Dear Parent/Carer, Students & Friends of San Clemente

Last week I had the opportunity to attend a conference in Melbourne. The essential underlying theme that ran through each keynote address and workshop was “Education and the Common Good”.

So, how does our school community resolve its conflicts, maintain a peaceful environment and work towards the common good?

Only through mutual respect and honest communication.

The ethos of a school is a major factor in establishing and maintaining high standards of performance and discipline. All participants in our school community need to be sensitive to the possibility that the values of the home and of the wider community may differ from the values that the school tries to promote.

This cooperation of parents is critical in maintaining the ethos of the school. Parents need to be acquainted with and embrace the school’s stated goals and objectives, share its core values and support its curriculum, its staff and its leadership. When joined by a common set of beliefs and purposes, parents and staff form a powerful team with far-reaching positive effects on students and the entire school community.

When working together, parents and school professionals exert a strong influence on students to become better educated; they also help students to mature by modelling positive adult working relationships based on respect and honesty! It is true to say that the quality of teaching has a direct influence on student performance and behaviour. Likewise, parents who provide a supportive home environment, also play a crucial role in shaping the attitudes which promote performance and good behaviour in school.

Parents play an essential and positive role in the life of a school and all parents have positive strengths that contribute to their children’s learning and behaviour. It is said that trust lubricates cooperation and if parents and teachers trust each other and have mutual respect, on the occasion when differing views and opinions arise they can be considered and discussed with a view to finding solutions—for the common good.

When parents choose to enrol their child at San Clemente, they agree to subscribe to its mission, follow its rules and abide by its decisions. Trust and mutual respect are the most essential underpinnings of effecting working relationships between parents and teachers. While parents may not agree with every decision made by the school, usually, enough common ground can be found to continue a mutually respectful relationship, if people are of good will.

A positive school ethos is based on the quality of relationships between teachers and students, parents and teachers, parents and their children and the manner in which they trust each other. A positive ethos will flow through all the activities of the school and help to form a strong sense of social cohesion within the school.

Education for the Common Good:

God, our Father, May the presence of Your Spirit be evident in our Christian School Community. Help us to be large of heart, broad in vision and generous in working for the common good of this School Community entrusted in our temporary care. Amen

Peace and Best Wishes,

Tony Kelly, Principal
Assistant Principal—Wellbeing

I recently watched a very moving and powerful speech by the School Captain of a Catholic Boys’ School in Sydney (* link provided below). This young man discussed his battle with depression in front of the entire school. He has battled the illness since the age of thirteen but somehow managed to hide it from his peers, putting on, as he says, his “happy mask” when going to school. Home, however was a different story. He became irritable and argumentative, regularly cried himself to sleep and began to question the very purpose of his own life. This young man is clearly courageous, intelligent, articulate and revered at his school. He is an example of how mental illness does not discriminate, affecting people from all backgrounds and walks of life, irrespective of their abilities or talents.

Some insightful and wise advice is given to his fellow peers:

- **Do not compare yourselves to others.** “Consider yourself in a vacuum independent of society’s ideal construct of a successful person”.
- **Take the time to ask one person per day, “How are you going, really?”**
- **Observe any differences in those around you; are they more flat or tired than usual? Again, ask this person if they are ok.**
- **Most importantly, ask ‘What can I do to help’? Just the simple act of listening is supportive.**
- **Seek help and do not feel ashamed of this.** Access school counsellors and support staff.
- **Friendship, during difficult times, makes an incredible difference.**

“The pressure we feel (as young men) to appear stoic is immense” he states but “sharing something very deep is a sign of strength”. This comment echoes the sentiments expressed in a recent blog from Melissa Tankard Reist, Australian writer, speaker and radio commentator. She wrote in response to the much talked about incident in which famous Australian surfer, Mick Fanning, was caught on camera in a near death experience with a shark whilst surfing. She titled her blog, ‘What my sons can learn from Mick Fanning’ and writes, “There are many lessons that boys ... can learn from his response. By watching Mick’s honest and personal response to the attack, they can learn that it’s ok to not be ok. And that it’s ok, to share with others, to not put up a front, and to accept that there are some things in life that you need help with, and that couldn’t and shouldn’t be swept under the carpet.”

