Whole school gatherings are particularly important occasions. Yesterday we held a wonderful assembly which was extremely affirming for our students. Awards were presented for a variety of reasons across different areas of school life: Sport, Drama, Science (including a recent Forensic Science camp), Social Justice with a visit by Caritas Australia praising our students, as well as a superb musical performance by two of our Year 8 students, Austin MacKay and Carinah McAllister. These occasions build spirit and solidarity within the school. They let our students know that we value them both individually and also collectively as a ‘San Clemente’ team, working together and supporting one another.

On a smaller but equally important level, each cohort meets fortnightly for approximately half an hour. During these meetings, our Year Coordinators and their respective teams of staff celebrate the talents and achievements of students. Each week, I visit these events to witness students receiving awards, being acknowledged positively for the good work being done, performing music and also, to hear important messages being conveyed by our Coordinators and their teams. For instance, this week during the Year 7 Meeting, the PosED semester theme of ‘Be Active’ was reinforced. Mr Beckett praised the students for the way in which they involved themselves in school life. He was proud that Year 7 dominated the playground during lunchtime in terms of their activity! Never before has he seen this!

The ‘Be Active’ theme is one of our 5 steps to wellbeing: ‘Connect’, ‘Be Active’, ‘Take Notice’, ‘Keep Learning’ & ‘Give’. Our ‘Be Active’ approach is more, however, than simply being physically active, although this is clearly important. Our interpretation is quoted below from both the student and mentor workbooks:

“Proactive v Reactive; Get involved; Be assertive not submissive; Make plans, not excuses; Set Goals and

MOVE. Take a walk, go cycling or play a game of football. Find the activity that you enjoy and make it a part of your life”.

Each year, the Catholic Education Commission (CEC) visit NSW Diocesan Catholic schools. This year, San Clemente was chosen as the secondary school within the Maitland Newcastle Diocese and Dr Brian Croke, CEC Executive Director, visited on Wednesday. This is certainly a great tribute to our school community and it was with great pride that we were able to tell Dr Croke of our San Clemente story, take him on a tour of our school and present to him some of our initiatives.

Mr Kelly has often talked about the strength of our community which is built on quality relationships. A vital part of this community is our hardworking, dedicated and compassionate staff. We have such a significant focus on student wellbeing but similarly we aim to ensure our staff are well cared for and nurtured. On Wednesday afternoon, Tarnya Davis, Clinical Psychologist and Director of ‘NewPsych’, spoke to our staff. Tarnya addressed the staff on self-compassion and mindfulness, providing helpful tips on how to look after ourselves. Our staff community, like you, lead very busy lives and it is important they try to take some time to care for themselves as well as others.

Having entered the second half of the winter term, I encourage all students to challenge themselves to keep focused, work hard and make the most of their opportunities during the next few weeks. It is always easy to start a term well after a refreshing holiday; however, it can be difficult to finish well when tired and ready for a break. The message to our students at this time is that the race is not over until the finish line is reached!

Scott Donohoe, Assistant Principal, Wellbeing
**Love Never Ends**

Many things in this life do end. There are friends we lose contact with and never see again. There are homes which are sold and knocked down. There are schools and jobs we leave, never to return to again. Life does seem a series of beginnings and endings.

One of the saddest things I have seen is when a young person loses a parent, either to a terminal illness or some other tragedy. There have been at least two famous singers who lost their mothers when they were teenagers. One was John Lennon from The Beatles. His mother was killed in a traffic accident when he was 17. The other was the mother of Paul Hewson, otherwise known as Bono, of U2. When he was 14, his mother died at the funeral of her own father. He said “Rage always follows grief and I had a lot of it and I still do, but I channelled it into music and I still do.” Bono goes on to say that their new album ‘Songs Of Innocence’ was released exactly 40 years after his mother’s death. There is a song on the album about her called ‘Iris’. All of this shows that loss and grief affects people for a very long time. If handled unwise these very powerful events can almost destroy people; if the pain is allowed to be felt, they will make us deeper, richer, more compassionate people, though we will always feel the pain.

