Welcome back to Term III. I trust that students, parents and staff had a restful and enjoyable winter break.

Term II finished with a bang. The last Wednesday saw the school host a Parent Open Day to showcase our new lighthouse Student Wellbeing Program—PosED@SCM. It was an amazing success with 70 parents in attendance for the day. The activities included:

- An information session and discussion about the innovative PosEd@SCM program introduced in Years 7 and 8 this year.
- A ‘Master Chef cook off’ for the Year 10 Hospitality students.
- Finals for the Term II Lunchtime House Competition—Years 7 and 8 Volleyball and Years 9 and 10 Touch Football.
- Musical performance of our Dio Sounds items.
- Year 7 student public speaking on the ‘Five steps to Wellbeing’ which is the foundation to our PosEd@SCM model. The steps are: Connect, Be Active, Keep Learning, Take Notice and Give.
- School Assembly featuring a musical performance, the presentation of our first Gold Award for 2015 (Congratulations to Tara Walker Year 8) and the wrap up of the Term II House Points, Calaroga holding a narrow lead going into Term III.

The highlight of the recommence of Term III was the Semester Academic Award Ceremonies held last Thursday. The core business of a school is teaching and learning and it is imperative that we, as a community, publicly acknowledge the academic achievement of our students.

A big thank you to our parents who turned up in great numbers for each of the four ceremonies. Such support for your school is very much appreciated. One of the highlights was in the Year 8 ceremony when Austin Mackay was awarded the second Gold Award at San Clemente for 2015.

A big congratulations to all students who received awards on the day. As I indicated last Thursday “the game is not over at half time”!

Semester II will present all students with countless opportunities to continue to develop their God given talents.

I look forward to the challenge ahead.

Peace and Best Wishes

Tony Kelly, Principal

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**The Importance of High Quality Human Conversations**

Communications now are instant and easy, but this doesn’t mean they are always satisfying or very meaningful. When someone is bereaved, it is a loving giving thing to bring a meal around to the person who has suffered loss of a beloved family member or friend. The person meets the other at the door and offers the gift of home baked food; usually there would be handshaking or hugs and perhaps tears; it is a deeply human interaction; something technology cannot promise or deliver. Compare the person who brought the meal around, with the one who sent a quick text with no follow up phone call, card or visit. The text is painless for the one sending it, another box ticked and done; but was it? I wonder what it was like for the recipient of the text and how they felt? There is a time and place for text, etc and a time when those forms of communication devalue human relationships.

Researchers have shown the highest quality communication, with all verbal and non-verbal cues present, is two individuals face to face talking; perhaps having coffee together or walking together, but they are present and attentive to one another, in a way other forms of communication do not meet the mark. Most people will report feeling much better after having a meaningful talk with a friend, which may go for an hour or two. This simply cannot be achieved with non-talking modern communications. Many companies in the UK are now ending email, because something of our humanity has been lost in not having conversations. I suggest using text or email or social media to schedule a real conversation with a friend, where the experience will be far more enriching.

Conversations on text or social media are more like the fast food experience, while real conversations are more like traditional home cooking; enjoyable, satisfying and good for the soul.

John O’Callaghan, Pastoral Care
Assistant Principal—Wellbeing

“Strengths are the very core of positive psychology because they relate to understanding the plus side of the life equation – the presence of psychological health, rather than the absence of psychological illness.” (Seligman 2002).

Presently, our Stage 4 students are revisiting the concept of character strengths. Late last year, visiting Year 6 students participated in a survey (www.viacharacter.org) which identified their top character strengths. Year 8 students participated in this at the start of Term 1. There are 24 recognised strengths that fall under six broad virtue categories: Wisdom and knowledge, Courage, Humanity, Justice, Temperance & Transcendence. Our students possess each of these 24 strengths in varying degrees and their top five strengths are titled their ‘signature strengths’. As stated in the VIA website, “They are morally and universally valued, encompass our capacities for helping ourselves and others and produce positive effects when we express them. Knowing your constellation of character strengths is the first step towards living a happier, more authentic life.”

This recent reminder to our students of their character strengths has sparked some excitement. I was fortunate enough to facilitate a session on Tuesday with a Year 8 mentor group and witness discussion around their strengths and how they use them in daily life. I stopped to talk with a Year 7 student that afternoon and asked her about her strengths. She replied “My Number One strength is bravery and I use this often at school by speaking up in class and answering questions!” How good it was to hear this young girl aware of her strengths and talents and consciously using them in her classes!

