performing-arts/aspire-performing-arts-program

Connect...


Be active...

Whole school and Year assemblies- Opportunity for students to perform in front of their peers. See your Year Coordinator or Music teacher.

Upcoming events:
Japanese (Year 9/10 elective)- Sydney culture excursion- 24th February
CAPA Immersion Tour (Year 9/10 elective optional)- Deposit accepted from the 29th February

Student Updates

Please keep us informed of any changes of address, phone or email address so that our communication records are current in the event of an emergency and for all correspondence. If you haven’t already returned the Student Verification Report, please do it now. With thanks.

Uniform: Any uniform that is in good condition that your child has outgrown or no longer needs would be gratefully received at the office to be passed on to someone else in need.
Human Society and Its Environment (HSIE)

Students studying Year 8 History this semester have begun examining the Ancient to Modern World through the study of Medieval Europe. As part of their first formal assessment task students are researching siege techniques used during the Medieval period to attack and defend castles, as well as the living conditions people experienced. This task is to be submitted to their History teacher in week 6.

Year 8 Globally Called and Year 10 Take Action students have been assigned groups and have begun doing the groundwork for their presentations that are to be submitted week 8 and presented in week 9 term 1 (Year 8 22 March) and week 1 term 2 (Year 10 27 April). This is an exciting opportunity for students to be ambassadors and publicise the great work Caritas is achieving in creating equality in the world.

Ms Leticia Wakely, HSIE Teaching & Learning Coordinator

San Clemente P & F Committee

The San Clemente P & F Committee had a welcome dinner for current and prospective members on Tuesday night at the Stockton RSL Club. It was a wonderful evening hosted by the P & F President Kevin Fuller and members of the last years committee. The committee spoke about the various roles in the P & F that are currently vacant; i.e. Secretary and Treasurer. The Annual General Meeting will be held next month, on Tuesday 15 March from 7pm at the school Library. The P & F is ultimately about being involved in the lives of our children, working with the school to improve the facilities, opportunities and well-being of all of the students (our children) at San Clemente High School. Please feel free to come along to the next meeting – there is no pressure to join, just come along and see what we do.

Anne-Marie Kelly

SPORT NEWS

FRIDAY SPORT: Students have finally settled in to term one sport and recreation activities. Many students have asked to change their selection due to friendship group situations, injury or higher level achievements. It would be appreciated if movement could now cease. The majority of groups are full, as we are governed by ratios of students and teachers, as well as numbers on the buses.

SWIMMING CARNIVAL TUESDAY 24 FEBRUARY: All students should have returned permission notes by now. They should also have taken home a reminder note with information such as: attendance, colourful outfits, participation at their level, house and school spirit. If they are not confident swimmers, supporting their house is most important. We have always been proud of the level of enthusiasm of our students at the carnivals – the chanting, cheering and mass of colour is a sight to see! Parents are most welcome to attend. Please remind your children to SLIP SLOP SLAP! Sun protection is vital. Mrs Daly will need student helpers, who will be awarded points for their house too. They need to see her immediately.

STUDENTS WITH DISABILITIES (SWD): Students who are good at swimming, athletics and cross country and wish to compete at NSW CCC level, need to see either Mr Askie or Mrs Daly for regarding assessment on a national register. This must be done to enable participation. Further information is available on our website including application paperwork for events: http://www.mayfieldsanc.catholic.edu.au/media/181217/diocesan-carnivals-for-swd.pdf

STUDENT ACHIEVEMENTS

Eliza Limn, Year 10, continues her successful career path in Water Polo. She has gained selection in U16 and U20 Hurricane Water Polo Teams, won State Finals and was the most valuable player.