Grief and loss are an inescapable part of life. How we manage comes down to how we respond to those events out of our control. In another song from the album Bono sings these words “I’ve seen for myself there’s no end to grief, that’s how I know there is no end to love.” In this he deliberately echoes the words of St. Paul for myself there’s no end to grief, that’s how I know there is no end to love.”

In this he deliberately echoes the words of St. Paul

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**Assistant Principal—Teaching & Learning**

Year 8 Elective Information Night was held last Tuesday 11 August. Thank you to the large number of parents/carers and students who attended, and also to teachers who gave up their evening to help Year 8 students make informed choices about their electives in 2016. There was a very positive response from both parents and teachers and it was good to see students visiting a large number of subject information talks in order to make well researched decision. A reminder that students are expected to do these electives for two years and that changes will only occur in extreme cases. Most students have handed in their elective choices and processing has now started. It is a complex task to match the choices of 180 students with the limitations of staffing and timetables. In the end, the subjects are offered in two groups with the underlying aim of giving as many students as possible their first choices. Some problems can arise: some subjects have too few student selections and so are not feasible to run; some have too many and some students will miss out; sometimes the combination of choices cannot be accommodated. The great majority of students will get their first choices but we will need to make compromises in offering some students a third choice or even fourth. We apologise for this but it is unavoidable in some cases. We will let students know of their subject allocation as soon as we can.

NAPLAN reports were handed out this week. All students in Year 7 and 9 received their results in reading, spelling, punctuation, grammar and writing, as well as numeracy. The overall results are very affirming of the work that is occurring at San Clemente, with the results showing consistent growth from Year 7 to 9 above both the state and diocese averages for all literacy assessments. The growth rate indicates that we are making a positive change in our students, that the work that staff, parents and students are doing is making a difference. Literacy and numeracy are very important fundamental skills for all students. I encourage all students to practise and improve in these areas as it will help with the development of all their subjects. Take notice of the feedback that teachers give and work hard to improve.

I had the pleasure of attending the Creative And Preforming Arts (CAPA) Immersion Tour 2 weeks ago. Along with the CAPA teachers and 56 students, I saw and experienced some amazing art, both visual and expressive. This trip really highlighted the wonderful opportunities that the students at San Clemente have the privilege of experiencing. The CAPA staff, in particular the Teaching and Learning Co-ordinator Mrs Emma South, should be congratulated on organising such a wonderful experience to broaden and deepen the students’ knowledge and understanding. I would also like to congratulate the students who attended the tour on their mature attitude and outstanding behaviour. They were excellent representatives of San Clemente and the teachers were constantly told by the general public how impressive they were.

Teachers will soon be completing Interim Reports in preparation for Parent/Teacher day in Week 1 Term 4. I look forward to seeing how many students will receive perfect reports. Reports that show they are working with diligence and sustained effort in every subject. Those students will again be celebrated at assembly and lunch or afternoon tea. More information on this and Parent Teacher day will follow.

**Year 9 News**

Term 3 is moving along very quickly. NAPLAN results have been compiled and have been sent out to families. These reports constitute important information but must be examined in the context of ongoing education. The results represent a snapshot of where each student was situated on the day of the examination. Literacy and numeracy skills are only a small proportion of the skill set that children are developing at San Clemente. It is important to assess the results and to work on any identified areas that require improvement, BUT, it is important to view the results as part of the whole educative process.

Year 9 are at the point in the term where assessment tasks are mounting. I urge all Year 9 students to keep on top of their workload by allocating time every night and prioritising tasks. Students are also reminded that if they are having difficulty with any tasks they should discuss their concerns with their classroom teacher, Studies Coordinator and Feldt Centre staff.

I am taking long service leave from the 21st – 24th August. Parents, if you have any concerns regarding your son/daughter please contact Administration for further direction.