Historically, boys and young men will not willingly seek help if needed. We need to work hard to change this. We must challenge the damaging cultural messages we see daily about masculinity. Young men need to be given opportunities and permission to connect with their emotions, express themselves and recognise that ‘Vulnerability is our most accurate measurement of courage’ (Brené Brown).


Mr Scott Donohoe, Assistant Principal, Wellbeing

Assistant Principal—Teaching & Learning

At the end of last term, students in Year 8 received their elective information booklets. A letter was also sent home notifying parents of the Year 8 Elective Information Evening which is being held next Tuesday, 11 August here at San Clemente at 7pm. The evening will explain the Record Of School Achievement (ROSA), outline the process of subject selection and how subject choices are determined. There will be an opportunity for parents and students to ask subject specific questions to key teachers in order to understand what is offered in each course. It will be a very worthwhile evening and all Year 8 and their parents are invited to attend. **Elective nomination forms are due on the Friday 14th August,** at the school reception. Students are reminded it is not a first in first preference process, take your time and return the forms by the 14th. However, if forms do arrive after the 14th then those students may not get their first preference if courses are full.

NAPLAN results will be available much earlier than expected. They will be delivered to schools with the analysis tools from the 18th August. Once the school has this information we will be able to hand them out to families. These reports constitute important information but must be examined in the context of all the other things that are happening in your child’s education. They represent a snap-shot of your child’s skills in literacy and numeracy at that time. These skills are fundamental to learning but they are not the only skills needed in life. Schools, and San Clemente in particular, try hard to help students in all areas. Barbara Arrowsmith Young tells us that the brain is able to develop and become more complex throughout one’s life. Learning is possible at any stage in life and significant deficits in brain function can be overcome. Don’t stop any activities your child enjoys; don’t focus your child’s literacy and numeracy only. Evidence shows that a well-rounded education, including the pursuit of other activities such as sport and art, contributes to the development of literacy and numeracy knowledge and skills. All activities are crucial to the school program and contribute to developing informed, happy children who are confident in their own abilities. She also explains that; “anxiety is the enemy of learning whilst pleasure is the ally of learning”. Consequently, the need to design learning experiences that engage and offer satisfaction and success, and to create a learning community which is safe and welcoming and where students with particular learning and emotional needs are supported. One where students are active and able to connect. Literacy and numeracy are general capabilities that all Key Learning Areas at San Clemente are constantly working on developing in students while maintaining balance.

The teachers of San Clemente are committed to guiding all students to achieve at a high level and endeavor to provide a positive school environment where students feel safe and comfortable, and consequently open to learning.

Mr Marc Romano, Assistant Principal, Teaching and Learning
**Year 9 News**

Term 3 is in full swing. Many subjects have started formal assessments and Year 9 students are completing their first viva voce Assessment Task in Religious Studies this week. Students have been studying the Reformation and the Assessment Task involves students being asked questions aurally from a prescribed list. Students then answer the questions aurally and are given an opportunity to give any extra information regarding the topic. This form of assessment provides students with a new experience and assists them in developing aural skills. All Assessment Task notifications and details can be accessed on the school website.

The annual Athletics Carnival was held last Thursday at the Glen-dale Sports Centre with beautiful weather. The contributions of students who participated in events, wore costumes to support their house, cheered, and assisted on the day was remarkable. Of course AQUINO won!!!!!!! On the same day the annual diocese-san Rugby Carnival and Netball Carnival was also held. Congratulations to all those students who represented SCM in a positive and competitive manner! The Creative and Performing Arts faculty held an immersion trip to Sydney this week. The students were very lucky to be provided with opportunities to access and experience a variety of creative, performing and cultural experiences. Congratulations to those Year 9s who enjoyed themselves and participated positively during the trip.

Students participate in a mentor session once a fortnight, and this week the Year 9 mentor session centred around students identifying, learning and understanding their character strengths. This theme is central to the idea of positive education.