Successful students build their lives around their talents and strengths. They learn what they are and how to develop them. When speaking with some Year 8 boys, I used a sporting analogy. Each position in a sporting team, such as rugby, requires particular strengths and players contribute positively by applying their specific talents to these positions. A front row forward has very different abilities to a halfback but both have certain skillsets that are vital for the team! Life is similar – when we know our individual strengths and call upon these each day, we are more likely to thrive, rather than simply survive. We are more likely to lead happy, fulfilling lives.

You may like to ask your children about their strengths. If they have forgotten, ask them to speak to their mentor and get back to you. When you know what they are, remind them often and ask how they are using them each day. Ask them if they are able to ‘spot’ particular strengths in family members and their friends.

You may also like to take the survey for adults and discover your top 5 character strengths?

Mr Scott Donohoe, Assistant Principal, Wellbeing

Assistant Principal—Teaching & Learning

Welcome back to school for Semester Two, I hope you all enjoyed the break away and are refreshed for an exciting Term Three. All families should have received their child’s Semester One reports and had the opportunity to discuss the successes and areas for improvement. It is an absolute pleasure to mention that 75 students received reports that had perfect personal attributes across all subjects. This means for every subject, they are consistently completing class and homework with diligence, they are punctual, ready to work, respectful of others and participate positively in classroom activities. These students have a winning attitude and we are very proud of them. A letter was sent home to their families letting them know of this wonderful achievement, the students received an award at assembly and they were given afternoon tea as a congratulations.

During Week One San Clemente also celebrated students who are achieving outstanding marks in each subject and who are also working hard in particular Key Learning Areas. The Academic Awards Ceremony was a wonderful way to recognise the achievement for First in Class, First in Course, Most Consistent and Academic Excellence of each Course. The parent attendance was wonderful and most appreciated by staff and students.

In his Principal’s address, Mr Kelly used a quote from Wayne Bennett. ‘The game is not won at half time.’ This is a great reminder that while we are very proud of the great success of Semester One, we also encourage all students to continue to develop that winning attitude in Semester Two and be active members of their learning. Pay particular attention to the feedback given by teachers in reports and make a positive change.

The start of Semester Two sees some students changing classes either as part of a rotation, or for other reasons. At appropriate times during each year student’s placement in classes is reassessed, these decisions are not made lightly and are made for the benefit of the students concerned. If your son or daughter has moved class then you have or will receive a letter or phone call explaining this. If you have any concerns, contact the relevant Teaching and Learning Coordinator.

Assessment Schedules for Term Three were emailed out to all parents last week, a hard copy was given to students and a copy is also available on the school website. These are great tools to help keep organised and on top of the work load. A reminder that if students are feeling overwhelmed, they should speak to the relevant TLC and seek an extension for tasks. Extension forms can also be found on the school web site, or hard copies are available in my office. Students should be active about and take notice of what tasks are ahead and write a study plan to help keep organised.

There is no scheduled Parent Teacher meeting for Term Three but parents should feel free to contact the school and make arrangements to talk to individual teachers if necessary. I encourage all students to be active, in their lives and in their learning.

Mr Marc Romano, Assistant Principal, Teaching and Learning

Thank you for saving your Wollies dockets and sending them into school
Year 9 News

I hope that you all enjoyed a restful and re-energising break. Term 3 has started on a positive note, last Thursday the Academic Awards ceremony was held. It was wonderful to congratulate and reward so many students for their academic success and consistent application for Semester One. Congratulations to all those students who received awards and I was very grateful for the support and attendance of so many parents.

On Wednesday 22 July at our school assembly Cohdy Smyth, Tom Baker and Ryan Bennett performed ‘Think out Loud’ by Ed Sheeran. The performance was outstanding, and congratulations to the three students. Joshua Redding was awarded a Principals Award also at the school assembly for his ongoing efforts at School. It is an absolute pleasure to see Joshua embrace every opportunity that he is presented with and give his best to achieve. Many Year 9 students were also presented with awards for their effort and application during semester one. Congratulations on the well deserved awards.