Congratulations to Zane Temperley who again performed outstandingly competing in the combined NSW State Enduro Titles and Australian Off Road Championship. Zane finished 3rd in NSW SET and 4th in AORC.

Best wishes to the year 9 students and staff who are on ski trip next week. Classes as usual for all other students.

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Mrs Tolfree, Year 9 Wellbeing Coordinator
Year 7 News

The theme this Semester of “Be Active” has certainly been embraced by all students in Year 7 with many opportunities for students to get involved such as House Soccer comp, Walkathon, Debating, Zoo/PosEd excursion and many more. Year 7 students continue to lead the way amongst our community in their activity, connection and positive attitude toward school opportunities.

When it comes to “Being Active” this term does not necessarily involve physical activity and fitness only. Our brain needs activity and stimulation throughout our life time. Scientists involved in neuro science of learning have shown that the more we exercise the brain, the stronger the connections right through to old age. The saying “You can’t teach an old dog new tricks” is simply not true. Mental fitness can be the key to leading a happy and successful life.

Earlier this week I found an outstanding resource for parents aimed at late primary school/early high school which provides fantastic learning tools to develop the executive functions in young people. http://myfuture.edu.au/tools-and-resources/learning-tools-for-secondary-students/the-adventures-of-you

Executive Functions are those mental processes that control your attention, thoughts and actions. They are essential for handling stress, getting organised, confronting challenges and solving problems. (Like finding your car keys or the remote control!) People with good executive function tend to lead more successful lives. They are happier, healthier, live longer, achieve more and have happier relationships. Good mental fitness generally contributes to all aspects of life. Over the next few newsletters I would like to discuss some of the more important executive functions particularly for students – Impulse Inhibition, Working Memory and Mental Flexibility. All three are highly dependent on each other. The good news for students is that executive function is not something you are born with. Whilst it develops throughout childhood and adolescence you can work to improve your mental fitness. Here are a few simple things that have been proven to be helpful:

- Exercise – Get the body active, get the brain active
- Games and play – Not gaming! but activities that encourage mental manipulation or perspective shifting like playing cards, chess or charades.
- Self management strategies – set goals, use organisers, reminders and make some rules for yourself.
- Next newsletter I will discuss a topic that young people seem to be struggling with in an age when we are bombarded with distractions and external temptations – Impulse inhibition.

Walkathon – Hopefully Year 7 students have been busy selling their Walkathon Raffle tickets. Not only is the Walkathon our one and only fundraiser that directly helps the school, it is also a great Community day. This year we are closely linking the day to our House system with a chance to win some House points and raise funds for school resources. I encourage all students, especially those in Castille (Green) House to start selling their raffle tickets.

Technology is a major part of our everyday lives and for teenagers this connection is one of their highest priorities. Researchers have now discovered why it is essential for parents to place boundaries on their child’s electronic use. Teenagers who don’t have boundaries with technology have trouble sleeping, exercise less, do less homework, spend less time with their families and have a harder time making good decisions. It is therefore vital that boundaries are set and adhered to with technology use. Some useful tips are:

- Have a set technology ‘hand over’ time at night and ensure devices are kept out of bedrooms
- Talk to your son/daughter about the benefits and disadvantages of technology and reinforce that successful, happy people do not spend all their time linked to technology
- Have a regular dinner routine of talking to each other at the table without devices present
- Model the behaviour you would like your son/daughter to display and ensure that you do not spend too much time linked to your own devices.

Any questions or queries please feel free to email me on Meredith.cram@mn.catholic.edu.au or call on 40147300.

Shout Out #3 – I have mentioned these girls in a number of newsletters however they need yet another “Shout Out”. Annebelle Jones and Aysha Yuhermon–Taylor (I’m calling them The A- Team! But am happy to hear of better suggestions) stepped up once again to perform at our Year meeting this week. The girls were only given moments to prepare as another student was ill. Once again they showed great strengths and talent.

Well done Girls.