The Wellbeing Team are in the process of organising and developing the content for two Leadership Days that will be held for Year 9 students early in Term 4. The days will be loads of fun and assist the students in identifying leadership strengths and potential as well as the character strengths each student holds. Being part of the School Leadership does not appeal to everyone, and everyone cannot be part of the 16 students who make up the Leadership Team. Every student can contribute to school leadership in some way. The Leadership Days will be focusing on ALL students’ ability to be a leader in some way, shape or form in 2016. Stay tuned for more information!

I would like to congratulate the majority of Year 9 students who are wearing their school uniform well and with pride. In this cold weather the need for extra layers is obvious. Please ensure that your layers are underneath your school jumper and not visible.

A warm Clemente welcome to Isaiah Paulo and Lachlan Fray who have joined Year 9 at San Clemente!

Parents please do not hesitate to contact me for any enquires, concerns or feedback at kate.tolfree@mn.catholic.edu.au or through the front office on 40147300.

Until next fortnight, take care

**Student Updates**

Please keep us informed of any changes of address, phone or email address so that our communication records are current in the event of an emergency and for all correspondence.

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**Year 8 News**

Term 3 is in now underway and assessments for most subjects are beginning in the coming weeks. As always it is important that students are organised and prepared to ensure they do not become overwhelmed, leaving things to the last minute. If your son or daughter requires assistance with any assessments please encourage them to seek advice early. Please also feel free to contact the school with any questions.

Elective Subject Choices are nearly due. All forms need to be returned to the front office by Friday, 14th August. An Information Session will be held at school next Tuesday, 11th August at 7pm. I would encourage all students to attend this night with their parent/carer, particularly if they are still unsure of their final selections.

This week our PosED Session looked at noticing strengths in others. It was such a valuable activity for students to affirm their peers in the things they believe they do well and to also have the same done for them. I would encourage you to discuss with your own son or daughter what you see as their key strengths.

Peer friendships during the teenage years are extremely important and are considered by teenagers as one of their highest priorities. As such, it is only normal for your son or daughter to become upset or worried when their friendships endure some issues. However, it is vital that during these tough times we do not allow them to ‘catastrophise’ the situation and blow it out of proportion. This means that when something goes wrong they insist there is no remedy for the situation and nothing can be done to make it better. There are some really practical ways to manage this destructive thought process:

- Talk through the situation in a calm manner and gently challenge them with questions like; what evidence exists in the truth of that belief? What is the worst thing that could actually happen? When teens are upset they tend to become irrational or negative in their thinking and this only makes the situation worse.
- Affirm them in their strengths and situations where they have survived tough times before.
- Reinforce the idea that is it normal in relationships to have peaks and troughs.
- Use mindfulness techniques to help bring your son or daughter back into the present moment and reduce their anxiety about the situation.

Year 8 Quiz: What are the House Competition Sports being played this term?

The first person to see Mrs Cram in the playground with the answer will receive a prize.

If you have any questions or queries please email on meredith.cram@mn.catholic.edu.au or call on 40147300.

Meredith Cram, Year 8 Coordinator

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**Creative And Performing Arts**

**Having the best time in Sydney**

**all things creative**
Year 7 News

The only source of knowledge is experience  (Albert Einstein)

During this Semester we have adopted the theme of – BE ACTIVE. The San Clemente community offer many opportunities in which students can engage, connect and contribute. In my experience, those students who take these opportunities are generally the ones who are happier and ultimately achieving, be it in and out of the classroom.

The concept of ‘Being Active’ is two fold. Scientists have firm evidence that exercise and movement have incredible benefits physically, emotionally and socially. Physical activity can lift a mood in the short term and increase well-being over the long term. It can increase self esteem, benefit sleep patterns, improve brain function and reduce stress. It’s no surprise to me that Year 7 are the happiest and most connected of all students at SCM. I firmly believe it’s also because they are the most physically active! During our break times, Year 7 students dominate the oval with their regular game of soccer and the participation in House competitions is remarkable. The current junior soccer games are a highlight, with Year 7 students leading the way.