At the academic awards ceremony I presented a reflection titled “the cracked pot”. The message of the reflection was that we are all unique, born with different gifts and talents and we need to find our own way to use those gifts and talents to the best of our ability. We cannot all be brilliant mathematicians or athletes. But we all have the ability to use our gifts and talents. Year 9 what are three of your gifts or talents? How do you use them, and do you use them to the best of your ability?

With the very cold weather at present I understand the need for students to keep warm. I have reminded students that the expectation is that correct school uniform will be worn. If extra layers are required, please ensure that it is an under layer that is not visible so that correct school uniform is visible.

Term 3 we welcomed Clara Price and Sophie Gagai into year 9. Welcome ladies and we wish you all the best for the remainder of your schooling at SCM.

Parents as always please contact me with any issues or concerns regarding your son/daughter. My number is 40147300 or kate.tolfree@mn.catholic.edu.au

Regards

Mrs Tolfree, Year 9 Wellbeing Coordinator

Infections reported at School

Impetigo

A highly infectious skin infection that is more commonly referred to as a "school sores". The sores usually develop under the nose and on the face, but can also occur on the arms and legs. The sores usually start as itchy red blisters which then burst leaving red and weeping skin. This area usually then becomes covered with a yellow "honey" colored crust. Child should be seen by a Doctor.

Headlice and Nits

Itching and scratching is an indicator but not a sure sign of head lice. The best places to look for head lice and nits are close to the scalp, behind the ears and at the back of the neck. The best way of finding (and removing) head lice is by putting hair conditioner on to hair, combing though with a fine-toothed head lice comb, then wiping this on paper towel.

Year 8 News

Welcome back to Term 3! I trust you and your families enjoyed a restful break and are ready for another exciting, challenging and eventful 10 weeks. Year 8 have already impressed me in the manner they have begun the term.

It was an absolute pleasure last week to attend the Semester One Academic Awards Ceremony. So many talented and hardworking students were recognised for their efforts. It was also lovely to see so many parents, carers and loved ones attend the celebration. Congratulations to all the award winners! As Mr Kelly and myself both mentioned, we are still only at the half-way point of the year and there is still plenty of time to work hard for the Semester Two Awards.

We also had another very special award to hand out last week. Congratulations to Austin Mackay who secured San Clemente’s second Gold Award for the year. He has been recognised for his mature and conscientious approach to all his subjects. Austin is a member of Aquino House and has been involved in various sports such as Diocesan swimming, oz tag and basketball. Well done on this impressive achievement!

As we are at the half-way point of the year, I challenged all Year 8 students to set some goals for Semester Two. Goal setting is a great way of keeping track of your progress to ensure you achieve. A great tool commonly used is the SMART principle. This stands for:

⇒ Specific- Make your goals detailed and precise so you can keep on track
⇒ Measurable- Align your goals with an amount or target
⇒ Achievable- Make your goals achievable, you can always reassess if you get there sooner than you think
⇒ Relevant- Make your goals applicable to what you want to achieve
⇒ Time bound- Give yourself a time limit to achieve your goal.

Elective Subject Choices are due on Friday 14th August. A Parent/Student Information Session will be held on Wednesday 11th August. Please take time with your son or daughter to discuss their choices. As I reinforced to all Year 8, it is important to make informed choices and pick subjects they are interested in rather than what their friends are doing.

Next Thursday 30 July is the Athletics Carnival. Students can dress up in their house colours and earn valuable points for their team on this enjoyable day.

Uniform is being worn to a high standard. I really appreciate that students who have some problems are bringing a note and fixing the issue quickly. The Uniform Challenge will continue this term, Congratulations to 8 BANKS who has won the famous ‘Hot Chip Lunch’ for Term 2!

This week in PosED lessons Year 8 revisited their ‘key strengths’. We spoke about how we can use our strengths in our everyday lives, particularly when life throws us a curve ball. It would be great to ask your son or daughter, ‘What are their ‘key strengths’?’

Year 8 Quiz: When are Elective Choices due?

The first person to see Mrs Cram in the playground with the answer will receive a prize.

If you have any questions or queries please email on mere-dith.cram@mn.catholic.edu.au or call on 40147300.

Meredith Cram, Year 8 Coordinator
Year 7 News

'Supposing a tree fell down, Pooh, when we were underneath it?' said Piglet

'Supposing it didn't,' said Pooh.