Harry Fraser, Year 8, selected Newcastle Rep Touch Football

Emily Docking, Year 8: Port Stephens Rep Netball

Callen Flaherty, Year 8, has represented the Port Stephens Bandits in State Oz Tag. We wish him well in all competitions

Mrs Renate Daly / Sport Coordinator

JAPANESE EXCURSION WED 24 FEBRUARY - SYDNEY

Title: “JEWELS OF KYOTO” – Traditional Dance and Music by Maiko of Japan.

Maiko are apprentices of Geisha, traditional female artists who have done rigorous training and are accomplished in the Japanese arts, such as tea ceremony, flower arrangement, dancing and music.

Two Maiko from Kyoto will introduce their culture and life, perform traditional dances and share a mini lesson on the gentle and refined dialect of Kyoto. This is a rare and authentic Japanese cultural experience.

As the Japanese elective classes are small, I have issued the invitation to the school community, as many students have studied Japanese while in Year 8. Preference will Years 10 and 9.

The cost is $55, which includes: transport, entry and a Japanese style lunch. Departure from school is early, 7am, as the performance begins at 10.30pm. Return time at San Clemente is at 5pm. Students need to see Mrs Daly for a permission note.

Mrs Daly / Japanese Teacher
Project Compassion is Caritas Australia’s annual fundraising and awareness-raising appeal which runs through the six weeks of Lent each year. The theme for Project Compassion 2016 is “Learning more, creating change”. As Pope Francis says “Education is an act of hope”, so this year Project Compassion celebrates the power of learning, and the many ways in which Caritas Australia is working with local partners around the world to provide vital learning and renewed hope to children, women and men most vulnerable to extreme poverty and injustice.

The focus communities for Project Compassion 2016 are Malawi, Laos, Papua New Guinea, Australia, Cambodia, and India. Over the next weeks you will have the opportunity in Religion classes to see how education, training and sharing knowledge can empower individual communities to transform their futures and create lasting change. As a community we are known for our generosity and championing social justice issues. Year 8 and Year 10 Religion and Geography classes have already begun supporting Caritas by becoming ambassadors to raise awareness for Project Compassion 2016 in their units “Globally Called” and “Take Action”. At San Clemente until the end of term, our SRC team will be working to raise money and awareness for Project Compassion. SRC members will be visiting mentor rooms to collect donations, and running various exciting activities including a St Patrick’s Day stall and Easter Egg raffle.

Like last year, Project Compassion donations will be tallied according to house colour. SRC members will be visiting mentor rooms each morning to collect donations. Your spare change will quickly add up and go a long way to support Project Compassion but also will give you the opportunity to earn points for your houses. The donations will be tallied each day and displayed on the screen in the canteen area. Give what you can so we can provide for those less fortunate than ourselves. Thank you.

Student Representative Council elections for years 7, 8, and 9

Lent is a time for:

Prayer: More time given to prayer during Lent should draw us closer to the Lord.

Fasting: Fasting is one of the most ancient practices linked to Lent. Fasting is more than a means of developing self-control. It is often an aid to prayer, as the pangs of hunger remind us of our hunger for God.

Almsgiving: It should be obvious at this point that almsgiving, the third traditional pillar, is linked to our baptismal commitment in the same way. It is a sign of our care for those in need and an expression of our gratitude for all that God has given to us.
Special Needs Information Day

Come along and hear Catholic Schools Office representatives speak about support available for children enrolled in our Catholic schools.

CatholicCare Social Services will also come along to offer information about their services.

Morning tea provided.

March 15
St James’ Primary School
Kotara South
11am - 1pm &
7pm - 8:30pm

March 16
St Joseph’s Primary School
Muswellbrook
11am - 1pm

March 22
St James’ Primary School
Taree
11am - 1pm

2016 Info days

The Special Needs Information Day is provided free of charge!