The second concept of ‘Being Active’ is to GET INVOLVED! Sport and physical activity are not the only means or opportunities for students to get active. The concept of ENGAGEMENT has long been held as an integral concept in leading a positive life. Sometimes called FLOW, engagement or participation at an optimal level can be seen in all walks of life. Flow is described as “a state of optimal experience” and is often seen in those who participate or gain experience purely for the joy of it! (Check out my Shout Outs below). You can see ENGAGEMENT in dancers, musicians, speakers, chess players, readers and in all walks of life. The key is to actually experience life and take opportunities presented. Get involved with something – ANYTHING, take on new challenges, use your strengths, put yourself “out of your comfort zone, and in your flow zone” and feel the pleasure and benefits of activity and engagement in your life.

Shout Out #1: On the topic of ACTIVE and ENGAGED, I had great delight in handing an award to four Year 7 boys who were members of the Under 14 Dio Rugby 7s Champion team. Harry Fraser, Oscar Mason, Aiden Grgas and Bayley Podgerolec, all used their strengths to help SCM go through the carnival undefeated. Playing against students one year older, the boys represented themselves and their school with courage, integrity and leadership. Importantly, (to me anyway), Oscar, Aiden and Bayley, along with Sam Burdon and Ashley Allen are members of the Mighty Under 13 Hamilton Hawks who play their last game for 2015 this weekend. The Hawks have played most of the season with only 14 players so next year let’s fill it with SCM spirit!

Shout Out #2: Other students Being ACTIVE and showing their strengths recently include Sophie Kerslake, Paige Harrison and Annabelle Jones. The girls were part of the Aspire production, held last week at Civic Theatre. This production was part of a long process for the girls who gave up much of their free time to rehearse and prepare. Well done girls.

Shout Out #3: We have another Marching Koala amongst Year 7. This weekend Jamie Pont will participate in his first march with the famed marching band. Jamie is new to the group and will lead the way, holding the Koala’s banner. Jamie loves the trumpet and with further experience will no doubt, be leading the brass section one day. Great to see another Year 7 student BEING ACTIVE, ENGAGED and gaining great EXPERIENCE.

Shout Out #4: Quick acknowledgement of two young men not in Year 7 and not even at SCM. Dante (St Columbans) and Calvin (Tighes Hill) are two Year 5 boys who catch a bus home everyday with SCM students. The boys have taken it upon themselves to create their own special day- every 2nd day on the bus they have “Donate a Seat Day”. The boys noticed that many of the same students have to stand every day and decided in the spirit of justice – this wasn’t right! They are now the talk of the bus and I hope the act of bravery, fairness and leadership can be a lesson to others.

Year 10 News

I recently read an article titled “3 Ways to Help Hope Grow in Teens” by Dr. J Coulson. In the article it refers to hope as being, the belief a person has that they can find ways to achieve their goals and to motivate themselves to use those pathways. Having high hope seems to correspond with higher levels of wellbeing, life satisfaction, and even academic and athletic achievement and success. Three suggestions given to promote hope in teens were;

- Speak to youth about their possible futures and have them imagine their potential best selves and help them create visions of various pathways to take them to their best possible future self.
- Ask them what they are looking forward to.
- When they are stuck, rather than giving them an answer, ask them, “What do you think is the next best thing to do?” or “When have you overcome something like this before?”

The article did state, however, that being hopeful is no guarantee to fix everyone and everything, but for some teens it can assist them to develop a vision and to create a pathway towards a more fulfilling future.

Year 10 will be busy in the upcoming weeks receiving and completing numerous assessment tasks. It is important to note that these tasks contribute significantly to their Semester Two grades; therefore, they need to be treated in a serious manner. Students are encouraged to organise themselves and prioritise tasks that are to be completed first. Completing tasks the night before there due date always results in a substandard effort. Students are reminded that if they require assistance with any assessment task all they need to do is ask their teacher, appropriate learning coordinator, the Feldt Learning Centre or myself and help is available.

Year 10 students attending SFX had to have their subject selection forms completed this week. A special thank you must go out to Mr Mitch Allan (Careers Advisor), who has spent hours helping and advising Year 10 with these important decisions. Finally a couple of key dates for the calendar relating to Year 10. Semester Two exams commence on Monday 9th November and conclude on Friday 13th November. The Year 10 Graduation is on Tuesday 8th December. Please ensure that these dates are kept free and no family holidays are planned at these times.