After careful thought, Piglet was comforted by this.

-- A.A. Milne

Last newsletter I wrote about our upcoming PosEd session based around the concepts of Hope and Optimism. I think these concepts are vital in leading a positive, happy life but they are essential for students wanting to positively contribute to the school community, reach their academic potential and achieve high standards. Our recent Awards Ceremony gave students an opportunity to reflect on their progress and look forward to the challenges of Semester 2. Being the start of a new Semester, perhaps this a good time to address the way in which students are using “self-talk” to stay motivated, hopeful, optimistic and positive. Sometimes it can be as simple as changing our thinking, such as my favourite quote from Pooh, above.

Recently one of the more confident and highly accomplished students in my class said “I lost marks in the multiple choice, I am terrible at multiple choice questions and I have never achieved 100%”. This stuck with me for some time. I agreed with her about the difficult nature of multiple choice questions but I couldn’t help but think that this student is doomed before she even starts. In reality the same student has also never failed a multiple choice test either! This is where the practice of “Positive self-talk” can have a strong influence on motivation and confidence, can help us feel better about ourselves, builds self-esteem and creates a feeling of control over a situation. ReachOut.com describes Self Talk as “Self-talk is basically your inner voice, the voice in your mind which says things that you don’t necessarily say out loud. Often self-talk happens without you even realising it and can be a subtle running commentary going on in the background of your mind. But what you say in your mind can determine a lot of how you feel about who you are.”

Self-Talk can be either negative or positive. Negative self-talk is simply that voice in our head that can bring things down, “I can’t do this” or “I look terrible in these clothes”. As a PE teacher I would call this “Loser Talk” and it is important for our confidence that we change this to the Positive “winner talk“, creating a Winning Attitude. Positive self-talk is that optimistic voice in our head that always looks on the bright side of things. This is not to say that we can walk around being positive all the time, but there are ways that we can monitor our self talk, listen to what we are saying to yourself and counter any negativity. Those who are “Mindful” of their thoughts are able to make sense of them without judgement, tune in to the present and not look to rehash the past “I’ve never been good at Multiple Choice” or imagine the future- “I will be hopeless in this multiple choice test”. Those with Positive self-talk would see the new Semester as a challenge and an opportunity to start again, learn from Semester 1, express their skills and increase their achievement. The student mentioned earlier can simply change her thoughts to “I am actually really good at multiple choice questions, I have never failed them and this time I will get 100%, I will continue to practice” For more tips on increasing positive self-talk go to: http://au.reachout.com/what-is-self-talk

Shout Out: I always enjoy hearing about the great achievements of Year 7 students outside of the school but last Sunday I accidentally watched it on TV. As my kids tuned in to NBN’s new children’s program at Midday on Sunday I couldn’t help but hear the familiar voice of Year 7s Finlay Doyle. Finlay is a presenter on ‘So There

‘and this week asked her 5 questions to the legendary Kurt Fearnley. If you want to watch more of Finlay tune in on Sundays or check her out online:

http://www.sothere.tv/sothere/5-questions-with-finlay/week-1

Nathan Beckett, Year 7 Coordinator

Year 10 News

A new semester is upon us and as I stated to Year 10 recently in a year meeting, time waits for nobody. It is important to make the most of every day as,

“Yesterday is history.
Tomorrow is a mystery.
Today is a gift. That's why it's called the present.”

I challenge all of Year 10 to make the most of their final semester at San Clemente. To push themselves academically and to participate positively in all the other curricular activities that will be presented to them.

At last Thursday’s Academic Awards for Year 10 I read a short reflection titled, “Be a Believer to Be an ACHIEVER”. It was a story about a University professor who offered his medical students an automatic B grade instead of sitting their final examination. Of course the majority of the class decided to take the B grade and they left the examination room. However, seven students decided to stay and complete the examination. The professor then handed out the final exam. There were two sentences typed on the paper:

'Congratulations, you have just received an 'A' in this class. Keep believing in yourself.'