Nathan Beckett, Year 7 Coordinator

Year 8 News

It is great to see that during our PosED focus this semester of ‘BE ACTIVE’, which focuses on being physically active and getting involved in various activities, we have lots of engagement, involvement and success in Year 8. Congratulations to the Under 14 Rugby boys who have been undefeated and now progress to the finals. Well done also to Carinah McAllister and Austin MacKay who performed at the School Assembly this week. Lastly, I must commend all the Year 8 students who have recently secured part-time jobs at various locations. Lots of great things happening!

Uniform is being worn to a high standard. I sincerely thank all those students who are wearing it with pride. Jumpers have significantly improved. I understand there is still a wait on woolen jumpers, however the uniform shop are now stocking bomber jackets for sale that are very warm and trendy. If there are any issues please send your son or daughter to school with a note.

The Walkathon is fast approaching and this is a great opportunity to win some House points and raise funds for school resources. I encourage all students, especially those in Castille (Green) House to start selling their raffle tickets.

Shout Out #1 – During the week our school was asked to host a number of members of the Catholic Education Commission. Part of this presentation had students address these members on various aspects of school life. My thanks to the mature approach and valued input from Febe Kuku, Sam Jones, Paige Harrison, Jack Seyesner, Shelby Fanning and Georgia Worboys.

Shout Out #2 – I have mentioned this young man before as a someone to watch in the future but now Harry Fraser is turning heads in my favourite sport, Rugby Union. Harry was a member of our Champion Under 14 Country Cup side who were undefeated during a tournament this week. Not only was Harry playing up an age group, but he was named Player of the Tournament. Future Wallaby perhaps?

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Year 8 Quiz: When is the Walkathon on?

The first person to find Mrs Cram on the playground with the answer will receive a prize. If you have any questions or queries please email on meredith.cram@mn.catholic.edu.au or call on 40147300.

Meredith Cram, Year 8 Coordinator
Year 10 News

I recently used the word RESILIENCE when talking to a Year 10 student which prompted the student to ask me “What exactly is resilience?” Resilience generally means the ability to be strong, positive and to bounce back when things go wrong. It is important for parents and myself, as the Year 10 Coordinator to teach resilience. Young people can focus too much on the negatives instead of the positives. We all have experiences in our lives, ups and downs, but it is important that we learn to work our way through them. The journey does not end today, rather, it continues. So how do you build resilience? Sharing your own life experiences and strategies with your child and how you navigated your way through them is a start. Encourage your child and challenge their negative thoughts and turn them into positive ones. Have more conversations with your child and let them know that they are not alone.

As I stated in the last newsletter Year 10 are at that point in the term where assessment tasks are mounting. I advise all Year 10 students to keep on top of this workload by allocating time every night and prioritising tasks. Students are also reminded that if they are having difficulties with any tasks they should see their classroom teacher first, relevant Teaching and Learning Coordinator, myself or the Feldt Learning Centre at San Clemente.

A number of students and parents have been contacting me in regards to end of year activities. For families planning events please note that Year 10 Semester 2 Exams will commence on Monday 9th November and conclude on Friday 13th November. Work Experience for all Year 10 will take place from Monday 16th November to Friday 20th November. Work experience information and details are currently being looked at in career lessons. Students who do not participate in work experience are expected to be at school where normal lessons will occur. Awareness Week will commence on Wednesday 25th November and conclude on Friday 4th December. The program for Awareness week is still being prepared but it will include a number of excursions, Newcastle University Visit, SFX Orientation and numerous guest speakers and performers. Final arrangements will be available early Term 4. A final date to save is the Year 10 Graduation, Tuesday 8th December.

Congratulations to Maya Stewart, Elise Middleton and Musa Kamara who will be competing at the NSW CCC Athletics Competition at Homebush early next month.

A reminder to Year 10 and parents, if you have any concerns at all please contact me at school (4014 7300) or on the following email address; patrick.doyle@mn.catholic.edu.au

A final thought Year 10, “Don’t worry about failures; worry about the chances you miss when you don’t even try.”