A reminder to Year 10 and parents, if you have any questions or concerns please contact me at school, 40147300 or at the following email address: patrick.doyle@mnn.catholic.edu.au

A final thought, remember Year 10, “We must look for the opportunity in every difficulty instead of being paralysed at the thought of the difficulty in every opportunity.”

Patrick Doyle Year 10 Coordinator
English

In the coming weeks, students will be receiving Summative Assessment Task notifications. Please note that, due to the nature of some assessment tasks, several classes have already received notifications. These have been placed on the school’s website. Students should be revising notes from class and preparing for these important tasks.

The focus on literacy continues in English. Today all of our Year 7 and 8 students completed literacy tests. Results from these tests and data from previous NAPLAN tests give teachers an idea of areas of literacy that need to be improved upon at San Clemente. Year 9 continue to work on improving their sentences and Year 10 students are encouraged to constantly edit their written work as they prepare for Stage 6 or the workforce.

Students are reminded to come to class prepared. Electronic devices are used as a learning tool. Students also write in English. An electronic device, an exercise book, a pencil case filled with stationery and a diary are all essential tools of learning for every student in our classrooms.

Ms Karen Brennan, Karen.brennan@mn.catholic.edu.au
English Teaching and Learning Coordinator

Science

I have barely blinked and already we are into the fourth week! Time is moving quickly and all classes are settled into their third term topics. Assessment tasks are just around the corner and Year Ten have already received their major task for the term – it is a big task, but readily achievable if students constantly chip away at it and use the time (they are given the whole term to complete it) wisely, following their teachers suggested guidelines for completing the different phases of the task. All experiments and collection of data should be completed by around Week Seven and a first draft of the scientific report completed. This will allow time for feedback from teachers and peers to happen so that they can refine their task before final submission first week back from holidays.

Last week, 32 Year 10 students attended the Newcastle Science and Engineering Challenge held at the University. This event happens every year and involves small teams of four completing in challenges like building the best catapult from limited materials, a hovercraft, the tallest tower from straws to withstand an earthquake, and many more. This year we were able to obtain fourth place for the day, and the students had great fun in the process. Many thanks to Mrs Jillian Mathieson and Mrs Desley Sharman for accompanying them on the day and for Mr Luke Kelleher for his hand in organising the students beforehand.

Next week, a small team of three Year 8 boys will be travelling to Sydney with Mr Kelleher to compete in the Aurecon Engineering Bridge Building Challenge against other schools from all across New South Wales. Shea Hampson, Rory Johnson, and Lachlan McLean have been working on a balsa wood model bridge that will attempt to hold the greatest load on the day. They are up against some tough competition as past winners have held over 100Kg!

The next two consecutive Thursdays will see the Year 10 iSTEM class take part in the Hunter Valley Electric Vehicle Festival as they race against other schools in the valley. The boys have been working on two different bikes, a chain driven motor and a hub motor type to see who can get the greatest distance from their machine and attached battery. We would like to thank Jon Eggenhuizen from Catavolt Engineering for all his assistance and technical advice in preparing for the event.

Jason Stuart, Teaching & Learning Coordinator—Science

New site for Student Photos & Oxford eBooks

There’s now a site with all the photographs from student events – such as the nearly thousand from the Year 7 camp, as well as all the photos from the Year 8 camp and the Swimming carnival. There’s a link leading to the site from the School Website Photo Galleries page. The site is only available to students, as it needs the student email and school password to enter it. The site also has PDF files of the Oxford eBooks for students to view and download – there’s a link to this page on the School Website Assessments page.

Jan Harte, Teacher/Librarian

Careers Corner

Welcome to another Careers Corner for Term 3. Both Years 9 and 10 are continuing to work hard, in and out, of the classroom. In the classroom:

Year 9 – students are continuing to work towards their ‘Work Ready’ certificates by completing the associated program in class. Topics such as physical presentation and employer expectations have been covered during lessons throughout the last fortnight.