The same is true for students of real life. The ‘A’ students are those who believe in what they’re doing because they’ve learned from both successes and failures and they work hard to succeed. They’ve absorbed life’s lessons, whether from formal education or the school of hard knocks, and become better people. I challenged Year 10 to never let the biggest limit be themselves. Take cue from Sir Edmund Hillary, the first person to reach the summit of Mount Everest: ‘It’s not the mountain we conquer, but ourselves.’

In mentor period this week, Year 10 completed a goal setting sheet for Semester Two. They had to identify their strengths and weaknesses, reflect on their academic performance in Semester One, set goals for Semester Two and importantly explain how they aim to achieve these goals. My goal is to interview all of Year 10 over the coming weeks to discuss their goals and provide them with advice and encouragement and to ensure that their words translate into actions.

Students who are continuing on to SFX and other senior high schools in the region will be involved in the important decision of HSC subject selection. To assist Year 10 with their subject selections, on Wednesday of this week a lunchtime session was arranged where students could seek advice about a variety of HSC subjects and VET courses from staff and individual subject coordinators from San Clemente and SFX. Over twenty staff from San Clemente and SFX volunteered their services and time, and it was great to see so many students taking advantage of this opportunity. I would like to personally thank on the behalf of Year 10, Mrs Patricia Hales - Assistant Principal Curriculum SFX, Studies Coordinators from SFX and Mrs Christine Chapelle — Education Officer (Secondary Curriculum CSO) and San Clemente staff for sharing their expertise and time with Year 10.
A reminder to Year 10 and parents, if you have any questions or concerns please contact me at school, 40147300 or at the following email address; patrick.doyle@mn.catholic.edu.au

A final thought, remember Year 10,

“We must look for the opportunity in every difficulty instead of being paralysed at the thought of the difficulty in every opportunity.”

Patrick Doyle Year 10 Coordinator

Careers Corner

Welcome to Careers Corner for Term 3. It is sure to be another busy 10 week period for both Year 9 and 10 with all Stage 5 students involved in a number of important activities, both in and out of the classroom.

In the classroom:

Year 9 – students are working towards their ‘Work Ready’ certificates by completing the associated program in class. Topics such as positive communication, legal obligations, workplace misunderstandings, and harassment are just a few of the things being covered throughout the 10 week long program.

Year 10 – students are currently choosing their Year 11 subjects for 2016. All students will be interviewed to make sure that what they are choosing is appropriately suited to their abilities and individual interests.

Year 10 students also have a number of important dates to remember;

⇒ Subject Selection Online (SSO) due Tuesday 4th August (Week 4)
⇒ Parent and Students COMPULSORY Subject/Pastoral Interview during the week of Monday 19th October – Friday 23rd October (Term 4)
⇒ Student Half Day Orientation Visit to SFX on Wednesday 2nd December (Term 4)

Lastly, a big thank you to Assistant Principal – Teaching & Learning, Mr. Marc Romano, and Year 10 Coordinator, Mr. Patrick Doyle, for their organisation of the HSC Information Sessions that were held on Wednesday during lunch. The sessions were staffed by TLC’s from both SCM and SPX, and were quite helpful to the Year 10 students who attended them.

As always, a friendly reminder to ALL STUDENTS in Years 9 and 10 to;

Check daily, Read carefully, and Respond promptly!!!

Mr Mitch Allan – Careers Advisor (Acting)

Mock Trial Victory

On the 22 July the Year 10 Mock Trial Team had a victory against the Year 11 Mock Trial Team from Belmont Christian College. This was all possible because of the very talented and hardworking team members: Lewis Mason and Boyd Williams-Styles as barristers, witnesses Liam Figglet-Lee and Grace Moeller, Sheryl Cross as solicitor and Michael Weston as Court Officer.

Special thanks to our supportive coach, Mr Brian Kelly. We could not participate without your ongoing support and generosity.

Michael Weston and Grace Moeller.

English

All 7 – 10 classes have started the term on new rotations. This means that students have new teachers and classrooms this term. Rotations have been beneficial during the implementation of the new curriculum as teachers have had the opportunity to evaluate and improve units of work.

Year 8 and 10 students will remain with the same teacher for the remainder of the Semester. Year 7 and 9 students will do a final rotation in Term Four. If you have any questions regarding rotations or your child’s class, please contact me.