Patrick Doyle Year 10 Coordinator

Student Updates

Please keep us informed of any changes of address, phone or email address so that our communication records are current in the event of an emergency and for all correspondence.

Year 10 Debating

A great result for our year 10 debating team of Boyd Williams-Styles, Alyson Carson and Temarah Smith. The team competed in Aberdeen on Wednesday and had a good win against St Peter’s in the second round to face St Paul’s in the final. It was a close debate which could have gone either way. St Paul’s were declared the winners. Congratulations to all on a wonderful presentation.

Ms B Rae, Coach

Year 10 News

A friendly reminder to ALL STUDENTS in Years 9 and 10

Check daily, Read carefully, and Respond promptly!!!

Mr Mitch Allan – Careers Advisor (Acting)
English

Students are preparing for their summative assessment tasks, which are due in Week 7 or 8. Students are given hard copy notifications at least two weeks prior (sometimes earlier due to the nature of the task) to the due date. These notifications can also be found on our school’s website. Students are advised and encouraged to practise their time management skills when preparing for these tasks. Diaries are essential for planning and create a sense of achievement when students are able to tick off tasks that have been completed. Students are given time in class to address assessment tasks, however, they should also be spending time at home preparing for assessment.

Students continue to revise their skills in literacy lessons this week. Year 7 are reviewing rules when using direct speech. Year 8 are exploring ways to enhance their writing by recognising and using the language devices of alliteration, assonance and onomatopoeia. Year 9 are investigating how simple, compound and complex sentences can be used in their writing and Year 10 are encouraged and reminded to constantly apply their literacy skills in their written, visual and spoken texts.

Studies have shown that good students are good readers. Students are encouraged to read for pleasure, allowing them to develop a broader vocabulary and a better understanding of our language. Our school library has an excellent and diverse range of books for students to borrow and read. Reading can be an enjoyable and relaxing activity, with many benefits.

Our debating teams are heading to various parts of our diocese to participate in the annual Diocesan Debating Competition. Debating is a rewarding but extremely challenging task. We wish our debaters and coach, Ms Bonnie Rae, great success.

Ms Karen Brennan, Karen.brennan@mn.catholic.edu.au
English Teaching and Learning Coordinator

Year 8,9,10 Japanese

In class, the students learning Japanese have become aware of August 6, Hiroshima Peace Day. The city of Hiroshima, over which an atomic bomb was dropped in 1945, holds a peace memorial ceremony to commemorate the innocent victims and their families, and to pray for awareness of world peace. The students have made posters which have been placed all around the school to express that we should never give up on world peace. We remember the story of Sadako Sasaki and the thousand cranes that were made for her. Students will also be making paper cranes, which the elective classes will take to Japan next year.

Madi Ray and Ayni Fuentes, Year 9 Japanese

NSWCCC BASKETBALL FINALS

Our talented and hard-working Year 9/10 Boys Basketball Team will finally have their dreams of playing at this level come to fruition. After winning our Diocesan Championship, they will compete in Penrith on Monday and Tuesday against winning teams from all over NSW. Competition will be very tough. We thank coach Dan Howard, manager Steven Burns and the team all very best – play better than ever before! A very big thank you to Mr Kelly, for his continued, outstanding support. Mrs Howard and I will be there to support them.

Ms Daly, Sport Coordinator

San Clemente

World Cup Excursion

Last Wednesday 40 of our students travelled to Sydney Olympic Park to experience “World Cup Netball”. Over the course of the day, students watched three matches played by some of the best netballers in the world. The highlight was the match between Zambia and Samoa. Zambia and Samoa fought it out the whole time, going goal for goal without either side allowing defeat. The match was won in the final seconds by Samoa; a very exciting game! The girls also experienced “FanFest”, where they could challenge themselves on netball activity stations that include passing, leap tests, court coverage, cheer cams, shooting and agility testing! Moana Puru was successful in winning herself a netball and we all picked up some goodie bags from Chemist Warehouse. Thank you to all the girls who have represented the school in netball and for suggesting we organise the trip. Also a big thank you to Kathy Clarkson and Miss Di Prinzio who accompanied us. Well done to all girls on their outstanding behaviour.