Year 10 – students should have submitted their Subject Selections by now to the relevant school with which they will be completing their senior schooling. Year 10 students also have a number of important dates to remember;

⇒ SFX Parent and Students COMPULSORY Subject/Pastoral Interview during the week of Monday 19th October – Friday 23rd October (Term 4)
⇒ Student Half Day Orientation Visit to SFX on Wednesday 2nd December (Term 4)
⇒ Work Experience Week Monday 16th November – Friday 20th November (Week 7, Term 4)

A quick word on Work Experience in Term 4;

⇒ It is open to ALL students in Year 10 – start looking for prospective employers NOW!
⇒ ALL students in Year 10 are STRONGLY encouraged to participate in the WE program
⇒ Students who do not find themselves a placement will be required to attend NORMAL CLASSES for the duration of Week 7 in Term 4 – any student failing to do so will be marked absent and this will appear on their end of year report.

As always, a friendly reminder to ALL STUDENTS in Years 9 and 10 to;

Check daily, Read carefully, and Respond promptly!!!
Mr Mitch Allan – Careers Advisor (Acting)

Jason Stuart, Teaching & Learning Coordinator — Science

New site for Student Photos & Oxford eBooks

There’s now a site with all the photographs from student events – such as the nearly thousand from the Year 7 camp, as well as all the photos from the Year 8 camp and the Swimming carnival. There’s a link leading to the site from the School Website Photo Galleries page. The site is only available to students, as it needs the student email and school password to enter it. The site also has PDF files of the Oxford eBooks for students to view and download – there’s a link to this page on the School Website Assessments page.

Jan Harte, Teacher/Librarian
**Game Training Roadshow**

An incursion has been arranged to offer students the opportunity to learn to create their own commercial quality video games at school. The incursion is not compulsory, but is offered to students who have an interest in this field.

**Name:** Game Training Roadshow @ San Clemente High School

**Date of Incursion:** Tuesday 18th August - 9am to 11am

**Description:** By the time students arrive home after the event, they will be able to create their own commercial grade 3D World with hills, ocean, sky and trees which blow in the wind. They will also learn how to import vehicles and create winding roads to make fun driving games, write simple artificial intelligence code, character animation code as well as learn the 12 most important coding concepts needed to create games for all major platforms, mobile devices and games consoles.

**Cost:** $45 (includes over $3500 worth of resources)

**Every Student Receives:**
- Links To The Free Commercial Game Development Software (Mac/Windows)
- Access To A Library Of Game Development Resources Valued At Over $3500 - these include vehicle packs, 3D models, scripts, terrain tools, an amazing weather simulator and complete game scenes.
- Video tutorials to use at home.
- A fully coded level game with source code and full resale rights.
- Ongoing Support beyond the event for help with coding and questions.

The session will be run by the team from GameTraining (www.gametraining.com.au) and there will be teacher supervision at all times.

**Special Instructions:** In order to book a place at the Roadshow:

Students must secure a place by returning the permission note (including payment) to reception by Monday 17th August so their place can be confirmed.

Edward Leonard, Information and Software Technology

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**PD/H/PE**

Year 10 PASS classes are completing a Coaching unit of work; a major component of the unit is to coach students from St Columban’s Primary School in a variety of sports. The students have planned and organised all aspects of the sessions. All of the year 10 coaches have been doing a fantastic job, they are enthusiastic and have been displaying great coaching skills. The PD/H/PE department are very proud of their work so far. Keep it up year 10.

Mr M Byrne, Teaching & Learning Coordinator, PDHPE

**VISIT FROM OUR SISTER SCHOOL KOBE KAISEI JAPAN**

Another very successful exchange has come to an end. The Japanese students and teachers have thoroughly enjoyed experiencing Australian life and fantastic winter weather! It’s such a wonderful exchange, where families, students and teachers demonstrate compassion, care and interest in understanding our cultures. Some comments from Mr Nishioka are: “we learnt cool slang like ARVO, FOOTIE, SNAGS … we live in a small world with great friends in Australia … learnt about different perspectives and religions in a world in which we all must live together … great hospitality …precious experiences … significant impact on our lives … beginning of lasting friendships …” The impact of this exchange was demonstrated in farewells – hugs and tears.