Week Two is a busy week in the English faculty. Our Mock Trial team competed and won against Belmont Christian School in a civil case. Our whole Year 9 cohort is travelling to Sydney to view The Bell Shakespeare Company’s, ‘Romeo and Juliet’ at the Sydney Opera House. The study of Shakespeare is mandatory in Stage 5 English and viewing Shakespeare’s work live assists students in their understanding.

Students in English are already working towards formative and summative tasks. The use of the diary will assist students in managing their time and recording due dates for tasks. Home study is also recorded in diaries.

Year 7 are learning about comma usage during their literacy lessons this week. Year 8 are working on confusing and challenging words in spelling and Year 9 are improving their sentences. We use Obook and work on our devices for our literacy activities. Literacy is embedded in Year 10 programs in preparation for Stage 6 English or the workforce. Students are showing great interest in improving their literacy skills.

Ms Karen Brennan, Karen.brennan@mn.catholic.edu.au

English Teaching and Learning Coordinator

New site for Student Photos & Oxford eBooks

There’s now a site with all the photographs from student events – such as the nearly thousand from the Year 7 camp, as well as all the photos from the Year 8 camp and the Swimming carnival. There’s a link leading to the site from the School Website Photo Galleries page. The site is only available to students, as it needs the student email and school password to enter it. The site also has PDF files of the Oxford eBooks for students to view and download – there’s a link to this page on the School Website Assessments page.

Jan Hart, Teacher/Librarian
Have you had breakfast today?

Most people have heard that breakfast is the most important meal of the day, yet many people do not eat breakfast. As many as one in seven children attend school each day without having eaten breakfast. Students will usually say that they don’t have enough time to eat breakfast, or that they don’t like the usual breakfast foods. It might be worthwhile to consider the benefits of consuming a healthy breakfast and encouraging your children to get up a little earlier to have breakfast or to organise something the night before to eat on the way to school.

What are the benefits of eating breakfast?

- Kids who eat breakfast have diets that are higher in vitamins and minerals.
- Eating breakfast cereal boosts a child’s whole grain and milk (calcium) intake.
- Regular consumption of breakfast cereal is associated with a lower BMI and reduced risk of being overweight or obese in children.
- Eating breakfast helps children to perform better at school, in both mathematical and creative tasks.
- Eating a good quality breakfast that contains at least one serve of cereal, dairy and fruit has a positive influence on overall school performance.

18th Annual
Special Needs Mass
2015 theme ‘Sing to the Rainbow’
Holy Name Primary School, together with Catholic schools of the Manning region and Special Needs Working Party of the Federation of P & F Associations, warmly welcome all to join with teachers, principals, school staff and parishioners to celebrate our Annual Special Needs Mass!

August 11
Tuesday 11 August, 7pm
Holy Name Catholic Church
Lake Street Forster

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Special Needs Mass - Holy Name Church, Forster - 11th August, 2015 - 7.00pm

BUS TRANSPORT

A bus may be booked for the convenience of parents and staff depending on demand.
If you would consider using this free service if provided, please register your name and details below.
Your school will advise closer to the date if this bus is to be available.

PICK UP and RETURN TO: - Catholic Schools Office, 841 Hunter Street Newcastle. Other stops along the Pacific Highway may be possible upon request (in Raymond Terrace and Bulahdelah).
Please advise of any specific transport needs regarding this service.

Any questions? Contact Cath Garrett-Jones 4979 1303

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Diocesan Basketball Championship

It is with great pride that I announce that our Year 9/10 Boys' Team won the Championship at the end of last term, beating St Joseph’s Lochinvar in a very close battle. Our ex-student, Daniel Howard, is doing a wonderful job in coaching the boys. He is passionate about the game, which has certainly rubbed off on the boys. They are now training each Friday during sport time in order to polish their skills for the NSWCCC Championship, which will take place in Penrith on August 24 and 25. The team is: Lachlann Howard, Patrick Betell, Zach Mayer, Jacob Foy, Lewis Mason, Sione Puliuvea, Ryan Bennett, Kouat Noi, Liam Howard, Abe Britz. Thank you to Mr Steven Burns who will accompany the boys.

Mrs Daly, Sport Coordinator

VISIT FROM OUR SISTER SCHOOL
KOBE KAISEI JAPAN

Our visitors will finally arrive on Friday afternoon. A huge thank you to the families, staff & interns who responded to my SOS regarding an emergency placement for two nights for one of the students.