R.S.V.P. (For catering)
Cath Garrett-Jones
Parent Liaison and Resource Officer
P 4979 1303
E cath.garrett-jones@mn.catholic.edu.au

The provision of the opportunity to gather information from Service Providers present does not constitute an endorsement of their service from the Catholic Schools Office or Federation of P & F Associations – Diocese of Maitland-Newcastle. It is a matter for each individual to determine the appropriateness of any service provider for their own needs.
ENGAGING ADOLESCENTS™
PARENT COURSE

Parenting skills for resolving teenage behaviour problems

A three-session program for parents and carers
at Jesmond Neighbourhood Centre
44 Mordue Parade, Jesmond
When: Wednesday Mornings 9th, 16th, 23rd March 2016
Time: 9.30am – 11.45pm
Free to attend, light refreshments included.

Learn:
✓ Some common ground shared by parents & reasonable expectations to have about adolescents
✓ New understandings of adolescence
✓ A three-option model & flow chart for decision-making
✓ Self-check-in, first-for parents
✓ Building relationship with your teenager and making the best of your non-crisis conversations with them
✓ Skills for tough conversations for handling those problems you just can’t ignore

What parents have said...
A step dad recalled an incident at the weekend with his 12 year old step daughter. He said that the input he had received the previous week from the course helped him keep his cool and brought a more favourable outcome.

A single Mum who had presented as quite anxious on the first night told the group in week 2 that she had made an appointment with her 15 year old son during the week and had had a far more favourable discussion with him than would previously have been the case.

Who’s running it?
The trainers for this course are Lindy Gemmell and Michael Burke who work as Adolescent & Family Counsellor’s in the Newcastle and East Lake Macquarie Local Government Area’s.

Registration is required
Limited spaces are available, please register for this course by contacting
Lindy Gemmell ph. 4979 8555 before 2nd March 2016

For more information please contact Lindy Gemmell ph.4979 8555
Or Michael Burke ph. 0408474602

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner.  www.parentshop.com.au
Calendar Dates to note

- 22 Feb SRC Voting
- 23 Feb Swimming Carnival
- 24-26 Feb Year 7 Camp
- 26 Feb Year 10 White Card Training
- 02 Mar SRC Commissioning Yrs 7, 8, 9
- 08 Mar Year 10 Elevate Education Study
- 08 Mar Parent Info Evening Year 10
- 9/10 Mar School Leaders Immersion
- 17 Mar SRC—St Pats Fundraiser
- 23 Mar Easter Show (9/10 Food)
- 24 Mar Immunisation Year 7
- 25 Mar Good Friday
- 28 Mar Easter Monday
- 01 Apr Yr 7: Verbal Combat presentation
- 08 April—Staff Dev Day Pupil Free
- 26 April—Term II begins

Information Session for parents on SEPARATION ANXIETY

Tuesday 23rd of February
Venue: Corpus Christi Waratah Library
Time: 6:30-8pm
Facilitated By: Clinical Psychologist, Alikki Russell
Contact the school by Feb 19th to reserve a place 4968 3220

Bus Route Change

Hunter Valley Buses - Thornton, Lemon Tree Passage and Medowie - Changes to the afternoon schedule on this route, with effect from 15 February are listed on our website. Follow the links below to check any changes to your bus route here.

http://www.mayfieldsanc.catholic.edu.au/enrolment/bus-routes


Canteen Roster

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 5</td>
<td>Nicole Denzin</td>
<td>SWIMMING CARNIVAL</td>
<td>Shannon Iobi</td>
<td>Sue Trahare</td>
<td>Linda Robinson</td>
</tr>
<tr>
<td></td>
<td>Sandy Diamonte</td>
<td></td>
<td>Cathy Pye</td>
<td></td>
<td></td>
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<tr>
<td>Week 6</td>
<td>Jody Gill</td>
<td>Toni Balkim</td>
<td>Carmel Sharah</td>
<td>Joan McBride</td>
<td>Mary Monin</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Maureen Alterator</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 6</td>
<td></td>
<td></td>
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<tr>
<td>Week 6</td>
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St Clemente Boys Uniforms for sale. Sizes 10, 12 and 14 Formal and Sport. Phone 0421630008