For such a powerful experience I have many to thank: to the Japanese classes who prepared welcome booklets, name posters, participated in conversation and quizzes with the girls. Also thanks to students and staff who just said KONNICHI WA and chatted. To the staff who prepared special lessons and accompanied them to SANDBOARDING and OAKVALE FARM and also invited staff into their home. To Mr Kelly, who supports the exchange and allows us to employ casual staff when we have to miss lessons. Lastly to our families who invite the Japanese students into their hearts and homes. Without your love and kindness, this exchange would not have lasted for over 20 years: Hannah Sam, Ma naia Matoka, Isabella and Angus Mulligan, Aimee, Nic, Bryce Zerbes, Isabella Hawke, Tianna Martin, Malcolm and Russell Nyboer, Emma Higgins, Madi and Annalise Norton, Caleb Faragher.

Next year our elective Japanese classes have the opportunity to travel to Japan, where they will receive the same hospitality and see some of the wonders of Japan.

Mrs Daly/ Japanese Teacher
ATHLETICS CARNIVAL 2015

What an outstanding day, as usual, the students did not let us down. So much colour, crazy outfits, enthusiasm and participation by many. Thank you to all who competed and helped, it’s you who make the day such a success. We build school and house spirit, helping to make San Clemente the great school that it is. It is a very busy and easy-going carnival, where we hope that all students compete as much as they can.

1st Aquino  2nd Sienna  3rd Castile  4th Calaroga

Age Champions: Congratulations to a talented group of athletes!

12 Years: Trinity Fitzgibbon (A) and Callan Flaherty (S)
13 Years: Ashley Allen (A) and Nick Mureverwi (S)
14 Years: Ebony James (S) and Lauchlan Mackie (S)
15 Years: Georgia Craig (A) and Connor Shoults (Cas)
16 Years: Elise Middleton (Cas) and Musa Kamara (Cas)
17 Years: (No 17 years girls) Bonfils Rugaruza (S)

The Diocesan team has been announced – congratulations to all athletes. First and second in each event will compete next Tuesday 11 August at Glendale. Parents are welcome to attend. Permission notes should have been handed in by this morning. Good luck!

Mrs Daly Sport Coordinator.

NSWCCC BASKETBALL - PENRITH

Our 9/10 Boys Basketball Team, who won the Diocesan Competition at the end of last term, is busy training each Friday with coach Dan Howard, an ex-student of San Clemente. If we could win on the wings of Dan's passion, we have it in the bag! Dan has enthused the boys, who are determined to give their all. I am grateful to Dan and the team for their hard work each Friday. They will attend the Championship in Penrith on August 24 and 25. I thank Mr Steven Burns, who will drive the bus and look after the team/Mrs Howard who has always been a great support - even in the days when we competed in Terrigal / and to Michael Kelly and Keith Moody, who offered to be the scorers on the bench.

Good luck to the team: Lewis Mason, Patrick Betell, Jacob Foy, Sione Puluvea, Zach Mayer, Lachlann Howard, Ryan Bennett, Abe Britz, Liam Howard, Kuanchol Noi.

Mrs Daly Sport Coordinator

Rugby Union Diocesan tournament champions have great skills and great sportsmanship

On Thursday the 30July the U14’s Boys Rugby Union 7’s DIO tournament was held at Passmore Oval by Hamilton Rugby Club. The boys played three pool games against St Mary’s Gateshead, St Catherine’s Singleton and St Peter’s Maitland. The boys were very successful in each game and came out on top of their pool. Moving onto the semi-finals they were confident that they could go all the way. They played against St Paul’s Booragul and won the game 34-5. The final was played against St Peter’s Maitland, as they were successful against St Joseph’s Lochinvar in the other semi-final.

In a very tight start to the game the boys muscled their way to a hard fought win, outscoring their opponents 27-5.

In all honesty the boys were the standout team, with all 12 players displaying amazing skills and even better sportsmanship by being the only team all day to give 3 cheers to the other teams at the end of the games.

Well done boys on this outstanding achievement, San Clemente is very proud of you all.