We are very excited to be hosting again, as we do every second year. In the other year students who study Japanese as an elective have the opportunity to go to Japan to experience the Japanese lifestyle and visit some very famous landmarks.

Thank you to the families who are hosting, the students who have helped with preparation, to Mr Kelly and the staff who are supporting this fantastic exchange program, which has been taking place for more than 20 years.

Mrs Daly, Japanese Teacher

CAPA IMMERSION TOUR 2015

In Week 4, 56 students from across Elective Drama, Music and Visual Arts will be attending the first ever ‘CAPA Immersion Tour’ to Sydney. Staying at The Rocks for two nights, the students will participate in a broad range of creative arts experiences; from Les Miserables to an African drumming workshop to The Archibald exhibition and a workshop at the Sydney Dance Company. The young men and women joining us will have a fantastic opportunity to test their skills and try things that are just a bit out of their comfort zone. There is no doubt that they will come back from the Immersion Tour with a heightened appreciation for the arts. We look forward to sharing our experience, with photographs, in an upcoming Veritas!

Emma South, Teaching and Learning Coordinator
Creative and Performing Arts/Languages

House System Update

The second half of the race to the Tony Kelly Cup has kicked off with Term 3 looking to be vital for each House to gain points in the many competitions scheduled over the course of the term. Following the feature sporting event of the term in Week 3 (Athletics Carnival), the Lunchtime Competitions will commence in Week 4 with Soccer for years 7/8 and Dodgeball for years 9/10. Students in years 7 and 8 will also have the opportunity to participate in a house vs. house Debating Competition in the latter part of the term. At a similar time, “San Clemente’s Got Talent” will showcase the skills of students across all year groups in a variety of fields (e.g. music, drama, dance, lip sync. battle etc.) with points awarded for originality, creativity and “crowd favourite” – more details to follow!

During week 1, students were recognised for their academic efforts at the Semester One Awards Ceremony. Congratulations to those students who received First in Course, you have earned 5 points for your House! Additionally, Year 7 students who received Bronze and Silver Awards at this week’s Year Assembly also earned points for their house.

Good luck to all students in this term’s competitions. Remember: it’s participation that matters! Whether it’s the Athletics Carnival, the Lunchtime Competitions, extra-curricular activities or working well in the classroom, being actively involved in your community contributes points for your house!

House Points

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<td>Aquino</td>
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<td>Calaroga</td>
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Mr Nicholas Marsh

About 6 months ago I was reading the newspaper and saw an article regarding what do with used running shoes. In the article it was stated that if you had shoes that no longer fit or if you had too many pairs of shoes you could give them to the charity who helps people that can’t afford shoes themselves.

Then thinking that because I am a SRC (Student Representative Council) member I thought, why don’t I take this to the next meeting? So I did. Now with the idea making traction, we as a school have helped some people who are in need, homeless people in the Hunter. Hunter Homeless Connect who are supported by ‘Shoes for Planet Earth’ will be holding an event on Tuesday the 4th of August at Newcastle PCYC, Corner of Young & Melbourne Roads, Broadmeadow, we will be donating the great supply of shoes that were collected to this very worthy cause.

Malcolm Nyboer Year 9
All parishioners are invited to attend the Diocesan Launch of World Youth Day 2016, to be held in Krakow, Poland, on Sunday 26 July commencing with Praise and Worship featuring the diocesan Spirit and Truth Band at 4.00pm followed by Mass celebrated by Bishop Bill at 5.00pm in the Sacred Heart Cathedral. You are then welcome to attend supper with Bishop Bill and members of the Polish community at the Victor Peters Suite after mass. It is hoped that we will have representatives from each parish community at the Diocesan Launch next week.

The pilgrimage to World Youth Day 2016 will be an intergenerational pilgrimage where we will follow “In the Footsteps of Saints” commencing in Venice and travelling to Milan, Padua, Siena, Assisi, Rome then on to Krakow, Poland and finishing in Vienna. Further information on our pilgrimage to WYD in Krakow will be available at the Diocesan launch. For more information please contact the Diocesan World Youth Day Coordinators, Sue Lacey at susan.lacey@mn.catholic.edu.au or Brian Lacey at brian.lacey@mn.catholic.edu.au

Aspire

This week eight of our young performers will take to the stage of the Civic Theatre for the 2015 Aspire performance “Stranger Than Fiction”. Matinee performances are on Thursday and Friday and there are evening performances on Friday and Saturday. Tickets are available through TICKETEK and prices are as follows:

- $10.00/student
- $30.00/adult
- $20.00/pensioner or concession
- $25.00/groups of 10 or more

This show will be a wonderful showcase of some of the talent in our diocese, please come along and support our San Clemente shining stars...