Ms Rutherford and Mrs Denham
U14’s Rugby Union Team

On Monday the 17th August the boys competed in the Country Cup Rugby Union Regional champs in Maitland. The boys played against Newcastle High, Merewether High and Tomaree High. They played outstandingly winning all three games and only allowing Tomaree to get across their try line throughout the whole day. The San Clemente boys and St Pius boys where both undefeated and played each other in the last game. The winner of the game would be invited to the next stage of the competition. The team didn’t have it all their own way at the start of the match with St Pius attacking their try line for the first five minutes. The boys held them out and then went on to win the game 31-0. Harry Fraser was named player of the day. He was outstanding in defence and attack. Jacob Alchin, Siale Holani and Noah Richards really led from the front in the forwards with some strong carries of the ball. In the backs Verdelh Antonio, Daniel de Ridder and Nicholas Hartin found space and delivered some great passes for the team to score.

The Under 14s will be competing in Foster in week 10 at the next stage of this competition. Well done boys, you have done San Clemente very proud!!!

Paul Mlotkowski, Coach

Alopecia

Alopecia areata is also known as spot baldness. It is an auto-immune disease where hair is lost from some or all areas of the body, usually from the scalp.

For many of us you can appreciate how devastating this diagnosis would be. Often our hair – how we style it, our hair colour and hair length, defines us as a person.

At San Clemente we are raising awareness for this disease. At the end of the year Mrs van Zeeland and her daughter will be cutting and donating their hair in support of the Alopecia Foundation. The Alopecia Foundation will use this hair to make wigs for alopecia sufferers.

We hope that as a community we can raise money to help cover the costs of making the wigs. One wig costs about $5000 to make.

A metal container will be placed in the canteen. You may wish to donate some of the change you receive after purchasing your lunch. You can also make a donation at the Finance office. Donations, big and small, can make the world of difference to an alopecia sufferer.

We are not asking you to cut off your hair, but if you would like more information about donating your own hair it must be at least 30 centimetres long and not be permanently coloured. Please speak to Mrs van Zeeland for more information.

If you would like to find out more about donating your hair you can watch the following Youtube clip.

What Happens When You Donate Your Hair

https://www.youtube.com/watch?v=tNMKzZHX-J8

OzHarvest... Think - Eat - Save

Two weeks ago, Year 10 Food Technology classes prepared and cooked some foods to donate to OzHarvest as part of the unit they are studying in class. OzHarvest was the first perishable food rescue non-for-profit organisation that collect excess foods from commercial outlets across Australia. The students, along with the generous staff here at San Clemente donated vegetables and tins of foods to this worthy cause. Both classes cooked an array of foods from double choc chip muffins, caramel slice, pumpkin soup, vegetable soup and even home-made breads. The OzHarvest van came and picked up the donations, weighing them in as they packed them into their van. The students had made over 40Kgs of soup, 10Kgs of sweets and 5Kgs of bread. It was great to see their smiling faces, knowing that they had done a great deed for the community. Well done Year 10!

Miss Danielle Di Prinzio, Food Technology
‘Au revoir’ from Cyprien Year 10

I am 16 years old, French, from a suburb of Paris, and I always wanted to come to Australia. I chose to come to Australia for 12 weeks to learn English and to discover the country, during summer holidays in France.

It was stressful at the very beginning and I was nervous, but when I went to school for the first time a lot of students came to me and were very nice and friendly.

There are some differences between school in France and San Clemente. For example, there are no uniforms at school in France. In my French school of 1,500 pupils, everyone stays in the same class for all the subjects during all the year. We have less opportunities to meet other students. In my French school, there are never meetings and we do nothing in the community, we don’t even have sport houses. School seems easier here and less stressful. Pupils are therefore friendlier and nicer.