Mr Paul Mlotkowski, Coach
The Duke of Edinburgh Award

The Duke of Edinburgh’s International Award is available to all 14–25 year olds, regardless of their background. The Award is comprised of three levels each progressively more challenging. Bronze: Students over 14 years, Silver: Students over 15 years and Gold for students over 16 years. Participants are required to complete four sections at each level: Service, Skill, Physical Recreation and Adventurous Journey. Gold level, participants also complete a Residential Project.

On the last week of Term Two, Thursday and Friday, a mixture of both boys and girls from year’s nine and ten turned up to school ready for the challenging trek ahead. This consisted of a fourteen kilometre hike, a two day camp and a $5 food challenge to supply us with a sufficient amount of food that would have had to last us the entire journey ahead.

The weather started off well and was mild throughout both days. With the warm sun our backs and pleasant cool breeze evolving to cool our sweaty faces. Unfortunately the weather deteriorated the second we set up camp and so it started to rain. The rain progressed to such an extent that for the whole night we thought the heavens must have opened up. At roughly, two o’clock in the morning the wind was on the brink of blowing away our tents!!!

In the end we survived. The next morning the ground was a little patchy from the mud but we managed to pack our backpacks and tents up, back to their original state.

We got to experience some of the most magnificent coastal views that money can’t buy. Then we located an opening to the Fernleigh Track, took a quick break then took the bus from St Pius straight back to San Clemente.

But above all The Duke of Edinburgh was a wonderful opportunity to make new friendships and strengthen existing ones that would not have otherwise been possible without the help and support of Mr Newman and Mr Kelleher.

Special Thanks To: All the teachers and participants involved in this wonderful school initiative at San Clemente.

By Johanna Soo (Year 9)
**Calendar Dates to note**

6 Aug iStem Electric Vehicle Show  
7 Aug Gametraining Roadshow 7&8s  
11 Aug Year 8 Elective Info Evening  
11 Aug Dio Athletics  
11 Aug Aurecon Bridge Build Comp  
12 Aug Netball World Cup  
13 Aug iStem Electric Vehicle Show  
18 Aug CCC Netball  
18 Aug Gametraining Roadshow 10IST  
18 Aug P&F Meeting  
19 Aug Yr 10 Debating  
24-28 Aug Ski Trip  
26 Aug Year 8 Debating  
28 Aug Dio Golf  
2 Sept Year 6 Information Evening  
6 Sep Cheerleading Competition  
9 Sep French Excursion—Les Misérables  
10-12 Sep Duke of Edinburgh Qualify  
11 Sep CCC Athletics  
15 Sep Year 9 Debating  
15 Sep P&F Meeting  
16 Sep WALKATHON  
18 Sep End Term 3  
6 Oct Term 4 Commence  
22 Oct Yr 9 Sci Wetlands Excursion  
27 Oct Immunisation Yr 7s  
28 Oct Drama Night  
29 Oct October Day  
9-13 Nov Year 10 Exams  
16-20 Nov Year 9 Exams  
8 Dec Year 10 Graduation  
16 Dec Last Day for students  
2016  
29 Jan First Day Year 7s  
1 Feb First Day Years 8, 9, 10

**SFX Blazer:** Excellent condition and dry cleaned. Ladies small (size 6/8) $50.  
Phone 0431 384 743

**BOYS UNIFORM**

SFX Blazer new not worn - size medium  
5 x SFX shirts - size small  
2 x SFX shirts - size extra small  
all in excellent condition  
text or call 0400 288 792

**Canteen Roster**

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Week 5</td>
<td>Nicole Denzin</td>
<td>Toni Balkham</td>
<td>Shannon Iobbi</td>
<td>Sue Trahare</td>
<td>HELP</td>
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<tr>
<td>10 Aug</td>
<td>Leslie Porter</td>
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<tr>
<td>Week 6</td>
<td>Jodie Gill</td>
<td>Michelle Robinson</td>
<td>Lisa Pont</td>
<td>Sue Roberts</td>
<td>Jenny Battrick</td>
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<tr>
<td>17 August</td>
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<td></td>
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<td></td>
<td>Leanne Porter</td>
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