Yr 7: Paige Harrison, Annabelle Garrett-Jones and Sophee Kerslake
Yr 8: Olivia Smith, Isabella Mulligan and Gemma Balkin
Yr 10: Temarah Smith and Abe Britz

Come with me and you’ll be in a world of pure imagination. Take a look and you’ll see into your imagination. We’ll begin with a spin travelling in the world of my creation. What we’ll see will defy explanation.
All Welcome - Registration Essential

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>June 29</td>
<td>Park Avenue - 6pm to 7pm</td>
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<td>June 30</td>
<td>St. Joseph's - 6pm to 7pm</td>
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<tr>
<td>July 2</td>
<td>St. Margaret's - 6pm to 7pm</td>
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<td>July 3</td>
<td>St. John's - 6pm to 7pm</td>
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Light refreshments served from 6:30pm

Entry - gold coin donation with all proceeds to benefit charity

Don't miss this opportunity to support our children's education and your child's future. Register now for a spot at Open Foundation.

Dr. John Irvine
An Evening with

Dr. John Irvine is one of Australia's most prominent child psychologists.

UniqYou
Ever wondered about studying at University?

Open Foundation

- Helps you to develop the skills needed for successful study at a tertiary level
- Provides a qualification which you can use to gain entry to university
- Offers support throughout your university program
- Career Information Workshops
- Personal support while studying Open Foundation
- Childcare workshops (if necessary)

What our participants said...

"It helped me make the right decisions for myself and my family."

"I definitely would not have done as well as I have without the Open Foundation program."
Calendar Dates to note
23 June Marine Studies Excursion
24 June HSC Parent Info Evening Yr 10
24 June PosED Parent Day
25-26 June Duke of Edinburgh Journey
25 June Immunisation Yr 7
25 June DIO Basketball
26 June End Term 2
13 July School Resumes
16 July Academic Awards
21 July P&F Meeting
23 July Yr 10 Music Elective Excursion
23 July Yr 9 Eng & 10 Drama Romeo &Jul
24-3 Aug Japanese Students Visit
27 July Science & Engineering Challenge
30 July Athletics Carnival
30 July DIO Netball
30 July DIO Rugby
4 Aug St Dominics Day Celebration
5-8 Aug CAPA Immersion
6 Aug iStem Electric Vehicle Show
11 Aug Year 8 Elective Info Evening
11 Aug DIO Athletics
12 Aug Netball World Cup
13 Aug iStem Electric Vehicle Show
18 Aug CCC Netball
18 Aug P&F Meeting
19 Aug Yr 10 Debating
24-28 Aug Ski Trip
26 Aug Year 8 Debating
28 Aug DIO Golf
2 Sept 6 Information Evening
6 Sep Cheerleading Competition
9 Sep French Excursion—Les Miserables
11 Sep CCC Athletics
15 Sep Year 9 Debating
15 Sep P&F Meeting
16 Sep WALKATHON
18 Sep End Term 3
6 Oct Term 4 Commence

SFX Blazer: Excellent condition and dry cleaned. Ladies small (size 6/8) $50. Phone 0431 384 743

Unwanted Uniform
We welcome donations of any uniforms that are outgrown and can be passed on to those in need

Canteen Roster

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<thead>
<tr>
<th>Week</th>
<th>Monday</th>
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<tr>
<td>Week 3</td>
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<td>27 July</td>
<td>Liz Thomas</td>
<td>HELP</td>
<td>Cathy Pye</td>
<td>Athletics Carnival</td>
<td>Carol DeVos</td>
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<td>Mary Monnin</td>
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<td>Week 4</td>
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<td>03 August</td>
<td>Julie Hope</td>
<td>Maureen Alterator</td>
<td>Carmel Sharah</td>
<td>Lisa Pont</td>
<td>Kylien Garbutt</td>
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