FOR SALE: “LeaderTab W230 Tablet” by Intel for $359.00 (nearly half price) less than a year old and only used a handful of times. With original receipt of purchased. Contact details Carolyn 0410636290

Boys Uniform

<table>
<thead>
<tr>
<th>Item</th>
<th>Sizes</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Boys S/S Shirt</td>
<td>All Sizes</td>
<td>$37.00</td>
</tr>
<tr>
<td>Boys Formal Shorts</td>
<td>All Sizes</td>
<td>$43.50</td>
</tr>
<tr>
<td>Boys Formal Trousers</td>
<td>All Sizes</td>
<td>$55.00</td>
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</table>

Girls Uniform

<table>
<thead>
<tr>
<th>Item</th>
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</thead>
<tbody>
<tr>
<td>Girls S/S Blouse</td>
<td>All Sizes</td>
<td>$39.00</td>
</tr>
<tr>
<td>Girls Tartan Skirt</td>
<td>All Sizes</td>
<td>$68.00</td>
</tr>
<tr>
<td>Girls Fitted Pants</td>
<td>All Sizes</td>
<td>$49.00</td>
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</table>

Sports Uniform

<table>
<thead>
<tr>
<th>Item</th>
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</thead>
<tbody>
<tr>
<td>Sports Polo</td>
<td>All Sizes</td>
<td>$42.00</td>
</tr>
<tr>
<td>Girls Sports Shorts</td>
<td>All Sizes</td>
<td>$38.00</td>
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<tr>
<td>Boys Sport Shorts</td>
<td>All Sizes</td>
<td>$38.00</td>
</tr>
<tr>
<td>Tracksuit Jacket - performance fleece</td>
<td>All Sizes</td>
<td>$80.00</td>
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<tr>
<td>Tracksuit Jacket - microfibre</td>
<td>All Sizes</td>
<td>$69.00</td>
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<td>Tracksuit Pants</td>
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Jumpers/JKts/Cardigans

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<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Cotton Cardigan</td>
<td>All Sizes</td>
<td>$55.00</td>
</tr>
<tr>
<td>Knitted Jumper</td>
<td>5 - 16</td>
<td>$82.00</td>
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<tr>
<td></td>
<td>18 - 22</td>
<td>$92.00</td>
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<tr>
<td>Anorak</td>
<td>All Sizes</td>
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Accessories

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<tbody>
<tr>
<td>Sports Cap</td>
<td>One Size</td>
<td>$18.00</td>
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<tr>
<td>Socks</td>
<td>(2pack)</td>
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<tr>
<td>Nylon Tights - black</td>
<td>All Sizes</td>
<td>$10.00</td>
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<tr>
<td>Football Socks (1pack)</td>
<td>All Sizes</td>
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<tr>
<td>Leather Belt - black</td>
<td>All Sizes</td>
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<tr>
<td>Scarf</td>
<td>One Size</td>
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</tr>
<tr>
<td>Gloves</td>
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SALE ITEMS

<table>
<thead>
<tr>
<th>Item</th>
<th>was</th>
<th>NOW</th>
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<tbody>
<tr>
<td>Girls Fitted Pants</td>
<td>$53.00</td>
<td>$49.00</td>
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</tbody>
</table>
NEWCASTLE CITY
JUNIOR AFL

Newcastle No.1 Sportsground, Newcastle West
2016 Online Registrations Now Open
www.newcastlecityjuniors.com.au

NAB Auskick
5 Years to 8 Years
$90 ($10 discount for each sibling) Includes 2016 Auskick Pack

Juniors U9s, U11s, U13s, U15s & U17s
$150 ($10 discount for each sibling)

Youth Girls 13 Years to 16 Years
$150 ($10 discount for each sibling)

***** NO WEEKLY FEES *****

For further information please visit our website or contact Kim on 0435 806 804