I would recommend someone who wants to learn a language to do what I have. You can learn another language very quickly and have a lot of fun.

Cyprien Bariant

G’Day from Jackson Year 10

Belgium is a small European country located next to The Netherlands, France, Germany and Luxembourg. I was fortunate to have had my exchange to this beautiful country and lived there for 5 months. I lived in a city of about 80,000 people called Mons, which is located in Wallonia, the French speaking part of Belgium. It so happens that Mons is also the European Capital of Culture for 2015, this little city is one that I grew to love dearly and will hold close to my heart. I was also fortunate enough to have had an amazing host family which I still talk with now and email. I had a host mother, father and brother who was only a month older than me, which made things a lot easier. Coincidentally my host brother is now on his foreign exchange to Nashville, Tennessee for 6 months. I met countless amounts of people whilst on exchange, varying from other exchange students to the people I would meet at the restaurants and hotels and share a drink with occasionally. To go on exchange takes a lot of courage, commitment and determination from oneself. As with anything there were rough patches and mostly there were great highs that I will still reminisce about for all my days to come. If I could give someone advice about going on exchange, it would be that they should do it, simply because of how much you experience in such a brief period of time.

Jackson Johnson

Premier’s Reading Challenge

Congratulations to Jamie Pont and Hannah Sam in Year 7 and Jemma Murray in Year 8 for successfully completing the Premier’s Reading Challenge! They have read 20 books this year, 15 from the Premier’s reading list and will receive a certificate from the Premier congratulating them on their achievement. The Challenge will be running in the school again next year for any interested students.

Ms Harte, Teacher/Librarian

CAPA Immersion Tour 2015

The first annual ‘CAPA Immersion Tour’ was held on 5-7th August, and saw 56 students travel to Sydney for an incredible arts experience. The students, from Elective Drama, Music and Visual Arts classes spent two nights in the city, taking in a broad range of activities. From ‘Les Miserables’ at the Capitol Theatre to a drumming workshop at the Bondi Pavilion, the students were engaged and invigorated by the experience. Some of the students involved offered to share their thoughts with our community...

The CAPA Immersion tour was amazing! It gave all of the CAPA students an opportunity to further our understanding and appreciation for the arts. The plays, art exhibitions and workshops were so much fun. Everyone made so many new friends and had an amazing experience. Definitely a highlight for the year - Temarah Smith (Year 10)

The immersion experience is something that I truly will cherish for many years to come. The trip made me step out of my comfort zone and express myself, which was really good for me to experience as I don’t get out of my comfort zone much - Michael Kelly (Year 10)
The CAPA immersion tour was an incredible experience. Over the whole trip I made many new friends and experienced things that I otherwise would not have. I wish I could go back again, definitely a highlight of my year. Alyson Carson (Year 10)

The CAPA Immersion tour was an unforgettable experience and one that will be etched in my memory forever. Not only did the whole group enjoy the art exhibitions, plays and so on, it was a really good opportunity to bond with people that you were never really associate with back at school - Keith Moody (Year 10)

CAPA was just amazing I loved how the atmosphere was so cheery and full of excitement, the singing on the bus was a very funny part of the tour and how well it was planned out from the ice cream stops to the live performances - Chris Rigby (Year 9)

My favourite part of the Immersion Tour was definitely the play ‘Seventeen’. It was a very good 3 days away, and I loved that so much was included in a short amount of time without it feeling too over-crowded - Natarsha Kent-Merchant (Year 9)

Every element of this trip was tremendous; as I’m sure every other participant would agree. My personal favourite experience would have to be HANDS DOWN the performance of Seventeen. Overall, this was unforgettable – Ruby Turnbull (Year 9)

Thanks to Mrs Elizabeth Marsh, Mrs Emma McCarthy, Ms Meagan O’Brien and Mr Marc Romano for joining me in what was an unforgettable experience for our students. And a final thank you to our students, it was an absolute pleasure to spend time exploring the joys of the arts with each of you.

We are already booked in and getting organised for next year – so the current Year 8 and 9 students have something great to look forward to!

Mrs Emma South, Teaching and Learning Co-ordinator, Creative and Performing Arts Co-ordinator/Languages
San Clemente Walkathon - Tuesday 16 September

San Clemente will be holding its annual walkathon around Stockton Peninsula on Tuesday 16th September. This year San Clemente will be again having a Walkathon Raffle. For every dollar donated to the walkathon the sponsor will receive a ticket in the Walkathon Raffle. The sponsor’s name and phone number is to be clearly written on the raffle ticket. Note – Sold Raffle books with sponsorship money are to be returned to the school library before September 16. Additional raffle books can be obtained from the school’s library.

Please support the school’s major fundraiser for 2015 by purchasing tickets in the Walkathon Raffle.

Below is a list of the prizes available in the 2014 San Clemente Walkathon Raffle. The school sincerely appreciates the generosity of the organisations who donated the below prizes.

- 1st Prize – A $500 Westfield gift voucher at Westfield Kotara.
- 2nd Prize – A $300 gift voucher at Westfield Kotara.
- 3rd Prize – A $200 gift voucher at Westfield Kotara.

The student who sells the most raffle tickets will win a $50 Westfield voucher and the mentor group that sells the most will have a pizza afternoon! There are many other prizes on offer!!! Points will be awarded for the house and mentor group that raise the most money, all those points are precious at the end of the year.

Father’s Day Stall

Great gifts ranging from $3 to $5. Thursday the 3rd of September.
Calendar Dates to note

- 24-28 Aug Ski Trip
- 26 Aug Year 8 Debating
- 28 Aug Dio Golf
- 2 Sep Year 10 Aboriginal Students SFX
- 2 Sep Year 6 Information Evening
- 3 Sep Father’s Day Stall
- 6 Sep Cheerleading Competition
- 9 Sep French Excursion—Les Misérables
- 11 Sep CCC Athletics
- 14-16 Sep Duke of Edinburgh Qualify
- 15 Sep Year 9 Debating
- 15 Sep P&F Meeting
- 16 Sep WALKATHON
- 18 Sep End Term 3
- 6 Oct Term 4 Commence
- 22 Oct Yr 9 Sci Wetlands Excursion
- 27 Oct Immunisation Yr 7s
- 28 Oct Drama Night
- 29 Oct Sotober Day
- 9-13 Nov Year 10 Exams
- 16-20 Nov Year 9 Exams
- 16-20 Nov Year 10 Work Experience
- 16-20 Nov Year 7/2016 Orientation
- 30 Nov Year 10 First Aid Course
- 2 Dec Year 10 Students visit SFX
- 8 Dec Year 10 Graduation
- 10 Dec Academic Awards Yrs 7, 8 & 9
- 16 Dec Last Day for students

2016
- 29 Jan First Day Year 7s (Friday)
- 1 Feb First Day Years 8, 9, 10 (Monday)

San Clemente Boys Uniforms for sale.
Sizes 10, 12 and 14 Formal and Sport.
Phone 0421630008

SFX Blazer: Excellent condition and dry cleaned. Ladies small (size 6/8) $50.
Phone 0431 384 743

BOYS UNIFORM
SFX Blazer new not worn - size med
5 x SFX shirts - size small
2 x SFX shirts - size extra small
all in excellent condition
text or call 0400 288 792

Canteen Roster

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Week 7</td>
<td>24 Aug</td>
<td>Liz Thomas</td>
<td>Toni Balkham</td>
<td>HELP</td>
<td>Kathy Pye, Mary Monin</td>
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<tr>
<td>Week 8</td>
<td>31 August</td>
<td>Julie Hope</td>
<td>Barbara Norton</td>
<td>Carmel Sharah</td>
<td>HELP, Carol deVos</td>
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